

Major NSS Activities taken to engage with and contribute to community during the last five years

Name of initiatives to address locational advantages and disadvantages	Name of initiatives taken to engage with and contribute to local community	Date and duration of the initiative	Issues addressed	Number of participating students
World Labor Day	As a part of our Community service we went to the constructions places nearby and asked for their details, noted it down	1-May-13	We provided them with labor cards. This was done for almost a week. Also we spread awareness about child labour among the labourers.	137
World Environment Day	spread awareness on importance of greenery & Environment	5-May-13	Went to a park and cleaned the place spread awareness & importance of greenery. We also planted trees in a government school & park. And also showed how to plant trees and the ways to maintain it to the kids. The kids enjoyed planting trees as they had never done something like this before.	81
workshop	Photography workshop was conducted by the organization "CRY". In slums	11-Jul-13	Professionals who have a great experience in photography taught the students in slums about few techniques and handling of cameras. Students got to learn a lot from this workshop as this kind of workshop was conducted in slums for the first time. Few photographs and videos taken in slums of nearby areas and short movies were presented which was a wonderful experience to watch and get inspired to them.	17
international literacy week	our students spread awareness about education and the significance	13 to 20 September 2013	Our students performed a skit importance of education. We were performed 3 skits in local streets & slums by the NSS volunteers to spread awareness among the youth. In the skit	209

	of education in today's world to local community in nearby areas		we showed the people how education plays an important role in our life and also the difficulties which youth suffer if they are not educated.	
Swactha seva	Construction of toilets to Govt. School Kids & to villagers	15 October 2013	Constructed 8 toilets for Govt. school kids & villagers.	
special village camp for 8 days at Huvinaya kanahalli	In this College adopted Village we carried out lot of Village Developmental and social work in the villages nearby. To promote, conduct, facilitate and coordinate development and social welfare activities for the poor and the needy irrespective of caste, creed, gender or community.	24 to 30 November 2013	<ul style="list-style-type: none"> •Construction of Compound for Govt. School (400 Sq. ft.) • Planted 150 Samplings. • Created awareness on AIDS • Created awareness on Waste Management. Cleaned the Village, • Provided training on Entrepreneurial Skills to the Village Community on embroidering, soap making, Shampoo making, Tailoring, Basket Making, Candle making etc. • Free distribution of Note and Text Books to more than 100 Govt. school Students. • Organised Guest Lectures on Social Issues, Women Empowerment, Legal Awareness, Safety, Health and Hygiene. • Provided Seed Capital to Poor Community to start a Own Business 	50
Medical Camp	Organised free Medical Camp in the Village to treat poor people with the help of Ramiah, Chord road, Agarwal eye hospital & etc.	30th November 2013	Total 241 people from different 11 villagers are benefitted from this medical camp & distributed free medicines.	50
Rally for justice	City was disturbed by the Delhi gang rape case. From our college around 2000 students	21 st January 2014	We stuck banners near colleges and other places and helped in spreading awareness to give justice to the victim. Our students also joined the rally and led the team in the protest.	2000

	conducted a rally regarding the Delhi case.			
Blood Donation Camp	Organized jointly Lions blood bank and our college NSS unit.	22 nd January 2014	It was a huge success as we had donors in large numbers. Our volunteers spread awareness about blood donation all over the college. NSS volunteers and other volunteers donated blood.	1112
Samridhi	This volunteers had done a volunteer retention service by associating with CRY.	15th February 2014	Students had done a survey about the volunteer work in that particular organization. They also helped in spreading awareness about girl's education in our country which was conducted in Mantri Mall	15
Encroachment of Bengaluru Lakes	Prevention of Encroachment of Bengaluru Lakes	9th May 2014	Awareness about loss of lakes in Bengaluru, Measures to be taken to prevent encroachment around lakes	150
Teaching the kids	help the kids in learning English every Saturday and on Sundays they visit orphanages	All Saturdays & Sundays	They also take part and help the organization in conducting various events like cultural program and sports day for the Govt. School kids.	
Disaster management	Another NSS volunteers who has done immense social work this year. She did a course in disaster management and she visited the villages which was prone due to cyclones.	May-14	Along with others she helped the victims to get basic necessities and other small requirements for living. She also worked in Muslim orphanage and helped in teaching the kids. She is presently teaching the children in Ashwini Trust in Ulsoor.	23
Protest against BDA's inability	to prevent encroachment of Bangalore lakes.	09 th May 2014	Protest against BDA's inability to prevent encroachment of Bangalore lakes	17
Awareness on Ill Effects of Drug Abuse	Awareness programme in association with Karnataka State Temperature	26th June 2014	Awareness about loss of lakes in Bengaluru, Measures to be taken to prevent encroachment around lakes	100

