This is a tribute to all the flora of our college. All flowers and leaves have been illustrated with reference to photographs taken within the campus walls.

“All people are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall, but the word of the Lord endures forever.”
- 1 Peter 1:24
Our Foundress (1858-1902)
Mother Teresa of Saint Rose of Lima

Walking with our mother to make a difference

Our Inspiration
Mother of Mount Carmel
This section documents the academic, sports and cultural events of the past year. These were organized by the departments of Science, Arts and Commerce as well as clubs and associations.

Celebrating the people of this college, this section is dedicated to the teachers without whose efforts MCC could not function and students who have made us proud.

This section explores creative writing in seven different languages and illustrations submitted by students.
Congratulations

There is a Chinese saying that says, “when sleeping women wake, mountains move”. Clearly, this saying is not referring to girls dozing off in the middle of a lecture! It is important to remember that to be physically asleep is not the only kind of sleep, nor is it the most harmful. To be caught in a mire of triviality and insignificance, is a kind of sleep that destroys the individual and her society. I am glad to see that these days, women are seen as active agents of social and economic change. But to make a difference in their own individual lives, and to alter the lives of others, a woman needs to awaken first... both literally and figuratively. I believe that the function of education is to be a tool of that awakening. At Mount Carmel we have always believed in a holistic approach to education, combining classroom discussions and formal curriculum, with projects, practical skills and value based experiences. Like in the past, the academic year 2016-17 too has been filled with activities both in and outside the classroom. I take great pride in presenting a glimpse of our activities over the past academic year.

We would like to congratulate our Silver Jubilarians and thank them for their committed service to the institution:

Ms. Sujaya Sundara
Ms. Valsamma
Sebastian
Ms. Regina L Suganthi
Mr. Anthony

We would like to thank the following staff members, who have retired, for their outstanding services rendered to the institution. We wish them all the best in the coming years.

Ms. Nalini R
Ms. Geetha Devi B Katti
Ms. Mythili Jagannath
Dr. Mrs. Asha Shirolikar
Ms. Leila Verghese

Department of English
Department of Political Science
Department of MCA
Support Staff

Department of Physics
Department of Hindi
Department of Zoology
Department of Hindi
Department of Psychology

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### Academic Achievements

#### Under Graduate Results

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<th>Number Passed</th>
<th>Pass Percentage</th>
<th>Distinction</th>
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October/November- 2017 B.A / BBM / B.Com / B.Sc.
POST GRADUATE EXAMINATION RESULTS OCTOBER/NOVEMBER- 2017
M.A (ECO) / MCOM / MCA / MSC / PGDBA:

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II SEM                     |                 |               |                 |             |

III SEM                    |                 |               |                 |             |
| M.A Economics             | 12              | 9             | 75              | 1 4         |
| M.A. English              | 23              | 23            | 100             | 12 11       |
| M.A. Public Policy        | 10              | 7             | 70              | 3 --        |
| M.COM                     | 44              | 44            | 100             | 31 1        |
| M.COM Finance & Accounting| 39              | 36            | 92.31           | 9 26 1      |
| M.Sc. Biotechnology       | 31              | 27            | 87.1            | 27 --       |
| M.Sc. Botany              | 12              | 10            | 83.33           | 3 7 --      |
| M.Sc. Electronics         | 9               | 7             | 77.78           | 3 4 --      |
| M.Sc – Food Science & Nutrition | 26       | 26            | 100             | 24 2 --     |
| M.Sc. Human Devl.         | 20              | 16            | 80              | 11 --       |
| M.Sc. Life Science        | 28              | 21            | 75              | 14 7 --     |
| M.Sc. Maths               | 18              | 15            | 83.33           | 9 6 --      |
| M.Sc. Nano Science & Technology | 12    | 7             | 58.33           | 5 2 --      |
| M.Sc. Biochemistry        | 28              | 27            | 96.43           | 26 1 --     |
| M.Sc Psychology           | 27              | 25            | 92.59           | 10 15 --    |
| M.GDBA                    | 12              | 9             | 75              | 1 5 3       |
| M.A Economics             | 24              | 24            | 100             | 12 12 --    |
| M.COM                     | 23              | 23            | 100             | 8 14 1      |
| M.Com IB                  | 42              | 40            | 95.24           | 4 33 3      |
| M.Sc. Biochemistry        | 26              | 25            | 96.15           | 23 2 --     |
| M.Sc. Biotechnology       | 29              | 29            | 100             | 25 4 --     |
| M.Sc. Plant Science & Herbal Wealth | 14 | 11 | 78.57 | 10 1 -- |
| M.Sc. Electronics         | 9               | 9             | 100             | 3 6 --      |
| M.Sc – Food Sc. & Nutri.  | 21              | 21            | 100             | 19 2 --     |
| M.Sc. Human Devl.         | 13              | 13            | 100             | 11 2 --     |
| M.Sc. Life Science        | 26              | 26            | 100             | 18 8 --     |
| M.Sc. Maths               | 14              | 10            | 71.43           | 10 --       |
| M.Sc. Nano Science & Technology | 5     | 5             | 100             | 5 -- --     |
| M.Sc Psychology           | 35              | 34            | 97.14           | 7 24 3      |
| MCA                       | 33              | 28            | 84.85           | 3 24 1      |
| PGDM                      | 46              | 40            | 86.96           | 16 23 1     |
| M.Sc. Biotechnology       | 31              | 27            | 87.1            | 27 --       |

V SEM                     |                 |               |                 |             |
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<tr>
<td>Ms. S. Anita</td>
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<tr>
<td>Ms. Renju K</td>
</tr>
<tr>
<td>Ms. Heena Gupta</td>
</tr>
<tr>
<td>• Attended a national conference on contemporary research and innovations in computer science, organized by St. Joseph’s Evening College, Bengaluru on 2nd and 3rd November 2017.</td>
</tr>
<tr>
<td>Ms. Talasimala</td>
</tr>
<tr>
<td>• Presented a poster titled “Technology in Orthopedics,” at the International Conference on Technology in Redefining Health, organized by Loyola College on 22nd and 23rd November 2017.</td>
</tr>
<tr>
<td>Ms. Jency Jose</td>
</tr>
<tr>
<td>• Presented a poster titled “Ensemble Deep Learning for prediction of palatable Mushrooms”, at the International Conference on Technology in Redefining Health, Mount Carmel College, on 22nd and 23rd November 2017.</td>
</tr>
<tr>
<td>Dr. Kavitha</td>
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<tr>
<td>• Attended a State Level workshop “Catholic Education Policy and Current Socio-Political Situation in India,” organized by Xavier Board of Higher Education in India, Mysore, on 25th August 2017.</td>
</tr>
<tr>
<td>Ms. Renju K</td>
</tr>
<tr>
<td>• Attended a National Level workshop titled “Innovations and Research in Cloud Computing,” organized by Indian Academy Degree College, Bangalore, on 28th April 2017.</td>
</tr>
<tr>
<td>Ms. Sushma Margaret A</td>
</tr>
<tr>
<td>Dr. Kavitha</td>
</tr>
<tr>
<td>Ms. Perpetua F Noronha</td>
</tr>
<tr>
<td>• Attended a State Level workshop on “Cloud Computing with Amazon Web Services,” organized by Ramiah Institute of Technology, Bangalore, on 31st July to 5th August 2017.</td>
</tr>
<tr>
<td>Ms. Anita</td>
</tr>
<tr>
<td>Ms. Heena Gupta</td>
</tr>
<tr>
<td>• Attended a National Seminar on “Internet of Things,” organized by Christ University, Bangalore, on 12th Aug 2017.</td>
</tr>
<tr>
<td>Ms. Heena Guptak &amp; Ms. Jinu Sara Rajan</td>
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<tr>
<td>• Attended a National Conference on “Contemporary Research and Innovations in Computer Science,” on 16th December 2017, St. Joseph's College, Bangalore.</td>
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<tr>
<td>Ms. Agnes Vidyhya A</td>
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<tr>
<td>• Attended an International Conference on “Advances in Computer Science and Technology,” on 24th January 2018, St. Francis De Sales College, Bangalore.</td>
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<tr>
<td>Mrs. Jency Jose</td>
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<tr>
<td>• Attended a National Level Seminar titled “National Seminar on Internet of Things,” organized by Christ University, Bangalore on 12th Aug 2017.</td>
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<tr>
<td>• Attended a National Level Faculty Development Program on “Data Science and Data Analytics,” organized by Sri Venkateshwara College of Engineering, Bangalore, from 30.10.2017 to 03.11.2017.</td>
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<tr>
<td>Ms. Shaila Mary J</td>
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<tr>
<td>• Attended a summit on “Reforms in MCA programme and Its Challenges,” organized by The Oxford College of Engineering on 20.01.2018.</td>
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<td>Dr. Upendra Raju A</td>
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<tr>
<td>• Presented a poster titled “Flexible and Wearable CNT Antenna for Medical Imaging Applications,” at an International Conference on Technology in Redefining health (ICONTRH-2017), 22-24 November 2017, Mount Carmel College, Bengaluru.</td>
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<tr>
<td>Ms. Nazia Fathima</td>
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<tr>
<td>• Presented a poster titled “Filling and Decorating of WCNT with Zno Doped Ag Nanoparticles for Anti-bacterial Studies,” at an International Conference on Technology in Redefining Health, Nov 2017, Mount Carmel College, Bengaluru.</td>
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<tr>
<td>Dr. Uma V</td>
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<td>Mr. Pradeep N</td>
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<tr>
<td>Dr. Helen Roselene</td>
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<tr>
<td><strong>BIOTECHNOLOGY</strong></td>
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<tr>
<td>Dr. Shantha Maria</td>
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<tr>
<td>• Attended an International Conference on “Curriculum Development for the Indian Community Colleges,” jointly organised by Indian Centre for Research and Development of Community Education (ICRDECE) &amp; U.S. Consulate General Chennai, on 14th, 15th, &amp; 16th of November, 2017, Loyola College, Chennai.</td>
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<td>Dr. Shantha Maria, Dr. A. Sundararavali, Ms. Dorothy Anthony, Ms. Lakshmi Jithendran, Ms. Manushi Tewari, Ms. Sauda Samreen</td>
</tr>
<tr>
<td>• Participated in UGC sponsored National Seminar on “Home Science Education and Skill Development” held at Smt VHD Central Institute of Home Science, Palace Road, Bengaluru on 27th October 2017.</td>
</tr>
<tr>
<td>Dorothy Anthony &amp; Lakshmi Jithendran</td>
</tr>
<tr>
<td>• Participated in Capacity Enhancement Programme on Intellectual Property Rights (IPR) organized by the Centre for Scientific Research and Advanced Learning, Mount Carmel College on 20th &amp; 21st July 2017.</td>
</tr>
<tr>
<td>Lakshmi Jithendran</td>
</tr>
<tr>
<td>• Presented a paper titled “Comparative Study of Antioxidant and Phytochemical level of Organic Pomegranate,” at an International Conference titled “Technology In Redefining Health” held in Mount Carmel College, Bengaluru on November 22nd &amp; 23rd 2017.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>NUTRITION &amp; DIETETICS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Sangeeta Pandey</td>
</tr>
<tr>
<td>• Presented a paper titled “Prevalence Of Zinc Deficiency And The Impact of Nutrition Education Program on Differently Abled And Normal School Children (5 – 12 Years)” at the 49th Annual National Conference of the Nutrition Society of India held at Assam Agricultural University, Jorhat, on 2nd – 4th November – 2017.</td>
</tr>
</tbody>
</table>
Department and Faculty Highlights

Dr. Geetha Santhosh

Ms. Shubhi Agarwal

Dr. V. Padma
- Presented a paper titled ‘Nutritional Status of Children with Cancer and Role of Supplements – An Observational Study’ at an International Conference on Technology in Redefining Health organized by the Mount Carmel College, Autonomous, Bengaluru, on 22nd-Nov-2017.

Dr. Sangeeta Pandey, Dr. Geetha Santhosh, Ms. Shubhi Agarwal, Dr V. Padma & Ms. Deepa Radhakrishnan

Dr. Sangeeta Pandey, Ms. Shubhi Agarwal, Dr V. Padma, & Ms. Deepa Radhakrishnan

Ms. Mary Regi

Dr. Geetha Santhosh

Ms. Shubhi Agarwal Dr. V. Padma Ms. Deepa Radhakrishnan
- Attended a workshop on “Exploring the Power of MS-Excel” organised by the Department of Statistics and Analytics, Mount Carmel college, Bengaluru on October 9th and 10th – 2017.

Ms. Shubhi Agarwal Dr. V. Padma Ms. Deepa Radhakrishnan

FAD

Ms. Anniece Stephens
- Attended a National Workshop titled, “Towards Becoming a Teacher Professional” Organised by Xavier Board of Higher Education in India, from 25th to 27th May 2017 at Mount Carmel College, Bengaluru.

Ms. Nandlakshmi D, Ms. Archana B, Ms. Manasa C S

Ms. Rufina Sujatha
- Attended a seminar on “Mind Body Matters: An Interdisciplinary Insight” organized by the Departments of Life Sciences and Behavioural Sciences in collaboration with EvolvED, Bengaluru held in Jyoti Nivas College Autonomous on 1st and 2nd February, 2018, Bengaluru.

Ms. Sahana Das
- Moderated a conversation with Lily Wang Chik, Bhutanese Politician, Diplomat

Department and Faculty Highlights

Ms. Rama S, Mrs. Vijayalakshmi.B
- Attended an International Conference on ‘Advances in Applicable Mathematics’, Bharatiari University, Tamil Nadu, 07-08th December 2017.

Dr. Tessy Tom
- Attended a two day workshop on R Programming , at Reva University Bangalore on 11th & 12th January 2018.

Ms. Sophia Shalini
- Attended a workshop on “Recent Advances in Mathematics”, at Sri Ramakrishna College of Arts and Science – Coimbatore on 5th and 6th January, 2018.

Dr.S.Sudha
- Attended a workshop on “Teaching Strategies in Mathematics”, held at the Department of Mathematics, Birla Institute of Technology and Science Pilani, during April 28-29, 2017.

Mrs. Amala Priya
- Attended a workshop program on ‘Practical Introduction to Matlab & Simulink’ – 29th &30th of July 2017 conducted by TIFAC-CORE in Automotive Informatics, VIT University, Vellore.
- Presented a paper entitled “On Weak form of Closed Sets” at National Conference on Discrete & Computational Mathematics organized by the Department of Mathematics, University of Kerala, Kerala, 12th January 2018.

Statistics and Analysis

Ms. Jincy James
- Attended a workshop on Azure SQL DW and DB at Microsoft office, Signature Building, Domlur, Bengaluru 15th July 2017.

