

## **MOUNT CARMEL COLLEGE AUTONOMOUS**

### **CENTRE FOR EXTENDED EDUCATION**

The Department of Psychology, Mount Carmel College in association with PARIVARTHAN Counselling, Training and Research Centre are offering a PG Diploma (104 hours course) on ‘**Counselling Skills for working with Children and Adolescents**’ (PGDCSCA).

#### **Objectives of the Course:**

##### **Why is the course being offered?**

While counselling is a skills-based profession which is best learnt through supervised practicum, most of the Masters Programmes offered at Universities focus on academic learning and practicum is usually limited to psychometric testing.

Students who wish to pursue a career as counsellors are not fully equipped with the requisite skills to meet with clients, be it adults, children or adolescents. Also, often children and adolescents take time to open up talk about their concerns and therefore counsellors need to be equipped with the knowledge and skills of using different media to communicate. i.e. art, play, drama etc.

##### **How will it benefit students?**

Most job opportunities for Masters Students are in working in Schools, Colleges, and NGOs. Students who receive a PG Diploma Certification after completing all Course Requirements will be trained to work ethically with these populations. Also, with the increased incidence and reporting of abuse of children (sexual, physical and emotional), it has become incumbent for all Institutions who work with children and adolescents to employ counsellors.

The course offered is structured as follows:

#### **Introductory Self-awareness & Practical Skills Course:**

July 15 to 31, 2019 (2 ½ weeks)

Time: 4 pm to 8 pm

20 hours: 5 bi-weekly sessions x 4 hours each

#### **Training Programme: Counselling Skills for working with Children & Adolescents**

August 19 to October 31, 2019 (10 ½ weeks)

84 hours: 21 sessions x 4 hours each

Supervision period: 1st November to 15th December, 2019.

Weekly sessions of 4 hours with 1 supervision per week.

The training programme includes case discussions, assignments, presentations and supervised practicum. Personal Counselling is mandatory and is the responsibility of the student.

**ELIGIBILITY:** Post-graduates or currently pursuing PG in the field of Psychology.

**COURSE FEE:** Rs. 40,000/-

Payment to made after admission interview.

Online application available on the college website.

**VENUE:** Mount Carmel College