and Trafficking Rehabilitation	Board and Rehabilitation Centre			
Silent March	Awareness programme in association with Karnataka State Tempere Board and Rehabilitation Centre	22nd July 2015	Silent Protest against child and women abuse at High Ground Police Limits	53
Clean Drive Campaign in MCC campus & Vasanthnagar	. NSS volunteer's created awareness	6 th July 2014	NSS volunteer's created awareness about the waste management to the students of MCC for a clean campus & Vasanthnagar	316
The Motherhood Walkathon	Walkathon at bangalore in association with Super hits 93.5 Red FM on "World Breastfeeding Week 2014".	9, august 2014	The Walkathon was conducted from MCC to Maharani College. Our NSS students also participated in creating awareness about the importance of breastfeeding	105
Citizen for Namma Safe Bengaluru	10Kilometre marathon was conducted	24, august 2014	A 10Kilometre marathon was conducted from St. Aloysius College in which 60 students from NSS were participated with many other participants resisting the violence against girls, women and children.	60
Fund Raising Program	for Treatment of Blood Cancer child	13th September 2014	Our NSS volunteer's helped in raising Fund for a child suffering from Blood Cancer and we helped them to get treatment from the best hospitals	32
Swatch Bharath Campaign	the Junkyard Project :	20th December 2014	NSS volunteers were successful in cleaning up Vasanthnagar, Bangalore and Painting the walls in preventing urination with the help of our Union Members, M TV, etc.	80
National Disaster Reductio	National Disaster Reduction Day	6th February 2015	25 NSS volunteer's attended a rally for the National Disaster Reduction Day in different parts of the city to create	25

n Day and Rally	in Kanteerava Stadium.		awareness on it	
Special Camp at Village	Special Camp at Huvinayakanahalli for 8 days	15 th February – 22 nd February 2015	Pipeline connection to drinking water facility, Rescue of 17 child laborers, construction of benches for school children, Medical checkup camp and distribution of free medicines to 250 members, • Thought the Govt. School Students about drawing, teaching English etc. • Painting of Compound for Govt. School (400 Sq. ft.) • Painting of • Planted 150 Samplings. • Created awareness on AIDS, Women Health & hygiene • Created awareness on Waste Management.	50
Accessibility of Digital Education	Installation of Solar Powered Television at Village Govt. School	Jul-16	our college has taken initiative to contribute & install digital e- learning system for Accessibility to digital study materials and learning through animated videos for Village school children	122 Village Kids
Rejuvenation of local parks	Clean up drive	14th August 2016	Removal of plastics and other waste materials	150
Distribution of Books and Stationery	Slum Development	22nd Nov 2017	Accessibility to books and stationary	30
Adoption of Village	NSS Camp at Koramangala Village	15th Jan to 24th Jan 2018	Awareness of cleanliness, hygiene, skill development and training sessions for women	50
Blood donation camp	Blood donation camp held at MOUNT CARMEL COLLEGE	22nd January 2014	Blood donation camp was organized jointly Lions blood bank and our college NSS unit. This event was organized on a large scale. Our volunteers spread awareness about blood donation all over the college. NSS volunteers and other volunteers donated blood.	300