Ms. Ambika C

Dr. Lakshmi. S. K

Ms. Srishi Kumari
- Attended a National Seminar on Official Statistics and Design of Large Scale Sample Surveys in India organized by Department of Statistics, PSFM, Manipal University, Manipal 6th September 2017.

Zoology

Dr. Aruna Kumari Dr. Mythili J
- Attended a seminar on ‘Genome to Phenome via ‘OMICS’ CIRCUIT: an overview by Dr H.A Ranganath, Visiting Professor IISC Former Vice Chancellor organized by Maharani’s Science College for Women, November , Bengaluru, on 17th November 2017, Bengaluru

Mr. Deepak P
- Attended a workshop on “Teaching and Learning” organized by Seattle University, School of Law, USA and St. Joseph’s College of Law, Bengaluru on 11th to 15th December 2017, Bengaluru

Ms. Nikita M Jain
- Attended a seminar on “One day Symposium on ‘Insects in Research’ held at Jawaharlal Nehru Centre for Advanced Scientific Research, Jakkur, Bengaluru on 5th January 2018, Bengaluru.

Ms. Rufina Sujatha
- Attended a seminar on “Mind Body Matters: An Interdisciplinary Insight” organized by the Departments of Life Sciences and Behavioural Sciences in collaboration with EvolvED, Bengaluru held in Jyoti Nivas College Autonomous on 1st and 2nd February, 2018, Bengaluru.

Humanities Department

Communications Studies

Ms. Sahana Das
- Moderated a conversation with Lily Wang Chik, Bhutanese Politician, Diplomat
Ms. Sharon Lopez •Presented a paper titled 'Rethinking Intersectionality in Relation to Feminism & Sexuality' at the seminar 'Feminism/LGBT: Intersection' organised by the Department of English, St. Joseph's College of Commerce, Bengaluru.


Dr. Alka Ranjan •Presented a paper titled "Subjective Well-being in Children and Parenting Dimensions in the Indian Context: A Study in Bengaluru City" at Indo Canadian conference of Psychology: Past, Present and Future at Haridwar, India.

Ms. Akshaya P •Presented a paper at the “4th Annual Conference of the Association of Cognitive Science, India” organised by the Bangalore University on 22nd and 3rd February 2018 Commerce Department SJCC Bengaluru.

Dr. Suma Singh, Shanthi S, Dr. Roopa Adarsh, Dr. Sujata S Mali •Participated in Indo-Global Education Summit & Expo 2017, 24 July 2017.


Dr. Sujata S Mali •Participated in a one day National Workshop on GST, MCC – Dept. of Commerce, Sep, 2017.  

Dr. Sujata S Mali Dr. Yogeshwari •Participated in a day National Workshop on GST, MCC – Dept. of Commerce, Sep, 2017.

Ms. Vritha M K •Attended an event Management Workshop- 15th Mumbai International Film Festival, 2018 at St. Aloysius College, Mangalore.


Ms. Juliana Lazarus •Presented paper on "Impact of Abortion on Physical and Mental Health of Women" at Inter-collegiate Conference on "Fintech Ecosystem-Transformation & Market Dynamics" on 2nd and 3rd February 2018 Commerce Department SJCC Bengaluru.


Ms. Apoorva Ravi •Presented a paper on “Impact of Abortion on Physical and Mental Health of Women” at an International Conference on "Technology In Redefining Health" on 22nd November 2017 at Mount Carmel College

Ms. Sophia Sharon •Presented a paper on "Impact of Abortion on Physical and Mental Health of Women" at International Conference On Technology In Redefining Health on 22nd November 2017 at Mount Carmel College

Ms. Swathi •Participated in Emerging Trends and Innovations in Teacher Education at Christ University on 19th February 2018.

Ms. Akshaya P •Presented a paper at the 4th Annual Conference of the Association of Cognitive Science, India organized at the University of Hyderabad, 5th – 7th October 2017.

Ms. Leila Ann Verghese •Attended a talk on "Reconfiguring Humanities PhD in the Digital Age" at NIAS, Bengaluru on 13/09/2017.

Dr. Hamsha N, Dr. Alka Ranjan, Ms. Akshaya P •Presented a paper on "LGBT Rights and Cosmopolitan Bangalore: Are Discussions on LGBT has it Turned into a Platform for Trolling and Propaganda?" at a UGC-sponsored Media Symposium named Mediatron on the 31st of August 2017 organized by the Department of Communication and Media studies, Jyoti Nivas College.


JOURNALISM

Dr. Hamsa N •Presented a seminar on "Capacity Enhancement Programme on Intellectual Property Rights (IPR) organized by Centre for Scientific Research and Advanced Learning, MCC in association with NLS, Bengaluru on 20th and 21st of July 2017.

Ms. Swathi •Participated in Emerging Trends and Innovations in Teacher Education at Christ University on 19th February 2018.

Ms. Akshaya P •Presented a paper titled "Subjective Well-being in Children and Parenting Dimensions in the Indian Context: A Study in Bengaluru City" at Indo Canadian conference of Psychology: Past, Present and Future at Haridwar, India.

Ms. Leila Ann Verghese •Attended a talk on "Reconfiguring Humanities PhD in the Digital Age" at NIAS, Bengaluru on 13/09/2017.

Dr. Hamsha N, Dr. Alka Ranjan, Ms. Akshaya P •Presented a paper on "LGBT Rights and Cosmopolitan Bangalore: Are Discussions on LGBT has it Turned into a Platform for Trolling and Propaganda?" at a UGC-sponsored Media Symposium named Mediatron on the 31st of August 2017 organized by the Department of Communication and Media studies, Jyoti Nivas College.

Ms. Apoorva Ravi • Attended a Faculty Development Program for the course on “Managing Business Process”, Bengaluru by Tata Consultancy Services, on 6th, 7th and 8th of July 2017. • Attended a Faculty Development Program on “Research Methodology & Data Analysis using R” 10th to 12th August, 2017, Department of MBA, RNSIT Bengaluru. 

Ms. Diana Erudiyathan 
Ms. Rajani H Pillai 
Ms. Taiabosum, Dr. M Josephine Rebecca, Ms. Preethi Paulraj, Ms. Deepthi S.J

Ms. Diana Erudiyathan, Dr. M Josephine Rebecca, Ms. Deepthi S.J

Ms. Diana Erudiyathan, Ms. Rajani H Pillai, Ms. Jaikala L, Ms. Tabassum, Dr. M Josephine Rebecca, Ms. Preethi Paulraj, Ms. Deepthi S.J

Ms. Rajani H Pillai

Ms. Tabassum, Dr. M Josephine Rebecca

Ms. Deepthi S.J


Ms. Diana Erudiyathan, Dr. M Josephine Rebecca, Ms. Deepthi S.J

Ms. Diana Erudiyathan, Ms. Rajani H Pillai, Ms. Jaikala L, Ms. Tabassum, Dr. M Josephine Rebecca, Ms. Preethi Paulraj, Ms. Deepthi S.J

Ms. Rajani H Pillai

Ms. Tabassum, Dr. M Josephine Rebecca

Ms. Deepthi S.J


Ms. Diana Erudiyathan, Dr. M Josephine Rebecca, Ms. Deepthi S.J

Ms. Diana Erudiyathan, Ms. Rajani H Pillai, Ms. Jaikala L, Ms. Tabassum, Dr. M Josephine Rebecca, Ms. Preethi Paulraj, Ms. Deepthi S.J

Ms. Rajani H Pillai

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Ms. Deepthi S.J

Ms. Diana Erudiyathan, Dr. M Josephine Rebecca, Ms. Deepthi S.J

Ms. Diana Erudiyathan, Ms. Rajani H Pillai, Ms. Jaikala L, Ms. Tabassum, Dr. M Josephine Rebecca, Ms. Preethi Paulraj, Ms. Deepthi S.J

Ms. Rajani H Pillai

Ms. Tabassum, Dr. M Josephine Rebecca

Ms. Deepthi S.J

Ms. Diana Erudiyathan, Dr. M Josephine Rebecca, Ms. Deepthi S.J

Ms. Diana Erudiyathan, Ms. Rajani H Pillai, Ms. Jaikala L, Ms. Tabassum, Dr. M Josephine Rebecca, Ms. Preethi Paulraj, Ms. Deepthi S.J

Ms. Rajani H Pillai

Ms. Tabassum, Dr. M Josephine Rebecca

Ms. Deepthi S.J


### DEPARTMENT AND FACULTY HIGHLIGHTS

**Mr. Govinda Gowda H. G.**, **Ms. Ambika Devi.**

**Dr. Nagalakshmi. C. S.**, **Ms. Ambika Devi.**

### LIBRARY

**Ms. Shobha N K**
- Attended a National Workshop on “Goods and Service Tax (GST)” held on 15th Sept 2017 organised by Post Graduate Department of Commerce and Management, Mount Carmel College, Bengaluru.
- Attended a workshop on “Effective use of MS-EXCEL in Administration” organised by the Department of Statistics and Analytics, Mount Carmel College, Bengaluru, on Nov 10th 2017.

**Ms. Jyothi N**
- Participated in National Seminar on “Modern Trends in Architectural Libraries” held on 19th August 2017 organised by RBS School of Architecture, Yelahanka, Bengaluru.

### DEPARTMENT AND FACULTY HIGHLIGHTS

**Ms. Jyothi N**
- Participated in National Seminar on “Modern Trends in Architectural Libraries” held on 19th August 2017 organised by RBS School of Architecture, Yelahanka, Bengaluru.

### PUBLICATIONS

#### BOOK PUBLICATIONS

**Dr. Shanikalak, K. B – Department of Life Science**

**Dr. Sindhu Anoop – Department of Biotechnology**

**Ms. Roopa, L – Department of Biotechnology**
- Titled “A – Insight into Specific Modifications to Design Novel Drugs to Overcome Resistance, Current Computer-Aided Drug Design, Volume 12, DOI:0.217

**Dr. Kavitha G. Singh – Department of Biochemistry**

**Dr. Myrene R. D’souza – Department of Biochemistry**
Dr. Shini P – Department of Biochemistry

• Titled “Isolation And Purification Of Hyaluronic Acid Like Components from Ipomoea Batatas (Sweet Potato),” European Journal Of Pharmaceutical And Medical Research 2017;4(8), 282-286. Co-author: Sana, Fatima Mahmod, Shamshabi Ullavi.


• Titled “Isolation of Tamarind Seed Proteins, Polysaccharides, and Cellulase from the Seeds of Tamarindus Indica”. The Pharma Innovation Journal; Vol 10(9), 2018, pp. 291-301.

Dr. Kavitha – Department of MCA


Dr.Uma V- Department of Electronics


• Titled “Assessment of nutrition status and cognitive physical activity in children at care homes” International journal of Engineering and Scientific Research, on January 2018.

Ms. Shruthi Agarwal-Department of Nutrition & Dietetics

• Titled “Comparative study of bioactive components from medicinal plants and food product development for PCOS women” International journal of science and research (IJSR), on August 2017.

• Titled “In vitro phytochemical study on berberis aristata: An effective plant for the treatment of polycystic ovarian syndrome(PCOS),” International journal of recent scientific research, on September 2017.


• Titled “Development of health mix for the management of polycystic ovary syndrome (PCOS) in women” International journal of recent scientific research, on August 2017.

Ms. Vijayalakshmi.B- Department of Mathematics


• Titled “NDT on Equihermic Graphs of Small Order”, International Journal of Computational and Applied Mathematics, ISSN 0973-1768 Volume 12,
MEMBERS OF BOARD OF STUDIES:

- V.N. Raghuv - Department of BBA - Kristu Jayanti College, Bangalore, CMS-Jan University, Acharya Institute of Management Science.
- Dr. S. Rajkumar - Department of BBA - CMS-Jan University, CMR Institute of Management Studies.
- Mr. Ninin Manayath - Department of Communication Studies -Board of Studies, Department of English - St Joseph's Arts and Science College (UG & PG)
- Dr. Kavitha G. Singh – BOS for Department of Biochemistry, Indian Academy Degree College, Bengaluru.
- Dr. Roshni Rao - Department of Botany, St. Joseph's college, Christ University, Govt. Science college
- Prema Latha.V - Department of Commerce – Member of Board of studies in Indian Academy College(Autonomous) Bangalore.
- Dr. Uma V - Department of Electronics - Christ University, Indian Academy Degree College.
- Dr. Upendra Raja A - Department of Electronics - St. Joseph's college.
- Dr. Swati Chanda - Department of English - Department of Culture Studies, Christ(Deemed to be University), Bangalore.
- Dr. Shantha Maria - Department of Human Development - Smt VHD central institute of Home Science, Bangalore.
- V.N. Raghuv - Department of BBA - Kristu Jayanti College, Bangalore, CMS-Jan University, Acharya Institute of Management Science.
- Dr. S. Rajkumar - Department of BBA - CMS-Jan University, CMR Institute of Management Studies.
- Mr. Ninin Manayath - Department of Communication Studies -Board of Studies, Department of English - St Joseph's Arts and Science College (UG & PG)
- Dr. Kavitha G. Singh – BOS for Department of Biochemistry, Indian Academy Degree College, Bengaluru.
- Dr. Roshni Rao - Department of Botany, St. Joseph's college, Christ University, Govt. Science college
- Prema Latha.V - Department of Commerce – Member of Board of studies in Indian Academy College(Autonomous) Bangalore.
- Dr. Uma V - Department of Electronics - Christ University, Indian Academy Degree College.
- Dr. Upendra Raja A - Department of Electronics - St. Joseph's college.
- Dr. Swati Chanda - Department of English - Department of Culture Studies, Christ(Deemed to be University), Bangalore.
- Dr. Shantha Maria - Department of Human Development - Smt VHD central institute of Home Science, Bangalore.
- V.N. Raghuv - Department of BBA - Kristu Jayanti College, Bangalore, CMS-Jan University, Acharya Institute of Management Science.
- Dr. S. Rajkumar - Department of BBA - CMS-Jan University, CMR Institute of Management Studies.
- Mr. Ninin Manayath - Department of Communication Studies -Board of Studies, Department of English - St Joseph's Arts and Science College (UG & PG)
- Dr. Kavitha G. Singh – BOS for Department of Biochemistry, Indian Academy Degree College, Bengaluru.
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- Prema Latha.V - Department of Commerce – Member of Board of studies in Indian Academy College(Autonomous) Bangalore.
- Dr. Uma V - Department of Electronics - Christ University, Indian Academy Degree College.
MEMBERS OF BOARD OF EXAMINERS:

- V.N Raghu - Department of BBA - Kristu Jayanti College, Bangalore, CMS-Jain University, Acharya Institute of Management Science.
- Dr. S. Rajkumar – Department of BBA - St. Joseph College of Commerce, Bangalore, CMR Institute of Management Studies, CMS-Jain University, Kristu Jayanti College, Autonomous.
- Dr. Kavitha G. Singh - Department of Biochemistry - School of Lifesciences, Reva University, Bengaluru.
- Dr. Preetha Nair - Department of Biotechnology - NMKRV College, Bangalore, St. Joseph's College, Bangalore, Garden City University.
- Dr. Roshni Rao - Department of Botany - NMKRV College, Bengaluru.
- Dr. George Leikha - Department of Botany - Bharathiyar University.
- Dr. Lalitha Rani Suresh – Botany - MLA College.
- Mr. Nithin Manayath, Department of English, St. Joseph's College, Bangalore (UG and PG).
- Ms. Sharon Lopez, Department of Communicative English, Jyoti Nivas College, Bangalore.
- Ms. P. Bavithra Matharasi - Department of Computer Science & MCA - Jyoti Nivas College, Bangalore.
- Ms. Shaila Mary J - Department of Computer Science & MCA - Maharani Lakshmi Amman College for Women Autonomous, Bengaluru.
- Ms. Rajani H Pillai - Department of Commerce –CMR University & Kristu Jayanti College, Bangalore.
- Dr. Uma V - Department of Electronics - Bangalore University (UG), Christ University, St. Joseph College.
- Dr. Upendra Raju A - Department of Electronics - Bangalore university, St. Joseph's college, Jyothi Nivas college, R V College of Engineering.
- Ms. Suma N - Department of Electronics - St. Joseph's College.
- Dr. Swati Chanda - Department of English - External Examiner for M.Phil Viva Voce Examination, Christ (Deemed to be University), Bangalore.
- Dr.A.Sundaravalli - Department of Home Science - Bangalore University, Bengaluru.
- Dr. Sujata Gupta Kedar - Department of Human Development - Smt.VHD Central Institute of Home Science/ Bangalore university.
- Dr. Sujata Gupta Kedar – Department of Human Development - Dept of Early Childhood Education and Administration - Bangalore University.
- Dr.Nagalahshmi CS - Department of IDM - Smt. VHD Central Institute of Home Science, Bengaluru.
- Juliana Lazarus/ - Department of Journalism - St Joseph's Arts and Science College (UG and PG).
- Ms. Vivitha M K - Department of Journalism - Jyoti Nivas College, St Joseph's Evening College, Jain University.
- Ms. Carol D’Souza - Department of Journalism - Jain University.
- Ms. Apoorva Ravi - Department of Journalism - Jain University.
- Dr.Tejas Tom- Department of Mathematics - Government Science college, Bangalore, St.Joseph's college, Bangalore and Jyothi Nivas college, Bangalore.
- Dr. Uma. V - Department of Electronics - Christ University.
- Dr. S. Ramesh – Department of PG Commerce - Ramaiah University of Applied Sciences, Bangalore Central University, Chairman, All India Commerce & Management Talent Search Examination (AICMTSE) of Indian Commerce Association, FKCCI, Reva University, CMR Institute, Bangalore University, Garden City University, KSOU, Mysore, Christ University, Dayananda Sagar University, NMKRV College, Autonomous, St. Josephs Commerce College, Autonomous, VHD Institute of Home Science, Autonomous, National College, Autonomous, Indian Academy Degree College, Autonomous, NMKRV.
- Dr. Hamsa N – Department of Psychology - St Joseph's College of Arts and Commerce Autonomous.
- Ms Shylashree G S – Department of Psychology - Jyoti Nivas College Autonomous.
- Ms. Lalitha. K – Department of Tourism - Christ University Bangalore, St Joseph's College of Commerce, Bangalore, Jyoti Nivas College, Bangalore.
- Ms. Sneha.N – Department of Tourism - Jyoti Nivas College, Bangalore, Garden City University Bangalore.
- Mr. NagarjunaG - Department of Tourism - Garden City University Bangalore.
- Dr Geeta Mohan- Department of Zoology - MLA College, Bengaluru.
- Dr. Suba Manuel – Department of Life Science – Bangalore University.
- Dr. Padmashree Kulakarni – Department of Life Science – Dayanand Sagar college of Science.
- Mr. V N Raghu – Department of BBA - Kristu Jayanti College, Bangalore, CMS-Jain University, Acharya Institute of Management Science.
- Dr. S Rajkumar – Department of BBA – St. Joseph's College of Commerce, CMR Institute of Management Studies, CMS Jain University, Kristu Jayanti College.
- Ms. Alice Mathew – Department of Political Science – St. Joseph's Evening College, St. Joseph's College of Arts & Science.
- Dr. Helen Roselene – Department of Environmental Science – Bangalore University.
**Ph.D Degrees awarded during the year 2017-18**

- Dr. Thilagavathy A – Department of Biochemistry
- Dr. M. Josephine Rebecca – Department of Commerce
- Dr. I. Vinitha Chandra – Department of English
- Dr. Padmashree Kulkarni – Department of Life Science
- Dr. Rani Franklin – Department of Environmental Science
- Dr. Anjana Mari – Department of Economics

Submission of Ph.D Thesis

Mrs. Sowmyashree – Department of Biochemistry. Titled “Exploring the beneficial effects of bioactive seed proteins on thrombotic disorders”.

Mrs. S Regina Lourdhu Suganthi – Department of MCA. Titled “Optimal Storage and Archive of Image Data Using Data Mining Techniques”.

A. Balu Vijayaraghavan – Department of English. Titled “Home: An Ideological Icon in Select Novels”, Department of Indian and World Literatures, The English and Foreign Languages University, Hyderabad.

Mrs. Rama – Department of Mathematics. Titled “Linear and Non-Linear Modal Analyses of Unconventional Orthotropic Smart Materials Involved in Multi-Field Problems” at Bharathiar University.

Mrs. Vijayalskhmi – Department of Mathematics. Titled “Some studies on domination in directed graphs” in Bharathiar University.


Registered for Ph.D during the year 2017-18

- Vijaya Caroline, W – Department of Commerce
- Apoorva Ravi – Department of Journalism
- Sophia Shalini G. B – Department of Mathematics

**M.Phil Degrees awarded during the year 2017-18**

- Ms. Mitfzala Ansar – Department of Tourism

**HONORS RECEIVED**

- Mount Carmel College has been conferred with the “Sr. Hedwige Annual Award” for the year 2016-17 (for its academic and holistic growth of the students and staff) by Xavier Board of Higher Education in India during the National Conference on “Current Political and Economic Situation in India and Its Impact on Higher Education” organized by Xavier Board of Higher Education in India held on September 9th and 10th, 2017 at Hyderabad.
- The Evaluation Committee of NAAC extended the validity of accreditation for 7 years till 20/04/2019.
- The autonomous status of the college has been extended up to 2021-22.

**Dr. Sr. Arpana – Principal**

- Awarded Best Principal of India – 2017 by All India Association for Christian Higher Education. This prestigious National Award is a mark of AIACHE’s recognition of her educational leadership, devotion to academic excellence, participation in the introduction of educational innovations, concern for integrated development of students and commitment to high standards of professional ethics.

**Ms. Shobha N K – Information and Knowledge Centre**

- "Jewel of India award for Intellectual People" from Achievers Publishing House on 10th Jan 2018 at Goa.

**Mrs. T Uma – Department of Life Science**

- Conferred the award, "Young Woman in Science," for the contribution and achievement in the field of Microbiology by Venus International Foundation - Centre for Advanced Research and Design.
### SEMINAR / SYMPOSIUM, WORKSHOPS CONDUCTED BY DEPARTMENTS

<table>
<thead>
<tr>
<th>Department</th>
<th>Name of the Seminar / Workshop</th>
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<tbody>
<tr>
<td>Biochemistry</td>
<td>• Organised workshop on “Resilience” for BBA students on 6th July 2017 by Mr. Prithviraj, Toast Master Club.</td>
</tr>
<tr>
<td>BBA</td>
<td>• Organised one day workshop on “Bull Run Game” – Stock Market for BBA Students on 18th January 2018 by Ms. Latha and Mr. Anuj.</td>
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<tr>
<td>Research Centre</td>
<td>• Under Capacity Enhancement Programme Intellectual Property Rights seminar was conducted on 20th and 21st July 2017 in association with Centre for Intellectual Property Rights and Advocacy (CIPRA) &amp; Ministry of Industry and commerce Chair on Intellectual Property Rights, National Law school India University, Bengaluru In association with Mount Carmel College Research Centre.</td>
</tr>
<tr>
<td>Botany</td>
<td>• Swasthya</td>
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<tr>
<td>Communication Studies</td>
<td>• Screenings of Short Films and Documentaries by the graduating class of 2018</td>
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<td>• Production and adaptation of Shakespeare’s Macbeth</td>
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<td>• Jugalbandi series- Lecture demonstrations of Indian Classical Dance</td>
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<td></td>
<td>• CommE Live ‘17– showcasing the work of the department</td>
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<td>• Film projects for:</td>
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<tr>
<td></td>
<td>1) Swastha, an NGO in Coorg</td>
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<td></td>
<td>2) JSA a premier law firm in Bangalore</td>
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<td></td>
<td>3) LSR Alumni Association, Bangalore Chapter.</td>
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<td></td>
<td>• Technical Writing Course conducted by CISCO</td>
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<tr>
<td>Computer Science &amp; MCA</td>
<td>• Three day workshop on Ethical Hacking</td>
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<td></td>
<td>• Hands-on training on Android Studio</td>
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<td></td>
<td>• Campus to Corporate programme conducted by OPEN SPACES for Final Years from 10th July to 17th July</td>
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<tr>
<td>Journalism</td>
<td>• Leadership Workshop for Commerce Secretaries/ Volunteers by OPEN SPACES on 17th June</td>
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<td>(In association with the Youth ki Awaaz and Facebook)</td>
<td>• #JetSetVote for first-year Journalism students: This was part of one of India’s largest voter awareness campaigns till date, supported wholly by the Election Commission of India, to make voting fun, interesting and engaging.</td>
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<tr>
<td></td>
<td>• Centre for Community Dialogue and Change organised a workshop on Theatre of the Oppressed for third year journalism students in December 2017.</td>
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<tr>
<td></td>
<td>• Film screening Namma Gauri and panel discussion on Violence against Women for 1 Year BA/BSc students, February 2018.</td>
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</tbody>
</table>

**Economics**
- Workshop on Awareness on Voter Registration: The event was conducted in association with Namma Bengaluru Foundation on 27th November. The event started with panel discussion consisting of speeches.
- One day Seminar on Vision 2025: Karnataka, Unraveling the Challenges and Prospects: in association with Dialogue on 24th January. Chief Guest: Smt. Renuka Chidambaram, IAS Officer, (Principal Secretary, Department of Public Enterprises, Government of Karnataka).

**All the Departments**
- International Conference on “Technology in Redefining Health” ICONTRH-2017 on 21-23 Nov 2017

**English**

**FAD**
- Workshop on 6th & 7th Dec 2017 – "Creative Pattern making by Origami Technique" by Ms. Sridhanya, Academician, Director – Vidya Fashion Academy, Bengaluru.
- Seminar on 6th & 14th Feb 2017 – "Scope & Pre-requisites for Higher Education in Fashion Studies for Italian Universities” – by Mr. George & Mr. Abraham, Academic Counselors, Mastri Global Education & Mr. Trivic Milan is the International Manager, NABA and Domus Academy Milan, Italy, for 2nd & 3rd year students.

**Home Science**
- Organises Millets-National Trade Fair (Conference conducted on 29-04-2017 & 30-04-2017 – Part of the organizing team and conducted Millet Cookery Competition - the event organized by Department of Agriculture, Government of Karnataka)
- Millets workshop (One day workshop conducted on Millets for Nutritionists 25.04.17 – in association with Department of Agriculture, Govt. of Karnataka and Indian Dietetic Association, Bangalore Chapter and Nutrition Society of India, Bangalore Chapter.
- A part of the organizing committee of Organics & Millets International Trade Fair 2018 (19th – 21st January 2018), Department of Agriculture, Govt. Of Karnataka – Organized two events:
  1. Inter collegiate Short video Making competition
  2. Millet cooked product display challenge
Human Development

- Gerontology Workshop "Rekindling Joy among Elderly"; creating joy among elderly; importance of teamwork enhancing physical, social, and cognitive development in elderly on 2nd Feb 2018, Tara Old Age Home, Rajarajeshwarinagar.
- Workshop on "Sensitization Programme on Marginalised Communities"; To orient students about marginalized communities; To sensitize students on the problems faced by marginalized communities on 2nd Feb 2018, Goodwill’s Girls High School, Promenade Road, Fraser Town, Bangalore.
- Workshop on "Sensitization Programme on Marginalised Communities"; To orient students about marginalized communities; To sensitize students on the problems faced by marginalized communities, on 1st Feb 2018, Hindu Balika Pathshalaya, Shivajinagar.
- Awareness workshop on "Personal hygiene and self-defence"; To orient students on personal care and importance of hygiene during menstruation, on Jan 18th 2018, Featherlite pottery town government school.
- Workshop on "Relationship building and achieving career goals"; The workshop was conducted for adolescents to help them in resolving conflicts in relationships with peers, teachers and family. The workshop also focused on showcasing the importance of education for a bright future and career opportunities, on 19th December 2017 (9:00am-3:30pm), Stella Maris convent School Gayathri Devi Park Extension, Bangalore - 03.
- Panel Discussion on the topic "Urban women, empowered but how safe?"; 1) To create awareness about the current situation in India with regard to women living in urban cities. 2) To sensitize the society about the importance of women’s safety in India, on 16th September, 2017, Mount Carmel College, Bengaluru.
- Interaction with a social entrepreneur, Ms. Mandira Kumar, 1. To observe different types of teaching learning materials. 2. To learn the importance of traditional toys in teaching process, on 30th August 2017, Sutradhar, Indira Nagar, Bangalore.
- "Stage show; To create awareness on women issues and empowerment for the same, on 27th August 2017, Youth Program - St. Peter’s Pontifical Seminary.
- "Braille Workshop"; Orientation to Braille - reading and writing, on 22nd August 2017, Department of Human Development.
- "Finger chats – A Workshop for Learning Sign Language"; Orientation to Sign language, on 10th August 2017, Department of Human Development.
- Workshop on "Mental Health Development"; 1. To promote positive thinking and positive living in the inmates. 2. To teach the inmates efficient yet simple techniques for stress management. 3. To promote healthy and happy living amongst the inmates, on 13th July, 2017, Kripa Revival Centre, Bangalore.
- Workshop on "Mental Health Development"; 1. To promote positive thinking and positive living in the inmates. 2. To teach the inmates efficient yet simple techniques for stress management. 3. To promote healthy and happy living amongst the inmates, on 13th July, 2017, Kripa Revival Centre, Bangalore.
- Workshop on "Mental Health Development"; 1. To promote positive thinking and positive living in the inmates. 2. To teach the inmates efficient yet simple techniques for stress management. 3. To promote healthy and happy living amongst the inmates, on 13th July, 2017, Kripa Revival Centre, Bangalore.

