

YOUTH AND TRUTH BY SADHGURU

Sadhguru has often said that “society is overripe for a spiritual process.” His fundamental vision is to offer the science of inner wellbeing to every human being – a science that helps a person realize the ultimate potential within. With this reality kept in mind a collaboration was established between the Isha Foundation and Mount Carmel College, to delve deeper into the questions plaguing the youth of India. In this honest and open conversation, the students were able to engage with the mystic himself and have an open and honest discussion. A panel discussion deliberating on the common ground questions was followed by an interactive question and answer session. The session was also graced by the students of the Isha Foundation who enthralled the audience with dance and music.