Neralu:	Volunteer's participated in the event called "Neralu" which was organized in National Modern Art Gallery, this was an event conducted for saving Trees	6th and 7th February 2014	15 Volunteer's participated in the event called "Neralu" which was organized in National Modern Art Gallery, this was an event conducted for saving Trees and also volunteered in Audio –Walk or a Conversation with trees, and helped the blind people with Audio walk and made them understand the importance of particular trees and helped them to feel the tree . And even conducted Games for children based on the concept Save Trees	15
International Day against Drug Abuse and Illicit Trafficking.	Narcotic Control Bureau, Narcotic Drug Cell, Karnataka State Temperance Board	26th June 2014	Our students volunteered a rally creating universal awareness about the ill effects of drug abuse and trafficking with Narcotic Control Bureau, Narcotic Drug Cell, Karnataka State Temperance Board and RASP (Rehabilitation from alcohol, substance abuse and prevention).	50
Education Fair	helped the public in explaining the significance of Education	6th December 2014	This Fair helped the Public in explaining the significance of Education to the people outside and helped them to know more about Course's & Opportunities and discover the variety of careers options.	
Special Village Camp	In this College adopted Village we carried out lot of Village Developmental and social work in the villages nearby. To promote, conduct, facilitate and coordinate development and social welfare activities for the poor and the needy irrespective of caste, creed,	15th February – 22nd February 2015.	<ul style="list-style-type: none"> • Planted 150 Samplings. • Created awareness on AIDS • Created awareness on Waste Management. Cleaned the Village, • Provided training on Entrepreneurial Skills to the Village Community on embroidering, soap making, Shampoo making, Tailoring, Basket Making, Candle making etc. • Free distribution of Note and Text Books to more than 100 Govt. school Students. • Organized Guest Lectures on Social Issues, Women Empowerment, Legal Awareness, Safety, Health and Hygiene. • Provided Seed Capital to Poor Community to start a Own Business. • Organized Sports for Villagers, School Students and Village Women's • Voluntarily working with NGO's to 	50

	gender or community		<p>make a change in the Society</p> <p>Organized Guest Lectures on Social Issues, Women Empowerment, Legal Awareness, Safety, Health and Hygiene</p> <ul style="list-style-type: none"> • Provided Training on Entrepreneurial Skills to Poor People • Provided Seed Capital to Poor Community to start a Own Business 	
India HAATBE AT/ Pre-Independence day celebration	Volunteers performed garba flash mob during pre-independence day celebration on 11 th August.	11th August 2015	Volunteers performed garba flash mob during pre-independence day celebration on 11 th August. 25-30 volunteers took part and the performance was appreciated even in the newspapers.	30
Donation	Karunashraya Cancer Society	12th October 2015	Visited Karunashraya Cancer Society as a part of NGO visit and donated rupees 3500.	17
Blood Donation Camp	association with Lions Club and Kidwai Cancer Hospital	21st of July 2015	5. Organized Blood Donation Camp on 21st of July in association with Lions Club and Kidwai Cancer Hospital and 255 units of blood were collected	1018
Genderlogue-digitalization for a social change	NSS and FES, India organized a panel discussion on genderlogue - digitalization in social change	22nd August 2016.	NSS volunteers from different colleges were invited to attend and join the discussion. The panelists were Sunil Abraham from mahiti, Maureen from Mount Carmel College, Anita gurumurti from IT for change, Anurag Shankar from NASVI New Delhi and the moderator was Rakhee Bakshi from women's feature service.	33
Digital India-University workshop	Stdents took part in digital India workshop held on 24 th August	24th August 2016	Volunteers took part in digital India workshop held on 24th August. Our team participated in quiz on digital India and won the 1 st prize.	10