Interior Design and Management

- Workshop on Furniture and Décor at Design Cafe, a renowned Architectural and Interior Design firm, Bengaluru, on 30th January 2018

IDA

- Conducted Fresher’s week and Cul week by hosting dute and solo dance events.
- Organised Indian group and solo dance events for Cul-ah 2018.
- Performed for various special occasions in college like Parent’s day, International conference, Alumininmeet, Investiture, Autonomy review, Commerce Day, Independence, Republic day and many more.
- Credit course in Contemporary dance by experts in the field.

Journalism (with Political Science dept)

- Talk by Dr. Shashi Tharoor, MP; on: Colonialism has left our shores, but not our imaginations; Where are we heading? on 22 July 2017 in association with Explore Karnataka Foundation.

Science dept)

- Talk by Dr. Shashi Tharoor, MP; on: Colonialism has left our shores, but not our imaginations; Where are we heading? on 22 July 2017 in association with Explore Karnataka Foundation.

Nutrition & Dietetics

- Workshop on Nutrition Counseling (27th July 2017).
- Workshop on Practical Applications in Sports Nutrition (31st July 2017)
- Symposium on Entrepreneurship for Dietitians and Nutritionists (1st September 2017)
- Workshop on Food Safety and Food Labelling in association with NSI (9th September 2017)
- International Conference on Technology in Redefining Health (21st – 23rd November 2017)
- Application of biostatistics in food science and nutrition (28th November 2017)
- Dietetics Seminar - What's new in Diabetes management, Treatment and Challenges. Speaker: Bina Naik, Satamvam Jaynagar (11th December 2017)
- American Association of Food Scientists for the Indian Subcontinent scholarship opportunities (16th December 2017)
- Workshop on MNT in special clinical conditions – (17th Jan 2018)
- Recent advances in the MNT of cancer. Speaker: Fatima Afrooz(22nd Jan 2018), Chief Dietitian at HCG cancer hospital, Bangalore.

PG Commerce

- National Workshop on Goods and Service Tax, on 15th September 2017, Dept. of Commercial Tax, GOK.
- Conducted state level workshop women Entrepreneurship, on 06.12.2017, Mr. C K Kumaravel, CEO of Naturals Salon.

Psychology

- State level symposium on 'Decoding the construct of healthy relationships', including 5 concurrent workshops.
- A two day Faculty Development Program on "Exploring the power of MS-EXCEL" for the faculty of Mount Carmel College. Date: 9-10th October 2017.
- A one day workshop titled "Effective use of MS-EXCEL in Administration" for the administrative and library staff of Mount Carmel College. Date: 10th November 2017.
- The department has also organized the following workshops for students:
  - A one day workshop on "Macro and VBA in EXCEL"
  - A two day workshop on "Data Analysis Using R"
  - A one day workshop on "Time Series Models"
  - A two day workshop on "Data Analysis Using Python"

Statistics

- MOA signed with Binary University for conducting M.Sc in Tourism Research as Twinning Programme for Tourism Students. MCC is the Only College in Bangalore to provide Twinning Programme in Tourism
- IREFESTUM – Sports Tourism an Intercollegiate Tourism Fest was conducted on Saturday 17th February 2018.

Travel & Tourism

- Journey through Decades INICIO 2017.

Zoology

- MOA with Dr. K. Prameha, Dean, Amrita University, for conducting B.Sc in Zoology Research as Twinning Programme for Zoology Students. MCC is the Only College in Bangalore to provide Twinning Programme in Zoology.
STUDENTS’ ACHIEVEMENTS

Department of Bio-chemistry:-

Two research papers were presented by the M.Sc. students at the International Conference on Technology in Redefining Health, organized by Mount Carmel College, Autonomous, 22nd-23rd November, 2017.

One research paper was presented by a M.Sc. student at the National Conference on “Genetics for Human Welfare”, organizing Health, organized by Mount Carmel College, Autonomous, 22nd-23rd November, 2017.

Department of Commerce:-

• Ms. Varsha C of III B.Com ‘A’ and Ms. Apoorva M of III B.Com ‘C’ Presented paper titled “E-Learning: A Study on Moodle” under the guidance of Ms. Diana Erudiyathan, Faculty Dept. of Commerce, at the National Conference on “ Enhancing Professional Competency Through Skill Development- Facing upto Modernity” organised by St.Agnes College(Autonomous), Mangaluru in collaboration with Kanara Chamber of Commerce and Industry, Mangaluru on 14th February 2018.

• Ms. Taskeen Fathima of III B.Com ‘A’ and Pooba M P of I B.Com ‘E’ Presented paper titled “Rebooting Employability Skills: A Study on Indian Education System” under the guidance of Ms. Diana Erudiyathan, Faculty Dept. of Commerce, at the National Conference on “Enhancing Professional Competency Through Skill Development- Facing upto Modernity” organised by St.Agnes College(Autonomous), Mangaluru in collaboration with Kanara Chamber of Commerce and Industry, Mangaluru on 14th February 2018.

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Department of Communication Studies

• Second prize at Rang Manch, a National Level Theatre Festival conducted by Jyoti Nivas College, February 2018

• Ananya Narayanan and Naureen Begum, II B.A. (Hons), presented a paper titled, “Changing Concepts of Popularity: A Study of Four Texts,” at a Post Graduate Seminar at Jyoti Nivas College on Popular Literature, February 2018

• Chethana Venkatesh, II B.A.(Hons) was a speaker and part of the panel discussion titled ‘The Role of Youth in Politics’, at Sheshadripuram College, February 2018

• Student internships at:
  
  York Communications
  Rolling Stone
  Times of India
  NDTV
  The Hindu
  Femina
  Deccan Herald
  Malayalam Manorama
  Story Tellers
  Balaji Telefilms
  Pink Lemonade

Department of Economics:-

• Ms. Varsha Soni, 2nd MSc Human Development has successfully cleared UGC-NET, 2017.

• Shriradha Jain & Anushka Sharma – secured 1st position in Inter-Collegiate Quiz Competition, in Vision 2025: Karnataka, MCC.

• Shraddha & Kavita – 2nd position in Hunger Games, Altius 2017, Christ University

• Secured 1st position in policy making on ‘Implementation of Health Policies in Developing Countries’, Christ University, August 2017 – Anuhya and Himani.

• Secured 1st place in creative writing on recent economic events organized by Christ University, September 2017 – Anuhya and Yogitha.

• Secured 1st place in Debate at Cul Week 2017, MCC and 2nd place in Debate at Christ University, September 2017 – Pragati Tiwari


Department of English:-

• Participated And Presented Papers In National Seminars

• Community Development Projects At Various Institutions/Organizations In Bangalore

• Professional Internships.

Department of Human Development:-

• Madhulika KrishnaSwamy (2017 batch) is currently pursuing MS in Child and Family Development from San Diego University, California, USA

• Cynthia Mary (2017 batch) is currently working as Child Life Specialist at Manipal Hospital

• Varsha Soni, 2nd MSc Human Development has successfully cleared UGC-NET, 2017.

• Srishti Verdan 2nd MSc Human Development has involved herself in helping the underprivileged children along with NGO named Fly Higher India, Bangalore.

• Ms. Sonu Mary Alex, BSc NDCH 2nd year completed Diploma in Montessori Education with A+ grade, Volunteered at Spastics Society of India. She has also attended National Conference on Redefining the Early Childhood Development Profession in India: Challenges and Potential. She has also won first prize in Flash Mob Campaign organized in association with World Breastfeeding week

• Ekshetha, NDCH 1st year, member of Indian Dance Association, MCC got 1st prize in Indian Dance group event held at ITSC, Bangalore and CMS.

Films made for:

• Independence Day, MCC
• Annual Day, MCC
• JSA, a premier law firm in Bangalore

Shot and edited a documentary for the NGO: Swastha

Films made for:

• Korrapati Anuhya - Qualified for JRF – NET/ UGC, November 2017
• Anuhya - Secured 4th position in Eloction – Importance of infrastructure in Economic Development.
• Anushka and Sheyashi secured 1st Place in Inter-Collegiate Quiz Competition, in Vision 2025: Karnataka, MCC.
• Shraddha Jain & Anushka Sharma – secured 1st position in Junkart - Culweek, 2017, MCC
• Shraddha & Kavita – 2nd position in Hunger Games, Altius 2017, Christ University
• Secured 1st position in policy making on ‘Implementation of Health Policies in Developing Countries’, Christ University, August 2017 – Anuhya and Himani.
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• Independence Day, MCC
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• JSA, a premier law firm in Bangalore

Shot and edited a documentary for the NGO: Swastha

Films made for:

• Yellow Umbrella Productions
• Lowe Lintas
• Doordarshan
• to name a few...
Department of Mathematics:

- PG Students attended the two days workshop on R-Programming, at Reva University Bangalore during 11-12th January 2018.

Department of Physics:

- Bhumika Thoudam of III PCM completed her summer internship programme in May 2017 and did her research oriented studies on the topic “Assessment of natural radiation dose rate in and around Ukhrul town of Manipur” under the guidance of Dr. B Arunkumar Sharma, department of Radio diagnosis/ Radio therapy, Regional Institute of Medical sciences, Imphal and M. Joyshangkar Singh, assistant professor in Radio Imaging Technology, Dhanamanjuri Community college, Imphal.
- Bhumika Thoudam of III PCM won the III prize in National Arveshika Experimental Skill Test NAEEST 2017 conducted on 3rd Sept 2017 at Maharani Lakshmi Ammanni College (Autonomous) under the aegis of National Arveshika Network of India, Indian Association of Physics Teachers(IAPT), Arveshika, Bangalore.

CENTR FOR EXTENDED EDUCATION (CEE)

There is an imperative need today to prepare our youth to be successful citizens in a global society. In order to meet these challenges of education in a fast changing world, Centre for Extended Education Mount Carmel College offers a wide range of credit courses across the spectrum of multiple disciplines, to make learning a rich and complete experience.

Some of the courses offered are Web designing, ASP.NET technologies, Women health & hygiene, Environment Journalism, creative writing, Photoshop, Film appreciation, Ornithology, Equity stock market, Orientation Program in entrepreneurship, Psycho social wellbeing using multi arts and play. Aerobics, Quilling, Terracotta Jewellery, Yoga, Billiards, Lead-It’s application and impact, CDP on local health tradition, Basics of German, Italian, Spanish & Japanese, Fun with Finger’s, Puppetry, Embroidery, Secret Intelligence, Transition to adulthood etc...

Training offered for Competitive Exams

1. Common Admission Test (CAT)
2. Civil services UPSC Training (IAS, IFS, KAS)
3. Campus Recruitment Training (CRT)
4. Bank PO/Clerical, SSC, LIC, GIC, Railways Entrance Examination Training
5. Toast Master’s Club (TMC).

PLACEMENT REPORT FOR THE YEAR 2017-2018

Activities for the academic year started with an orientation program. At MCC, we are continuously working on grooming the skills of our students to make them ‘job-ready’. The placement cell conducted various activities throughout the year that included seminars and workshops giving students an insight about the various career opportunities that they could explore. These workshops included mock interviews, developing soft skills, and training students to make them job-ready. The placement cell conducted regular aptitude tests in Math, logical reasoning and verbal ability to enable the students to successfully clear the preliminary tests conducted by companies.

Students from all disciplines undergo career counseling by a professional counselor throughout the year.

A few such seminars and workshops as mentioned below were conducted for the students by top professionals from the industry:

<table>
<thead>
<tr>
<th>Companies/Institutes</th>
<th>Seminars &amp; Workshops</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Launcher</td>
<td>Seminar – Opportunities in the Banking Sector &amp; Bank exams &amp; Aptitude</td>
</tr>
<tr>
<td>Aptech Aviation &amp; Hospitality Academy</td>
<td>Seminar – Career Prospects in the Aviation Industry</td>
</tr>
<tr>
<td>T.I.M.E</td>
<td>Briefing session on GMAT &amp; GRE - (Study Abroad) Preparation for these Competitive exams CAT Briefing session Talk session on Banking &amp; Govt. Jobs preparation</td>
</tr>
<tr>
<td>Hindustan Unilever Limited (Rexona Confidence Academy)</td>
<td>Workshop – Personality Development &amp; Grooming</td>
</tr>
<tr>
<td>Telarang</td>
<td>Internship Workshop for IIInd years</td>
</tr>
<tr>
<td>Teach for India</td>
<td>Fellowship camps</td>
</tr>
<tr>
<td>Planet Education</td>
<td>Interactive Activity based Seminar - “Advantages and Opportunities of Studying Overseas”</td>
</tr>
<tr>
<td>Career Launcher</td>
<td>Impact of GST in the General</td>
</tr>
<tr>
<td>KPMG India</td>
<td>Informative session on Chartered Accountancy</td>
</tr>
<tr>
<td>Ernst &amp; Young</td>
<td>Talk session – Updates &amp; trends in Cyber Security</td>
</tr>
<tr>
<td>Deloitte</td>
<td>Building a Successful Career in Professional Services firms</td>
</tr>
<tr>
<td>KPMG Global</td>
<td>Digital disruption in the Insurance sector</td>
</tr>
<tr>
<td>Accenture</td>
<td>Self Awareness</td>
</tr>
<tr>
<td>Barclays in association with NASSCOM</td>
<td>Business Writing and Email etiquette, Soft Skills and Communication for Quick and lasting impression</td>
</tr>
</tbody>
</table>

HIGHLIGHTS OF THE YEAR 2017-2018

Articleship offered by KPMG, Deloitte, PWG, GS, MA Braganza & Associates.

Internship, summer and winter placements and live projects are offered in different industries, across various verticals and roles.

National Level Competitions:
- Deloitte - Graduate School Maverick [the leadership challenge]
- KPMG International Case Competition 2017 – 18
- YES BANK - Innovative Idea Contest
- SAP Lab - Semicolon: A Hackathon by Scholar@SAP
- Wipro Contest - on Data Privacy, Brand Quiz & Wipro Photo Caption Contest
- Career Fair 2018 - Placement Cell of MCC hosted Career Fair on 3rd March 2018 providing over 150 students with interesting internship opportunities in 15 Start-Up Companies.

The number of organizations and the compensation has consistently increased over the years. The Companies organize an interactive session with the selected students to apprise them of their work culture. There has been a significant increase in the number of companies which come for campus placement every year. We are proud to state that we get excellent feedback on the performance of the students from the companies.
CENTRE FOR SCIENTIFIC RESEARCH AND ADVANCED LEARNING

DBT star college scheme recognition for seven departments (Zoology, Botany, Chemistry, Physics, Electronics, and Mathematics & Microbiology). Release of first installment 50Lakh out of 77lakh. “Bioinformatics for Beginners” workshop was conducted and held on 14th July 2017 for in-house PG students and outsiders.

“Analytical training in Instrumentation” Under DST FIST for post graduate students on 30th and 31st August 2017. Department of Scientific Industrial Research (DSIR), GOI recognition for the institution as Scientific and Industrial Research- Organization (SIRO) is extended till 2019.

Total: 19 projects are selected under the academic year 2017-2018
Major research projects: 6 Major projects
Minor research projects: 13 Minor projects

Minor research projects: 13 Minor projects
During Teachers Day programme (September 5th 2017) through the Research Centre, certificates were issued for all the faculty who completed management funded projects and published their work in the research journal, Carmelight. Incentives were given for the faculty who published their papers in UGC listed and 0.8 above impact factored journals.

Dr. Gayathri S S Devi Under DST WOS-b Women Scientist Scheme
Title: Promotion of Environment by Safe Farming in Selected Rural Areas by Using Vermicompost Products, Bio-Fertilizers, Bio-Control Agents and Bio-Pesticides.
Total sanctioned amount: Rs 26, 43,000/-. Sanctioned year: 2017

INTER - COLLEGIATE COMPETITIONS – PRIZE WINNERS

Commerce Association:

<table>
<thead>
<tr>
<th>IIT, Mumbai</th>
<th>Nitanjali</th>
<th>Poojitha Bhaskar</th>
<th>III</th>
</tr>
</thead>
<tbody>
<tr>
<td>Western Music</td>
<td>Angeline</td>
<td></td>
<td>I</td>
</tr>
<tr>
<td>CMS College</td>
<td>Art out of waste</td>
<td>Varshitha, AnjalNayak &amp;Rukhi Jain</td>
<td>III</td>
</tr>
<tr>
<td>Western Music</td>
<td>Angeline</td>
<td></td>
<td>I</td>
</tr>
<tr>
<td>Group dance</td>
<td>Priya .P &amp; Group</td>
<td></td>
<td>II</td>
</tr>
<tr>
<td>SJCC</td>
<td>Dhwani</td>
<td>Riya Lunda</td>
<td>II</td>
</tr>
<tr>
<td>Kristu Jyanthi College</td>
<td>HR event</td>
<td>Aathira &amp; Dishita</td>
<td>III</td>
</tr>
<tr>
<td>Treasure Hunt</td>
<td>Juhi Asrani &amp; Nida Aejaz</td>
<td></td>
<td>II</td>
</tr>
<tr>
<td>Jain College Jaynagar</td>
<td>Western Music</td>
<td>Angeline</td>
<td>I</td>
</tr>
<tr>
<td>Western dance</td>
<td>Priya .P &amp; Group</td>
<td></td>
<td>II</td>
</tr>
<tr>
<td>Ramnath College</td>
<td>Western dance</td>
<td>Priya .P &amp; Group</td>
<td>I</td>
</tr>
<tr>
<td>St.Johns College</td>
<td>Western dance</td>
<td>Priya .P &amp; Group</td>
<td>I</td>
</tr>
<tr>
<td>JNC College</td>
<td>Marketing</td>
<td>Harshita &amp; Swaahili</td>
<td>III</td>
</tr>
<tr>
<td>Deccan Herald College</td>
<td>Stage Play</td>
<td>Raveena Sharma &amp; Group</td>
<td>III</td>
</tr>
<tr>
<td>Christ College</td>
<td>Mme</td>
<td>Raveena Sharma &amp; Group</td>
<td>I</td>
</tr>
<tr>
<td>Global Cancer Patience</td>
<td>Social service</td>
<td>Lavanya.SS</td>
<td>I</td>
</tr>
<tr>
<td>Bangalore University</td>
<td>Cricket</td>
<td>Monisha.S</td>
<td>II</td>
</tr>
</tbody>
</table>

Communication Club:

| Jyoti Nivas College, Bangalore | Jyoti Nivas College, Bangalore | Rang Manch – Theatre Festival- held in February 2018 | Ahalya Narayanan, Naureen Begum, Nina Karan, Anushree Bharadhwaj, Sreethana Saraswat, Cassandra Ekham, Nirala Subbaiah, Niranjana Sivaram, Monisha Bhart, Priyadarshini Kendai, Sharada Saripathy, Trisha Appanna | II |
| SJCC              | Dhwani – Meme Creation | Mekana Muralti, Bhargavi M.S. | II |
| SJCC              | Dhwani - JAM | Akansha Nene | I |
| Christ university | Alta Vista – Moving Frames | Divya Suresh, Darshana Phatowali, Chaganti Sakshi, Mishri Satsr, Esha Iyer | II (Documentary Film Making) |
| JNC              | Mediationm- Beyond thoughts | Divya Suresh | II |
| People’s Conference 2017, Kochi | Head of International Press – Our MUN, Kochi, 2017 | Akansha Sharma | Best Reporter Commendable Delegate |

Fashion & Apparel Design:

| St. Josephs college - DWHANI | Fashion team | II |
| St Johns college | Fashion team | II |
| LASYA | Fashion team winners |
| Jain Jayanagar | Fashion team | II |

Computer Science Association:

| Christ University | Frames | Neena, Monika, Gerline | I |
|Coding and Debugging | Lohan, Gerline | II |
|IT Jam | Nancy | I |
|Presidency College | IT Manager | SimanRana | I |
|IT Quiz | Prathiba, Darshika | II |
|Women who Code | Swetha S, Kalavani V | III |

Women who Code | Swetha S, Kalavani V | III |
### MCA – IT CLUB:

<table>
<thead>
<tr>
<th>College</th>
<th>Digital Collage</th>
<th>Marketing</th>
<th>SUR-SANGRAM, Inter-Collegiate IT fest, 16th &amp; 17th November, 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surana College</td>
<td>Helen Bindu</td>
<td>Banyarani Nayak</td>
<td>Banyarani Nayak Bhavya Nagendra Dasari Archana Helen Bindu Jaya Rathoria Sneha Samuel Overall Champions – Runners Trophy</td>
</tr>
<tr>
<td></td>
<td>Sneha Samuel</td>
<td>Dasari Archana</td>
<td></td>
</tr>
</tbody>
</table>

### Mathematics:

<table>
<thead>
<tr>
<th>University</th>
<th>Event</th>
<th>Winner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christ University</td>
<td>Mathematical Tilling</td>
<td>Mogana Devi</td>
</tr>
<tr>
<td></td>
<td>Spell Bee</td>
<td>Sreya &amp; Ranjani</td>
</tr>
<tr>
<td></td>
<td>Mathematical Modelling</td>
<td>Mogana &amp; Pushpitha</td>
</tr>
<tr>
<td></td>
<td>Dumb Charades</td>
<td>Shivani, Pujitha &amp; Harini</td>
</tr>
</tbody>
</table>

### Journalism:

<table>
<thead>
<tr>
<th>Institute</th>
<th>Event</th>
<th>Winner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>BITS Hyderabad</td>
<td>Debate (Regional Level)</td>
<td>Sayantika Majumder</td>
</tr>
<tr>
<td></td>
<td>Debate (National Level)</td>
<td>Sayantika Majumder</td>
</tr>
</tbody>
</table>

### Psychology:

<table>
<thead>
<tr>
<th>Institute</th>
<th>Event</th>
<th>Winner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christ College of Social Sciences</td>
<td>Dr Psygnosis</td>
<td>Pavani Suresh and Anushua Aich</td>
</tr>
<tr>
<td>St. Joseph’s College</td>
<td>Human Rights Day</td>
<td>Pavani Suresh – Presented a Paper on Solid Waste Consolation</td>
</tr>
</tbody>
</table>

### Sociology

<table>
<thead>
<tr>
<th>Institute</th>
<th>Event</th>
<th>Winner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christ University</td>
<td>Young States Man Award on 28th August 2017</td>
<td>Ms Niharika Medapati</td>
</tr>
<tr>
<td>NIMHANS</td>
<td>Conscientia – suicide prevention campus competition</td>
<td>II MSc Students Special mention</td>
</tr>
</tbody>
</table>

### Home Science:

<table>
<thead>
<tr>
<th>Department of Agriculture, Government of Karnataka in association with Mount Carmel College, Autonomous</th>
<th>Event</th>
<th>Winner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Short video making Competition on ‘Millet the Miracle grain’ - Intercollegiate Competition</td>
<td>Husna &amp; Ayesha shriff II year Home Science</td>
</tr>
<tr>
<td></td>
<td>Baked products with Millets</td>
<td>Rachel Paul II year Home Science</td>
</tr>
</tbody>
</table>

### Nano Science & Technology:

| Indian institute of Science | “Think nano” Conference | Sarika Joshi, Aparna Basavaraaj allan navar | Best Poster Award |

### Statistics:

<table>
<thead>
<tr>
<th>Manipal University (Anvesha-2017)</th>
<th>Event</th>
<th>Winner(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Report Presentation</td>
<td>Dipti Miharia Shristi Gope</td>
</tr>
<tr>
<td></td>
<td>Potpourri</td>
<td>Dipti Miharia Shristi Gope</td>
</tr>
<tr>
<td></td>
<td>Extempore</td>
<td>Manjusha George</td>
</tr>
<tr>
<td></td>
<td>Stock market Event</td>
<td>Arundhati Varma</td>
</tr>
<tr>
<td>Christ University (Inference-2017)</td>
<td>Green Screen</td>
<td>Tarinka Chaurasia</td>
</tr>
</tbody>
</table>
**St. Joseph's College ( Datagram 2.0)**

<table>
<thead>
<tr>
<th>Event</th>
<th>Winners</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAD ADS</td>
<td>Tarnika Chaurasia, Arundhati Varma, Syona Jaimy</td>
</tr>
<tr>
<td>What If</td>
<td>Tarnika Chaurasia</td>
</tr>
<tr>
<td>Lecture Contest</td>
<td>Tarnika Chaurasia</td>
</tr>
<tr>
<td>Treasure Hunt</td>
<td>Tarnika Chaurasia, Arundhati Varma, Syona Jaimy, Payal Sachdev</td>
</tr>
</tbody>
</table>

**Tourism & Travel Management**

<table>
<thead>
<tr>
<th>College</th>
<th>Event</th>
<th>Students of Tourism Association</th>
<th>Overall Championship Trophy</th>
</tr>
</thead>
<tbody>
<tr>
<td>SJCC, Bangalore</td>
<td>Turas 2017</td>
<td>Students of Tourism Association</td>
<td>Overall Championship Trophy</td>
</tr>
<tr>
<td>St Claret College, Jalahalli, Bangalore</td>
<td>Crescensia 2017</td>
<td>Students of Tourism Association</td>
<td>Overall Championship Trophy</td>
</tr>
<tr>
<td>Alta Vista, Sept, 2017</td>
<td>Logo Punch</td>
<td>Diksha B, Celesty K, Nida A</td>
<td>I</td>
</tr>
<tr>
<td>Christ University</td>
<td>Travel Writing</td>
<td>Aiman Fathima</td>
<td>I</td>
</tr>
<tr>
<td>Bangalore</td>
<td>Voyager</td>
<td>Zainab S, Bharti Jain</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Kotler's Quotient</td>
<td>Manvi Sinha, Uthami Raju</td>
<td>Participated</td>
</tr>
<tr>
<td></td>
<td>Extasis</td>
<td>Sana Afshan</td>
<td>Participated</td>
</tr>
<tr>
<td></td>
<td>St. Joseph's College of Commerce</td>
<td>Workshop Seminar</td>
<td>I</td>
</tr>
</tbody>
</table>

**Sanskrit**

<table>
<thead>
<tr>
<th>College</th>
<th>Event</th>
<th>Winners</th>
<th>Prize</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jain University</td>
<td>Gita Gayanam</td>
<td>Magadi Harish Mahima</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Shlokachitramam</td>
<td>Neha</td>
<td>III</td>
</tr>
<tr>
<td>Christ University</td>
<td>Sanskrit Quiz</td>
<td>Mahima Harish, Anruthavalli</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Sanskrit Group song</td>
<td>Mahima, Anruthavalli, Sahana Gopinath and Boomika</td>
<td>II</td>
</tr>
<tr>
<td></td>
<td>Sanskrit Dumb Charades</td>
<td>Boomika and Mahima</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Shloka Picturization</td>
<td>Prathik Prasad</td>
<td>II</td>
</tr>
</tbody>
</table>

**Indian Dance Association**

<table>
<thead>
<tr>
<th>College</th>
<th>Event</th>
<th>Winners</th>
<th>Prize</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta Vista Christ University</td>
<td>BITS Goa - WAVE'S</td>
<td>thematic group dance, IDA Group</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Jaysa - CMS</td>
<td>Indian group dance</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Solo</td>
<td></td>
<td>III</td>
</tr>
<tr>
<td></td>
<td>Parvega - Indian Institute of Science fest</td>
<td>Indian group dance</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>St Anzis Fest 2017</td>
<td>Bollywood group dance and solo dance</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Dhwan - SJCC</td>
<td>Indian Group &amp; Solo Dance</td>
<td>II</td>
</tr>
</tbody>
</table>

**Physics**

<table>
<thead>
<tr>
<th>College</th>
<th>Event</th>
<th>Winners</th>
<th>Prize</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sharanya H - III PME</td>
<td>A. Kruthi, Katherine Jimmy &amp; Ashmuly Sebastian</td>
<td>Runners up</td>
</tr>
</tbody>
</table>