Free Eye Screening	NSS with physics department in association with Pradnya Nethralaya conducted free eye check up	14th July 2016	In association with Pradnya Nethralaya conducted free eye check up on 14 th July for support staff, non-teaching staff, teaching staff and students. The main focus was on the support staff on the college, they were also given a discount for their further treatment if require and family member's eye checkup. Free eye drops and Glasses were at an affordable rate of rs200. Over 100 people got their eyes checked	100
social Entrepreneurship Lecture	The social entrepreneurship lecture was organised.	5th December 2016.	The social entrepreneurship lecture was organised in Mount Carmel College on 5th December 2016. It was regarding entrepreneurship course through social responsibility	680
Blood Donation Camp & Bone Marrow	MOUNT CARMEL COLLEGE	14th December 2016	The blood donation camp and Bone Marrow was organised in Mount Carmel College NSS Unit along with Lions Blood Bank and Victoria Hospital contributes 380 units of blood.	965
Lecture	Rise of Dalit's Community Lecture	16th January 2017	The lecture on Rise of Dalit's Community Lecture was organised by Indian Social Institute. It was regarding the rights of Dalit minorities. Many speaker regarding this issue raised their voice	75
Freedom Diaries	For Republic Day	12th January 2017	The Freedom diary programme was held in Vasanthnagar. Soldiers came from Army and NSS performed a mime for them.	2500
Lecture	Buffalo Vs Cow-The New Nationalism	20th January 2017	The lecture on Buffalo Vs Cow-The New Nationalism was organised by Indian Social Institute on 20th January 2017, Friday. The speaker was Prof. Kancha Ilaiah.	360
Mannequin Challenge	Traffic Management with Police	26th January 2017	We took the issue of molestation as it has become as common as someone breaking traffic rules which should not be the case. We should not be a mannequin.	120
Blind Walkathon	A blind walkathon was organised by Smarami on 26th January	26th January 2017	A blind walkathon was organised by Smarami on 26th January 2017. It was from MG Road, metro station to Trinity Circle. It began with the speech by Smarami's Director and other officials.	

	2017. It was from MG Road, metro station to Trinity Circle.		22 girls volunteered from Mount Carmel College and all the girls were given certificates.	
Gandhi Rally	Gandhi Rally was organised by Bangalore University on Gandhi's Death Anniversary. Rally was against anti-alcohol and anti-smoking.	30th January 2017	Rally started from Anand Rao Circle and ended in Ghandhi bhavan which further preceded with the workshop on Gandhian philosophy. Our college has efficiently participated and volunteered and girls were given certificates for the same cause.	235
NSS Special Village Camp	NSS Special Village Camp organised at Koramanagala Village, Avathi (Po), Devanahalli (Tq) Bengaluru Rural District	26th February, 17 to 04th March, 2017	<ul style="list-style-type: none"> • Construction of 4 bathrooms and 4 washrooms. 1.5lakhs were spent. • Drinking Water Facility to School & Villagers 80,000 were spent. • Health camp: around 600 patients were benefited, free medicines were distributed. • Entrepreneurship skills development programme: Volunteers trained about 32 Self-help group members and over 400 women. Volunteers taught them crafts like quilling, mehendi, kalamkari, crochia, dreamcatcher making, photo frame and penholder making from ice cream sticks, making garland from fish wire, embroidery, paper bag making. • 200 saplings were planted by NSS volunteers. • NSS volunteers cleaned the sanitary drainages and roads of the whole village. • Conducted various games for the villagers and distributed prizes for the winners. • Our volunteers taught English, rhymes, dance and drama to government school students. • Our volunteers learnt the process of silkworm rearing, cocoon making and farming of grapes. • Our volunteers visited houses in 	50

			<p>slums and backward areas of the village, and motivated the people for overcoming from poverty and spread awareness about their rights and schemes of government.</p> <ul style="list-style-type: none"> • Lecture on breast cancer, legal, safety, hygiene, Govt. schemes etc. was held to create awareness. • Lecture by Kannada Sayithya Parisadh • Free Distribution of Note Books • Drinking Water Facility to School 	
Blood Donation Camp	in association with Lions Blood Bank and Kidwai Blood Bank	On 13th July 2017	The Blood Donation Camp was organized in Mount Carmel College in association with Lions Blood Bank and Kidwai Blood Bank. Where over 431 units of blood was donated.	1850
Seminar	Labour and Migration Unit and Women's Unit in Indian Social Institute	19th July 2017	Our volunteers attended a seminar organized by Labour and Migration Unit in Indian Social Institute on	80
Book Collection Drive	Distributed over 1000 textbooks in slums	on 22nd August 2017	Distributed over 1000 textbooks, stationary etc. to the slum kids by collecting books from our college departments and the students.	55
E-waste drive	E-waste drive with Eco Club	9th September 2017.	Organized E-waste drive in association with Eco Club and covered the entire Vasanth Nagar area	250
Bharat Yatra	Joined in the Bharat Yatra	16th September 2017.	Joined in the Bharat Yatra organized by Christ College and was addressed by Kailash Satyarthi	125
Dental Health Camp	NSS organized Dental Health Camp in association with Rajiv Gandhi Dental College	25th Of November 2017	NSS organized Dental Health Camp in association with Rajiv Gandhi Dental College and Hospital on 25th Of November, where around 172 college staff and students were benefitted	300