**Business Management Association**
## SPORTS & GAMES – 2017-18

<table>
<thead>
<tr>
<th>Games</th>
<th>Name of the Student/Group</th>
<th>Achievements</th>
</tr>
</thead>
<tbody>
<tr>
<td>BASKETBALL</td>
<td>College Team</td>
<td>Winners at the PES inter collegiate tournament. Runners at the Christ Law College inter collegiate Basketball tournament. Runners at the Bangalore University inter collegiate tournament. Runners at the Malleswaram inter collegiate tournament. Runners at the SFS inter collegiate tournament. Runners at the KHEL-18 inter collegiate Basketball tournament conducted by Mount Carmel College.</td>
</tr>
<tr>
<td></td>
<td>Gomedha</td>
<td>Represented state at the Mathru Cup tournament held in Bengaluru and were Winners. Represented State at the State Olympic Basketball tournament held in Bengaluru and were Winners. Represented State at the Association cup Basketball tournament held in Bengaluru and were Runners. Represented State at the National Association cup Basketball tournament held in Pondicherry.</td>
</tr>
<tr>
<td></td>
<td>Gomedha &amp; Mariam</td>
<td>Selected to represent Bangalore University for the All India Inter University Basketball Tournament held at Anna University, Coimbiore.</td>
</tr>
<tr>
<td>CHESS</td>
<td>Nisha Shree</td>
<td>Secured Seventh place at the Bangalore University inter collegiate Chess Tournament</td>
</tr>
<tr>
<td>CRICKET</td>
<td>Likitha V.G. &amp; Monisha Radha.B</td>
<td>Selected to represent Bangalore University for the All India Inter University Cricket Tournament held at Bangalore University, Bangalore.</td>
</tr>
<tr>
<td></td>
<td>Likitha V.G.</td>
<td>Selected to represent Karnataka at the Pre Cricket League held in Mysore.</td>
</tr>
<tr>
<td>FOOTBALL</td>
<td>Preethi. E.Sadanandam &amp; Ateka. D. Vanak</td>
<td>Selected to represent Bangalore University for the All India Inter University Football Tournament held at Annamalai University, Chidambaram.</td>
</tr>
<tr>
<td>HOCKEY</td>
<td>SOUMYA.P MONISHA.D</td>
<td>Represented Karnataka at the All India Hockey tournament held at Ananthpur.</td>
</tr>
<tr>
<td>KABADDI</td>
<td>DEEKSHITHA.K</td>
<td>Selected to represent Bangalore University for the All India Inter University Kabaddi Tournament held at Mangalore University, Mangalore.</td>
</tr>
<tr>
<td>KHO-KHO</td>
<td>Meenakshi</td>
<td>Selected to represent Bangalore University for the All India Inter University Kho-Kho Tournament held at Mysore, Mysore University. Represented Karnataka at the District Kho-Kho Tournament held in Bangalore and were WINNERS. Represented Karnataka at the State Kho-Kho Tournament held in Mysore and were WINNERS. Represented Karnataka at the State Kho-Kho Tournament held in Mysore and Got 3rd place.</td>
</tr>
<tr>
<td>SHUTTLE BAD-</td>
<td>SUHANA &amp; VIDHUSHA</td>
<td>Selected to represent Bangalore University for the All India Inter University Shuttle Badminton Tournament at Andra University, Vizhakapatnum.</td>
</tr>
<tr>
<td>MINTON</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SPORTS CLIMBING</td>
<td>SONALI PEREIRA</td>
<td>Represented India at the Bouldering World Cup held at Navi Mumbai.</td>
</tr>
<tr>
<td>SWIMMING</td>
<td>VISHAKAJ</td>
<td>Selected to represent Bangalore University for the All India Inter University Swimming Tournament held at Chandigarh. Won Medals in the following events: 1. 200 mts Backstroke – I Place 2. 100 mts Butterfly - I Place 3. 50 mts Butterfly - I Place 4. 800 mts Freestyle - II Place 5. 100 mts Backstroke - II Place 6. 200 mts Backstroke - II Place 7. 50 mts Freestyle - II Place 8. 50 mts Backstroke - II Place 9. 100 mts Freestyle - III Place.</td>
</tr>
<tr>
<td>SOHA</td>
<td>NIKITA PINTO</td>
<td>WINNERS at the Bangalore University inter collegiate tournament. WINNERS at the Christ University inter collegiate tournament. Selected to represent Bangalore University for the All India Inter University Tennis Tournament held at Sreeetha University Chennai. South zone All India Inter University bronze medalist. Felicitated by Bangalore university with prize money for getting a bronze medal in south zone inter university matches.</td>
</tr>
<tr>
<td>TENNIS</td>
<td>SOHA &amp; NIKITA PINTO</td>
<td>Singles winner at National sports and games development society and All India Tennis Association Womens 1 lakh prize money. Doubles winner in 3 lakh Womens national ranking tennis tournament conducted in Chandigarh. Winner of all India tennis association Womens 50k tennis tournament conducted by topspin tennis Academy Bangalore. Runner-up of all India ranking Tennis tournament held at Patna. Semifinalist in singles and finalist in doubles at the Shalimar cup Tennis tournament held at Lucknow.</td>
</tr>
</tbody>
</table>
ASSOCIATION ACTIVITIES AND SPECIAL PROGRAMMES

Student Union
- Conducted regular workshops to bring about team spirit among the Union and the Associations
- Conducted regular “Meet the Union” sessions, to facilitate better communication.
- Encouraged every Carmelite to participate in all inter and intra collegiate fests.
- Highered the bar of Fresher’s week, Cul Week, Cul Ah and Khel.

Business Management Association
- Organised Industrial Visits to CIPSAC TECH Bangalore, KISIC Mysore, Sandal Wood Oil Factory Mysore.
- Organised industrial visit to “Stock Institute”, Bangalore
- Organised educational trip to European countries and visited Mercedes Benz, German Chocolate Factory, Netherland Cheese Factory etc.

Commerce Association
- Cross Currents as The Quantum Leap
- Under Currents as Ranneeoi
- Events were also conducted during Fresher’s week, Cul-week and Cul-Ah

Language Associations
Sanskrit Association- Gaivrani
- Conducted events during Fresher’s Week events- Treasure Hunt and Sketching, Cul-Week Events- Dumb Charies and Solo Singing Competition, Manan Event- Smriti Pareeksha, Cul-Ah events- Abhinaya and Parampara
- Sanskrit Seminar on skill development- Smriti Pareeksha
- Community Development Program helping students of Bharatiya Public School, Vasanth Nagar.

Hindi Association
- Fresher’s week - Drama and Creative Writing
- Cul-Week - Kavitha Vachan and Debate
- Cul-Ah - Group song and dance
- Hindi Divas (Main event) - Guest lecturer
- Kavi Samelan - Painting and Mehendi, felicitation of department teachers

Kannada Sangha
- Conducted events for Fresher’s week, Cul-Week, Cul-Ah and Manan.
- Organised Dolly Kunith, theatre workshop and performed.
- Participated in many intra and inter collegiate fests.
- Organized and performed in “Kannadaotsava” which is an annual Kannada festival.

The German Department
- Conducted Fortune Kuchen, Memory Spiel events for Fresher’s week, Treasure hunt for Cul-Week, Humanities Fest and Needle on Point for Cul-Ah.

History Association
- Events conducted during Manan, Cul-Ah, Fresher’s week, Cul-Week

Environment Science
- World Environment Day celebrations
- Cycliation participation
- OHRI Project volunteering, Industrial visit to Toyota

Tourism Association
- Organised various events and competitions for Participants during FRESHERS WEEK, CUL-WEEK, MAN-AH-HUMANITIES FEST & Cul-Ah.
- Conducted Educational Tour to Coorg, Hampi and Malaysia/Singapore for students.
- Students actively participated in Intercollegiate Competitions and workshop held at Ramaiah University, Christ University, St. Claret College, SJCC, JNC, Garden City University.
- Won OVERALL CHAMPIONSHIP TROPHY in Christ College, SJCC & St Claret College.
- Conducted Iire Festum- Sports Tourism
- Released Annual Newsletter.

Communication Club
- Events during Fresher’s Week, Cultural Week and CulAh.
- Parents’ day: Macbeth: A Production by the Department of Communication.
- Film and Documentary Screenings by the final year students, 2018 batch

Sociology Association:
- Conducted events during Fresher’s week, Mannan & Human Rights Day.
- Organised many guest lecturers by Ms Savitha Vatsala on Women and Law – Sexual harassment at workplace
- Dr. Madhurima enlightened the final year students on Research Methods and Techniques
- A lecture on Statistical Measures was also conducted by Ms Ashwini
- Mr. Raghavendra S, an advocate also lectured and enlightened the students on the issues that women face and its legal aspects.
- Organised a field visit for all sociology student of the second year UG to JanapadaLoka Museum at Ramnagara.
- A batch of students pursuing industrial sociology as an industrial visit visited one of the famous soap factory in the country, Mysore Sandal Soap Factory.

Psychology Association
- Fresher’s week- Ms Personality & Psychological testing.
- Cul-week- Ms Personality & Psychological testing.
- humanities fest- Psychodrama & Ms Personality.
- Cul ah- Psychodrama & Zumba session,
- Psych Symposium- Panel discussions and five workshops on relationships

Political Science Association
- The Department of Political Science in association with the Department of Journalism, organized a talk by Dr. Shashi Tharoor, MP on “Colonialism has left the shores but not our imagination”, which was a major highlight of the Department’s activities.
- Conducted various fun-filled events like “Who’s the Sherlock”, “Political Debate”, “Guess who”, “Monaco” and other such events during Fresher’s week, Culweek, Cul-ah and Manan
- The Department of Political Science in association with Janaagraha, organized a civic event “Bengaluru Naagarkarna Utsava”, with Mayor Sampath Raj as the Chief Guest.
- Introduced an Inter Departmental Blog named “Lyceum” and the Department also has an Annual Newsletter which is into its third year now.

Science Association
- Annual Science Fest – “Prathimbib-Akatri” celebrating Shapes and Forms
- Keynote Speaker – Shri H R Madhusudan, Senior Scientific Officer, Jawaharlal Nehru Planetarium, Bangalore
- Debate Competition and Lecture Contest
- Workshop on “Chemistry is Fun” by Prof. Uday Maitra, Indian Institute of Science, Bangalore

Environmental Science
- World Environment Day celebrations
- Cycliation participation
- OHRI Project volunteering, Industrial visit to Toyota
Birdwatching shows and seminars by noted speakers on Ecology and Sustainable Energy

Events for Science Fest, Cul Week and Cul Ah

E-waste drive in college and Vasanthnagar

Zoology Association

• Freshers' Week - Zoomania
• Cul Week - Clay Modelling and 3 in 1 Event (Heads up, Puzzle, Hogathon)
• Cul Ah - Face Painting and Spin the Wheel
• Science Fest - Nest out of Waste, Pet Show and Audimetry

Microzone
• A one-day seminar was conducted by the department on 25th November, 2017 that revolved around scientific writing and translation of research to journals.
• We commemorated the occasion of world AIDS Day on the 1st December ‘17. Posters on bulletin and cards with snippets observing the day were tied around the campus with red ribbons.
• The science fest was celebrated on the 14th December foreseeing a blood group drive.
• A DBT sponsored guest lecture that discussed the opportunities in biotechnological industry and its prospects after science graduation was organised by the department on the 13th January, 2018.
• We have hosted a number of events on various occasions through out the year.

Electronics Association

• Freshers’ Week - Pictionary and Crossword
• Cul-Week - Junk-Art and Dumb Charades
• Cul-Ah – Circuit Analysis and Project Exhibition
• Science Fest - Quiz

Interior Design Management Association

• Cul-AH - Twisted Ludo - Bollywood questions instead of dice, Sack it up - Students showcasing their sporty spirit.
• Science Fest - Collage - Design a piece with 5 different textures, Pot painting - Students portraying their creativity with colors.
• ASIAN PAINT “LEAP” - Actively participated in learning everything about paint.
• Botany Association “Prakruthi”
• Conducted events during Fresher’s week, Cul week, Cul-Ah, and the science fest.
• Conducted workshop on “Herbal wealth and primary health care”.
• Publishing the Botany magazine “BLOSSOM”.
• Various field trips to Devranyandur, Gorsavanahalli, & St. Mary’s island. Industrial trip “Biozone” was organised.
• A talk on “Microalgae” by Dr. C Dayananda was also successfully held.

Department of Biotechnology

• Fresher’s Week: (a) TRI MARATHON
• CUL WEEK: (a) Virtual Dub smash (b) Capture The Flag
• Cul Ah: (a) Queen’s Cup
• Industrial visit: (a) Daily Dairy (b) Indo-American Hybrid Seeds
• Science Day: (a) Model making (b) Food and Accessory stall (c) Wine stall
• Guest Lecture

Nutrition and Dietetics Association

• Events like ADZAP, Channel Surfing, Treasure Hunt & Funk From Junk were conducted during Fresher’s week and Cul week.
• Breastfeeding Week (1st – 7th august) was conducted by doing a flash mob. Posters used in the flash mob created awareness about the importance of breastfeeding.
• RAJ RASOI’, a cooking event was conducted during Cul-ah.
• A TALK by Mr. JUBIN GEORGE was conducted on FOOD ADULTERATIONS during Science fest.
• DIETETICS DAY was celebrated in college in the month of January by conducting various events such as Pick & Speak, Comic Strips, Interaction with Kids, Pictionary, Flashmob, Exhibition Of Cancer Receipes For Cancer Patients.
• Will be releasing newsletter ‘NUTRIZIONE’ in the month of February.

Department Of Statistics and Analytics

• Fresher’s Week: Connectalytics and Watch & Learn, Cul-week: Potpourri and Cross Ventures, Cul-ah: Cross Ventures and Royalty Statistics
• Participation in Manipal University Fest ‘ANVESHA’
• Prathibimb Akriti (Science Day): Knotty Statistics and interactive session by Mrs. Lakshmi Pawar
• Visit to NSSO
• A two-day Faculty Development Programme: ‘Exploring The Power Of Ms-Excel’

• A one-day workshop: “Effective use of MS-EXCEL in Administration” for the Administration & Library staff of MCC
• Community Development Programme
• Final year B.Sc. students conducted sample surveys that involved the collection of primary data, carried out its analyses. Each of the ten groups showcased their findings to all the faculty and students of the department on the Project Presentation Day (13th and 27th January 2018)
• The department annual newsletter ‘Sankhyaki’was released during the last week of February.

Mathematics Association

• Conducted events during Fresher’s week, Cul week and Cul Ah!
• Conducted an Origami Workshop during Science Fest.
• Released the newsletter MATHEMALITE

Fashion And Apparel Design

• Events conducted during fresher’s week, Cul-week and Cul-ah.
• Seminars conducted by Shilpi Choudhary and Divya Chugh.
• Industrial visits for the students.
• Fashion shows called as Neo-Fashionista, Goldenista and Fashionista.