	and Hospital			
Prepared 15000 Seed Balls	A seed ball (or seed bomb) is a seed that has been wrapped in soil materials, usually a mixture of clay and compost, and then dried. Essentially	November & December 2017	Seed balls are an easy and sustainable way to cultivate plants in a way that provides a larger window of time when the sowing can occur. They also are a convenient dispersal mechanism for guerrilla gardeners and people with achy backs. The day begun with the preparation of the seed balls. Our NSS volunteers prepared 15000 seed balls	300
Special Village Camp	NSS Special Village Camp organised at Koramanagala Village, Avathi (Po), Devanahalli (Tq) Bengaluru Rural District	16th January 2018 to 23rd January 2018	<ul style="list-style-type: none"> • Swach Bharat Abhiyan in different villages. • Planted 200 saplings. • Visited Ghoshala and had a clean-up drive. • Field Visit to farm houses and their plantations. • Conducted Personality Development and Leadership Training. • Organized Health Camp in Koramangala Village. • Organized Millets Mela and Training on millets to the villagers. • Conducted training on Importance of Healthy Diet and Breast Feeding. • Performed a skit on social issues of Dowry, Child Labour, Women Empowerment, Importance of Education and Girl Child. • Organized Programme with Kannada Sahitya Parishad. • Guest Lectures on AIDS prevention, Health and Hygiene, Women empowerment, Legal Awareness etc. • Organized games for the village kids and adults. • Entrepreneurial Development Programme for Villagers around 210 Self Help Group members are benefitted. • Organized Rangoli Competition for the village women. • Taught Basic English and rhymes to poor village kids. 	50

<p>Swach Bharath abhiyan</p>	<p>Swach Bharath Activities</p>	<p>August Month 2018</p>	<p>On August 7, 2018, students went around college campus promoting the need to keep the campus free from plastic and segregate wet and dry waste. The following day i.e. August 8 students took banners and went around in the neighbouring areas of college bringing awareness about cleanliness and waste management. August 10 students visited their adopted village (Kormangala) and went on house to house campaign teaching people the importance of cleanliness and hygiene around us. Students spoke about the compulsory use of toilets in the village. Two days later, on August 13 NSS organised a talk on national leaders. In the talk students were addressed about the greatness of our freedom fighters and they were inspired about the sacrifices which brought freedom to our country. There were around 200 students who participated in the event.</p>	<p>400</p>
<p>Blood donation camp</p>	<p>association with Lions Club and NIMHANS Hospital</p>	<p>26th July 2018</p>	<p>On the occasion of blood donation camp, organized by national service scheme. The camp was collaboration of lions club and Nimhans, Bangalore. The camp was inaugurated by our chief guest, who is an IAS officer and president of lions club. In this camp, overwhelming number of volunteers of different college and department of participated with vivacity.</p>	<p>1300</p>

Flood Relief Camp	Organised Flood Relief Camp Madakeri & Kushal Nafar for 5 days	04 to 08 September	The district of Coorg in Karnataka state recently faced a crisis caused by flooding and landslides after heavy incessant rains over the past few days. Life and property damages were the significant losses occurred. Other than this the flora and fauna have been immensely affected. While help reached out from various sources, Mount Carmel College took the initiative to assist the affected people at ground level. Hence a team of 51 students consisting NSS members and NCC Cadets along with the faculty member Mr. Govinda Gowda HG - NSS Officer & Dr. Shantha Maria NCC Officer of Mount Carmel College departed from college to do their bit.	55
Walkathon	Organised 2 Walkathon on Say no to drugs with different organisations	21 October & 15 December 2018	In association with M-Square, Bengaluru Police & Helping Hands Our College NSS unit organised at participated Say No to Drugs Walkathon at Bengaluru	550
Jo Fair	In organizing Committee	28-Dec-18	Bengaluru Central University is organized Job Fair for PG Commerce students at Central College, in that our College NSS Officer Mr. Govinda Gowda is one of the member in organizing Committee	15