Human Development

• Organized Workshop on “Sensitization Programme on Marginalised Communities”, To orient students about marginalized communities To sensitise students on the problems faced by marginalized communities, on 1st Feb 2018 at Hindu BalikaPathshalaya, Shivajinagar. 2nd Feb 2018, Goodwill’s Girls’ High School, Promenade Road, Fraser Town, Bangalore.
• Workshop conducted during science fest: “Breaking free from mindset boundaries

Home Science Association

• Freshers week : DIY T-shirts Cul-Week : Minute to win it, Hogathon, Stali- ‘Trinket’ Cul-ah : Antiquity Drape to Glam
• Science Fest : Talks on Eco-Tourism and Food Adulteration
• Nutrition Week : Flashmob on ‘Sustaining Breastfeeding together’
• Host 2 events in ‘International millet trade fair’ in tie with government of Karnataka
AERIS- Department of Chemistry
• Community Development Program(CDP) - Lead – its application and impact (credit program) and Blood-Lead level awareness tests conducted on Science day
• Internship Program: Internship programs; Industry-Academia Interface Seminar by entrepreneurs & presentation by students
• Fresher’s Week, Science Fest and Cul-ah: Sherlock Treasure Hunt, Heads Up, Doodling, Entrepreneurship etc
• Newsletter: Publication of the newsletter “Radiance”
• CDP: Water & air pollution & its effect on health – government schools
• Lecture Series: “Lifestyle Disorders” (in collaboration with Indian Science Academy) Pharmacovigilance, Ethical issues in biological research, Mycology
• Industrial Visit: CFTRI, Sami Labs, Nandini Milk Diary, Anthem Biosciences
• Cul Ah- Face Painting and Spin the Wheel
• Cul Week- Clay Modelling and 3 in 1 Event (Heads up, Puzzle, Hogathon)
• Freshers’ Week- Pictionary and Crossword

Computer Science Department

• IT Club Inauguration
• Fresher’s Week: Coded Pictionary and Web Designing, Cul- week: IT Manager ad Designing, Cul-ah: IT Manager
• Science fest- IOT model exhibition and Pictionary
• Annual Newsletter release

Quiz Association

• Participated in quizzes conducted by Joseph’s, National School of Journalism, IISc Bangalore, Jain University, St. John, Christ University.
• Third in MELA Quiz, third in general quiz by NSJ, 2nd in Christ University.
• Conducted Freshers quiz, Cul-week, Cul Ah-Quest.

Dramatics Association

• Hosted events during Freshers week, Cul week and Cul ah!
• Participated in various fests hosted by other colleges.
• Participated in the Deccan herald theatre fest and won the third place.
• Participated in the JNC theatre fest.
• Attended various workshops conducted by colleges and Deccan herald.
• Participated in the events hosted tortilla entertainment company and got placed.
• Performed at college at various occasions.
Indian Dance Association
- IA conducted Fresher’s week and Cul week by hosting duet and solo dance events.
- Organised Indian group and solo dance events for Cul-ah 2018.
- Performed in various special occasions in college like Parent’s day, International conference, Aluminate meet, Investiture, Commerce day, Independence and Republic day etc.

Public Speaking Association
- Conducted debates, jam, storytelling during manian, cul ah and fresher’s week.
- Conducted first round of a debate competition in association with wishfie and second round to be conducted in February.
- Conducted regular sessions on debate, slams, jams and parliamentary debates achievements.
- Won in verba maxima debate, bits Hyderabad, Jain samyogya fest, Jain cms fest.

Western Music Association
- The Nathaniel School of Music Workshop.
- Hosted Events for Gulah such as Western Acoustics, Battle of the Bands and Lip Sync Battle.
- MMC Concert of Praise hosted in Seventh Day Adventist Church and Indiranagar Methodist Church.
- Conducted exciting events like Who’s that Girl, Slam Poetry, Wiktoryion etc. These events where fun at the same time knowledgeable too.
- Conducted a Zumba Session for the Carmelites.
- Working to make Women’s Day a great success.

National Cadet Corps
- Participants of 5k and 10k in Pinkathon and International Yoga Day, Kanteerva Stadium.
- Local Republic Day; Ski Course in ISIM, Guimarg, J&K; Basic Leadership Camp - Mysuru; National Integration Camps in Mysuru, Karnataka and Kohima, Nagaland; Combined Annual Training Camp; Advanced Leadership Camp in Gormur, Assam; Thai Sainik Camp.
- Conducted ANO Conference for Bangalore Gp A; Felicitation programme for Republic Day cadets of Karnatakka and Goa directorate.

Sports Department
- Events during Fresher’s Week, Cul Week and Manian.
- The College Annual Sports Day.
- Our very own inter-collegiate sports fest - KHEL.
- Encouraged students to take part in International, National, State and Intercollegiate competitions.

Rotaract Club
- Regular newspaper drives.
- Potluck for the club members.
- Talk on ‘Sustainable Monstruation’
- Project to create awareness about health benefits of organic food.
- Visits to children and old age homes, and donation of clothes and sanitary napkins to underprivileged children.

Indian Music Association
- WINNERS of : As Best Indian Act: St. John’s Medical CollegeSt. Anne’sNational College Presidency M.S. Ramaiah St. Joseph’s (Encanta) St. Joseph’s College of Commerce (Dhwani) Layasa (CMS JAIN)Samyogya (Jain University).
- As Best Band: Samyogya (Jain University)The GIG (National School of Journalism), * selected amongst the Best Bands in Bangalore* 2nd
- Various events conducted for : Fresher’s week, Cul-week, Cul-ah! 2018.

National Service Scheme
- Fresher’s week (Blow it off, Doodle queen)
- Organized Blood Donation Camp.
- Organized Labour & Migration Unit and Women’s Unit Seminar by Indian Social Institute.
- Organized Book Collection Drive, E-waste drive with Eco Club, Bharat Yatra
- Organized Dental Health Camp.
- Special Village Camp in Kornangala Village for 10 days.
- Organized Republic Day Mme.
- OH SNAP (Photography Association)
  - Conducted various activities during fresher’s week, cul week, Humanities fest(Manan), and Cul Ah.
  - Participated in different inter collegiate fests and won tremendous awards in photography events.
  - To name a few: won 1st place in Christ college, SJCC and CMS, 2nd place is Jain university.

SCHOLARSHIPS, FREE SHIPS AND OTHER HELP GIVEN TO THE STUDENTS

<table>
<thead>
<tr>
<th>SCHOLARSHIPS, FREE SHIPS AND OTHER HELP</th>
<th>GIVING TO THE STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial Aid</td>
<td>No. of Beneficiaries</td>
</tr>
<tr>
<td>Minority Scholarship</td>
<td>285</td>
</tr>
<tr>
<td>SC/ST Scholarship</td>
<td>84</td>
</tr>
<tr>
<td>Muslim Community Scholarship</td>
<td>45</td>
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<tr>
<td>Jindal Scholarship</td>
<td>03</td>
</tr>
<tr>
<td>PG Single Girl Child - UGC</td>
<td>18</td>
</tr>
</tbody>
</table>

The year began with the Annual Retreat which was conducted for two days in the month of July. The inter college gospel fest, Stauros, hosted over 15 colleges from around Bangalore. Various competitions were held during fresher’s week, cul-week and Cul-ah. Christmas was celebrated by conducting a live crib competition and card making competition for UG students. Charity events were done and children from foster homes were invited to college to share in the joy of Christmas.

Western Dance Association
- Performed for various college events, like Teacher’s Day, Parents Day and many more.
- Organized events during fresher’s week, cul-week and Cul-ah, called I’ve got Rhythm, a solo dance event, and Choreo Night, a group dance event.
- The Western Dance Association or ISync, organized a credit course, by a renowned dancer, who specializes in Hip Hop, House and other Western styles.
- Performed flash mobs in and around the city for KHEL ’18 and a mental health well being company, Inspiron.
- Organized an Anti-Drug Awareness campaign.
- Performed at various fund raisers.
- Participated and won several inter-college national and international festivals like Bits pilani, Goa, Ummad, Layasa, Grisingo, Dhwani, etc.

MCC Toastmasters Club
- Educational session by DTM Chandramouli on ‘How to Evaluate’ on 1 July, 2017.
- 2nd Installation Ceremony of Club Officers followed by a Panel Discussion on 8 July, 2017 on ‘The art of communication at the workplace’.
- Participation and winners in Toastmasters Speech Contests at the Club, Area, Division and District level.
- Educational sessions by DTM Prasad VSV on ‘How to write an Effective Script’ and DTM Kumaran Pethi on ‘Communication Matters’.
- 3rd Installation Ceremony of Club Officers followed by an Educational Session by TM Chandeli Kumar on ‘Stand up, Speak up and Shut up- the Art of Weaving Humour in Speeches’ on January 6, 2018.
- Inter-club Poetry Slam Competition on 24 February, 2018.

Literary Society
- Weekly sessions conducted by individuals with expertise in the subject on various topics such as regional cinema, the dark side of fantasy and fairytales, as well as discussions on topics related to literature.
- Poetry slam introduction workshop by Simran Narwani.
- Discussion and interaction on filmmaking by director Saad Khan.
- Creative writing events during Cul week and Culah.
- Panel discussion

E Cell
- Organized Panel Discussion on “Live Your Entrepreneurial Dream”.
- Conducted workshop on “Tap the Power of the Subconscious mind”
- Launch of New Companies under Myriad.
- ‘The Startup Crunch : A platform where startups pitch their ideas to a panel of established entrepreneurs’
- “Enhance Your EQ Skills to achieve excellence”
- Organized workshop on “Strategic Thinking & Problem Solving” during MCC Santhe (Students register with the E-Cell.)
Sanchi Honnamma Scholarship 260 5,20,000/-
BCM Scholarship 61 3,25,795/-
Sir C.V Raman Scholarship 25 1,25,000/-
Private Scholarship 01 7,500/-
Science & Technology Scholarship 08 56,000/-
Central Sector Scheme Scholarship 34 3,40,000/-
Minority Educational Loan 22 4,40,000/-
SC/ST Above 60% Scholarship 10 2,00,000/-
Total 856 43,09,435/-

Social Service Expenses incurred during the year – 2017-18 (Management)

<table>
<thead>
<tr>
<th>No. of Beneficiaries</th>
<th>Amount spent (Rs.)</th>
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<tr>
<td>Mid Day Meal</td>
<td>100 89,000/-</td>
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<tr>
<td>Scholarship / Concession for the deserving students</td>
<td>97 4,84,000/-</td>
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<tr>
<td>Financial help for the children of the staff</td>
<td>68 10,09,500/-</td>
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<tr>
<td>Medical help</td>
<td>24 1,16,000/-</td>
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<tr>
<td>Social service</td>
<td>40 4,07,300/-</td>
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<tr>
<td>Community Development Project</td>
<td>3 projects 12,06,000/-</td>
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<td>Grand Total</td>
<td>33,05,800/-</td>
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UGC Grants Received for the year 2017-18

<table>
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<th>Amount spent (Rs.)</th>
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<tr>
<td>Autonomy</td>
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<tr>
<td>Total</td>
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</table>

PRIZES AWARDED FOR THE YEAR 2017-2018

II DEGREE

| English          | Rishita Acharya  | B.A HEP |
| Additional English | Anisha Maria Koshy  | B.S.C PMC |
| Kannada          | V. Shivapriya     | B.COM  |
| Hindi            | Nida Anjum       | B.COM  |
| Sanskrit         | Rishita Acharya  | B.A HEP |
| French           | Tarunikka Rishti Rastogi | B.COM IND INT |
| German           | Niharika Saraf   | B.S.C BTCZ |

PART II – Optional

III DEGREE

| History         | Neelakshi Trivedi | B.A HEP |
| Economics       | Manjusha B George  | B.S.C EMS |
| Political Science | S. Roshni Sekhar | B.A PES |
| Sociology       | Sriya Patnaik     | B.A PyES |
| Psychology      | Benita Annie Ninan | B.A PYEJ |
| Optional English | Sahiti Gavarikar  | B.A PYEJ |
| Journalism      | Nivetha D        | B.A PEJ |
| Communicative English | Niranjana S | B.A HONORS |
| Communication English Eng. Dept. | Mishi Sastri | B.A PYE |
| Biotechnology   | Harshitha R      | B.M.TT  |
| Chemistry       | Yashika Bhattacharya | B.S.C NDCH |
| Botany          | Harita Rao G     | B.S.C CBE |
| Zoology         | Syeda Naira Uzma | B.S.C CBZ |
| Physics         | SRIRAKSHA C S    | B.S.C PMC |
| Mathematics     | Nausheen Amber   | B.S.C PCM |
| Electronics     | Achala Singhvi   | B.S.C CME |

Sri. Albinas Prize for Academically bright sociology student instituted by staff of Mount Carmel College – 2011-12.
Mr. S R Tambe Golden Jubilee Prize in memory of his wife Late Smt. Sujata Tambe
The Pallivathuckal Golden Jubilee Prize in memory of Mr. P C Mathew instituted by Mrs. & Mr. Chandy Mathew
Ms. Savithramma & Nagalakshmi Golden Jubilee Prize instituted by Ms B S Nagarathna

Ms. Suma Thomas Golden Jubilee Prize instituted by Mrs. Mariamma Eapen in memory of her father Sri P C Mathew
Ms. C K Shantha Prize & Mrs. Narmada Joshi Golden Jubilee Prize instituted by Mrs. L N Hiregange
Ms’s Atria Hotel Golden Jubilee Prize
<table>
<thead>
<tr>
<th>Course</th>
<th>Student Name</th>
<th>Prize</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Science</td>
<td>Fasiha Anjum. A</td>
<td>M/s NIIT Golden Jubilee Prize</td>
</tr>
<tr>
<td>Statistics</td>
<td>Manjula B George</td>
<td>Ms Anitha Tody Golden Jubilee Prize</td>
</tr>
<tr>
<td>Microbiology</td>
<td>Medha R</td>
<td>Mrs. Feruza Easwaran Golden Jubilee Prize</td>
</tr>
<tr>
<td>Environmental Science</td>
<td>Christina J Ananya</td>
<td>M/s Sivan Securities Pvt. Ltd Golden Jubilee Prize</td>
</tr>
<tr>
<td>Nutrition &amp; Dietetics</td>
<td>Yashika Bhatia</td>
<td>M/s Atria Hotel Golden Jubilee Prize</td>
</tr>
<tr>
<td>Hospitality Mgmt. &amp; House Keeping (H.Sc)</td>
<td>Vidya Viswanathan</td>
<td>M/s JamunaEnterprises Ltd. Golden Jubilee Prize</td>
</tr>
<tr>
<td>Early Childhood Care &amp; Education (H.Sc)</td>
<td>Safa Hasan S</td>
<td>M/s Amrut Distilleries Ltd. Golden Jubilee Prize</td>
</tr>
<tr>
<td>Extension Education (H.Sc)</td>
<td>Vidya Viswanathan</td>
<td>M/s Nanjundeswara Enterprises Golden Jubilee Prize</td>
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<tr>
<td>Food Sci&amp;Food Service Management (H.Sc)</td>
<td>Vidya Viswanathan</td>
<td>M/s Mahajan Textiles Finishers Pvt. Ltd. Golden Jubilee Prize</td>
</tr>
<tr>
<td>Best Home Scientist</td>
<td>Afifah A</td>
<td>M/s Mahajan Textiles Finishers Pvt. Ltd. Golden Jubilee Prize</td>
</tr>
<tr>
<td>Income Tax (BCOM)</td>
<td>Sanjana Hebbar</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Business Law</td>
<td>Samitha S S</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
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<tr>
<td>Corporate Law</td>
<td>Nihar Shakil</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Cost Accounting (BCOM &amp; BMITT)</td>
<td>P Divya</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Auditing (BCOM)</td>
<td>Likitha. C. Chandru</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Advance corporate Accounts (B.Com)</td>
<td>Sharon Fernandez</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Production &amp; Operations Management (BBA)</td>
<td>Safa Aamina</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Banking Law &amp; Practice (BBA)</td>
<td>Safa Aamina</td>
<td>M/s The Bangalore Iron, Steel &amp; Hardware Merchants Association Golden Jubilee Prize</td>
</tr>
<tr>
<td>Business Law (BBA)</td>
<td>Nidhi D Jain</td>
<td>M/s CEE ESS BEE Associates Golden Jubilee Prize</td>
</tr>
<tr>
<td>Income Tax (BBA)</td>
<td>Nidhi D Jain</td>
<td>M/s Vishwadeep Engineers Golden Jubilee Prize</td>
</tr>
<tr>
<td>M.Sc. Life Sciences</td>
<td>Anusha Shenoy</td>
<td>Dr. H.S Padma Prize</td>
</tr>
<tr>
<td>M.A Economics</td>
<td>Vishakha Chugwani</td>
<td>Sr. Alina Prize for securing highest marks in M.A Economics</td>
</tr>
</tbody>
</table>

**SPECIAL PRIZES FOR THE YEAR 2017-2018**

<table>
<thead>
<tr>
<th>Special Prize</th>
<th>Student Name</th>
<th>Prize</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal's Prize for Best Student</td>
<td>Nivetha D</td>
<td>III B.A P.E.I</td>
</tr>
<tr>
<td>Principal's Prize for Outstanding Student</td>
<td>Maureen Almeida</td>
<td>III B.Sc. EMS</td>
</tr>
<tr>
<td>Principal's Prize for Best Prefect: ARTS</td>
<td>Madi Satri</td>
<td>III B.A.PYEC</td>
</tr>
<tr>
<td>Principal's Prize for Best Prefect: SCIENCE</td>
<td>Shahista Jabeen</td>
<td>III B.Sc.NDCH</td>
</tr>
<tr>
<td>Principal's Prize for Best Prefect: COMMERCE</td>
<td>Sanjana Hebbar</td>
<td>III B.COM</td>
</tr>
<tr>
<td>Principal's Prize for Best Prefect: BBA</td>
<td>Aysha Siddeeqa</td>
<td>III B.A</td>
</tr>
<tr>
<td>Principal's Prize for Best Hostelite</td>
<td>Charlene Andrade</td>
<td>III B.A.PYEE</td>
</tr>
<tr>
<td>Principal's Prize for Best Sportswoman</td>
<td>K Rochelle Dilip</td>
<td>III B.A</td>
</tr>
<tr>
<td>Dr. S. Loria Prize for Public Speaking</td>
<td>Maureen Almeida</td>
<td>III B.Sc.EMS</td>
</tr>
<tr>
<td>Maria Philip Award for Best All-Round Performance</td>
<td>Chahat A Jain</td>
<td>III B.COM</td>
</tr>
<tr>
<td>Principal's Prize for a student with Best Managerial Skills</td>
<td>Ashwarya K</td>
<td>III B.COM</td>
</tr>
<tr>
<td>P A Nazareth Memorial Prize for an Outstanding Catholic Student</td>
<td>Mary Clare H</td>
<td>III B.Sc.CIRZ</td>
</tr>
<tr>
<td>Dr. Mrs. Elizabeth S Thomas Prize for an academically bright, differently abled students</td>
<td>D M Renuka Devi</td>
<td>III B.A.HEP</td>
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<tr>
<td>Principal's Prize for Best Student with Maximum Attendance</td>
<td>Afnaan K</td>
<td>III BCA</td>
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<tr>
<td>M/s ITC Limited Golden Jubilee Prize for the Best Sportswoman of the Year</td>
<td>Soha S</td>
<td>II B.COM</td>
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<tr>
<td>Sr. Alina Prize for deserving Sociology student</td>
<td>Megha Varshini K</td>
<td>III B.A.HES</td>
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<tr>
<td>Sr. Juanita Prize for Academically bright and de-serving Commerce Student</td>
<td>Akshitha Jain</td>
<td>III B.COM</td>
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<tr>
<td>Sr. Juanita Prize for Academically bright and deserving Humanities Student</td>
<td>Adapa Rajasri</td>
<td>III B.A.HEP</td>
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<tr>
<td>Award Name (with Institution)</td>
<td>Recipient (Name, Class, Department)</td>
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<tr>
<td>Principal’s Prize for Best Student</td>
<td>Nivertha D (III B.A PEJ)</td>
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<tr>
<td>Principal’s Prize for Outstanding student</td>
<td>Maureen Almeida (III B.SC EMS)</td>
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<tr>
<td>Principal’s Prize for Best Prefect: ARTS</td>
<td>Mishi Saatri (III B.A PYEJ)</td>
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<td>Principal’s Prize for Best Prefect: SCIENCE</td>
<td>Shashisha Jabeen (III B.SC NDCH)</td>
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<td>Principal’s Prize for Best Prefect: BBA</td>
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<td>Principal’s Prize for Best Hostelite</td>
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<td>Principal’s Prize for Best Sportswoman</td>
<td>K Rochelle Dilip (III BBA)</td>
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<td>Dr. S. Lonia Prize for Public Speaking</td>
<td>Maureen Almeida (III B.SC EMS)</td>
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<td>Principal’s Prize for the Most Socially Aware Student’</td>
<td>Monoshree Kaushik (II B.COM)</td>
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<tr>
<td>Maria Philip Award for Best All-Round Performance</td>
<td>Chahat A Jain (III B.COM BPS)</td>
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<tr>
<td>Principal’s Prize for a student with Best Mana-gerial Skills</td>
<td>Anshwarya K (III BCOM)</td>
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<tr>
<td>P A Nazareth Memorial Prize for an Outstanding Catholic Student</td>
<td>Mary Clare H (III B. SC CBZ)</td>
<td></td>
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<tr>
<td>Dr. Mrs. Elizabeth S Thomas Prize for an academically bright, differently abled student</td>
<td>D M Renuka Devi (III B.A HEP)</td>
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<tr>
<td>Principal’s Prize for Best Student with Maximum Attendance</td>
<td>Afnaan K (III BCA)</td>
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<tr>
<td>Ms ITC Limited Golden Jubilee Prize for the Best Sportswoman of the Year</td>
<td>Saha S (II B.COM)</td>
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<tr>
<td>Sr. Albina Prize for deserving Sociology student instituted by Staff of MCC 2011-12</td>
<td>Megha Varshini K (III B. A HES)</td>
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<tr>
<td>Sr. Juanita Prize for Academically bright and de-serving Commerce Student instituted by Staff of MCC 2013-14</td>
<td>Akshitha Jain (III B.COM)</td>
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<td>Sr. Juanita Prize for Academically bright and de-serving Humanities Student instituted by Staff of MCC 2013-14</td>
<td>Adapa Rajasri (III B.A HEP)</td>
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<tr>
<td>Sr. Juanita Prize for Academically bright and de-serving Science Student instituted by Sr. Juanita</td>
<td>Harini R (III B.SC CMS)</td>
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<td>Sr. Juanita Prize for Academically bright and de-serving Zoology Student instituted by Sr. Juanita</td>
<td>K. Deepa Shalini (III B.SC BTCZ)</td>
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<tr>
<td>Ms. Shalini Mathias Prize for an Outstanding and Deserving Science student</td>
<td>Bhumiikha Thoudam (III B.SC PCM)</td>
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<td>Mrs. Rajam Viswanathan’s Prize for an Outstanding student</td>
<td>Payal Bachhawat (III B.COM IND INT)</td>
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<tr>
<td>Mrs. CA Poovamma Vaidyanathan’s Prize for Best All Round Athlete (College Sports)</td>
<td>Meenakshi R (II B.COM PROF)</td>
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<td>Sri H B Shivaram Golden Jubilee Prize for the Best NCC Cadet</td>
<td>Medha Doundial (III BCA)</td>
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<td>Mrs. Lalitha Ubhayaker Golden Jubilee Prize for a deserving student</td>
<td>Rakhshitha M N (III B A PYEJ)</td>
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<td>Ms C K Shantha Golden Jubilee Prize for a de-serving student in Mathematics</td>
<td>Chritsma Clare D’ Souza (III B.SC EMS)</td>
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<tr>
<td>Mr. Siddhath J Kini Golden Jubilee Prize for the Best Hockey Player</td>
<td>Sowmya P (III BCOM)</td>
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<tr>
<td>Mr. C M Ibrahim Golden Jubilee Prize for the most deserving student</td>
<td>Meghana T.C (III B.SC CBZ)</td>
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<tr>
<td>Sri K.T Kalaash Prize for the Best Student instituted by Mrs. Seethamma Subbah.</td>
<td>Maureen Almeida (III B.SC EMS)</td>
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<tr>
<td>Mrs. Ekta A J Prize for Meritorious Commerce student</td>
<td>Bindu N (III BCOM)</td>
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<tr>
<td>Abida Azim</td>
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<tr>
<td>III B.COM PROF</td>
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<tr>
<td>Sri K.T Kalaash Prize for the Best Sports-woman instituted by Mrs. Seethamma Subbah.</td>
<td>R Chandana (II BBA)</td>
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<td>‘Yamakazi’ Prize for an Outstanding student</td>
<td>Kaajal Hamjad (II BCOM IND INT)</td>
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<td>Mr. &amp; Mrs. Warrier Memorial Prize for the most deserving student</td>
<td>Pooranai Pottiyammal R H (III B.COM)</td>
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<tr>
<td>R.H Pushkala Devi</td>
<td>III B.SC H.SC</td>
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<td>III B.SC H.SC</td>
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<tr>
<td>Mrs. Leela Warrier Prize for a Student with academic achievement and active participation in cultural events of Sanskrit Department</td>
<td>Abinetri A (III BCOM)</td>
<td></td>
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<tr>
<td>Ms. Lorna Raymond’s Prize for a Best Student BBM.</td>
<td>Nidhi D Jain (III BBA)</td>
<td></td>
</tr>
<tr>
<td>Dr. Leena Lobo Memorial Prize for outstanding catholic Student instituted by Mr. Felix Lobo</td>
<td>Benita Annie Ninan (III B.A PYEJ)</td>
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</tr>
<tr>
<td>Dr. Leena Lobo Memorial Prize for a deserving catholic student instituted by Mr. Felix Lobo</td>
<td>Rita Rebecca A (III B.COM PROF)</td>
<td></td>
</tr>
<tr>
<td>Ms. Vasanthi Venugopal prize to an E-Cell mem-ber for outstanding contribution towards pro-moting entrepreneurship on campus</td>
<td>Sreetha Upadhyay (III BCOM)</td>
<td></td>
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<tr>
<td>MCC Student Government Award for the Best Volunteer instituted by MCC student Government 2009-10</td>
<td>Orsya Bhatia (III B.A PYEE)</td>
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<tr>
<td>Ms. Vasumathi Srinivasan Prize for two bestathletic students-Outstandingperfor-mance in International, National, State &amp; University Level Sports.</td>
<td>Suchitra Ramesh</td>
<td></td>
</tr>
<tr>
<td>Nikita Daslin Pinto</td>
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<tr>
<td>II B.COM</td>
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<tr>
<td>Late B Nagaraju &amp; B Anuradha Prize for Best Chemistry Student instituted by Mrs. B Maha-Iakshmi Kumar &amp; Uthara K</td>
<td>Krithika Raj (III B.SC NDCH)</td>
<td></td>
</tr>
<tr>
<td>Mrs. Poovamma Vaidyanathan Prize for best sports student</td>
<td>Gomedha H Y (III B.A PyPT)</td>
<td></td>
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<tr>
<td>Silver Jubilee Prize instituted by Alumni of Sta-tistics Department for outstanding student</td>
<td>Dipti Miharja (III B.SC EMS)</td>
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<tr>
<td>Statistics Department for overall involvement in the activities of the department</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sr. Rose Mary Prize for Effective utilization of Library instituted by Sr. Rose Mary</td>
<td>Rashmitha Chandrashekhar (III B.SC PMC)</td>
<td></td>
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</table>
Mrs. Rajarajeshwari Srinivasan Prize for Best outgoing Economics Student instituted by Mrs. Shanthi Srinivasan
Adapa Rajashri III B.A HEP

Mrs. G Rajeshwari Prize for Academically Bright and Deserving B.Com (Professional) Student instituted by Mrs. G Rajeshwari
Roseline Revathi S III B.COM PROF

Dr. Sr. Violet Prize for a student with academic achievement and active participation in Cultural events of Kannada
Thanusha Kamal III B.SC CBZ

Akki Nikki Ush Prize for Academically Involved Student Designer of FAD instituted by Mrs. Usha A Kumar
Malavika M III B.A PyES

Mrs. Vijuja Narasimhan Prize for best student in Economics instituted by Mrs. Kamala Menon Cockrak.
Neelakshi Trivedi III B.A HEP

Mrs. K.P. Janaki Prize for Best student in Political Science instituted by her daughter Mrs. Kamala Menon Cockrak
Vidya Viswanathan

Mrs. K.P. Leela Prize for Home Science Student instituted by her sister Mrs. Kamala Menon Cockrak

1991 Batch of B.COM (PECA) Prize for Best outgoing B.Com student with PECA background
Megha K Kumar III B.COM

Department of French Prize for a promising French student of B.COM Industry Integrated who had never taken French instituted by Dept of French 2015-16
Ashwathi A II B.COM IND INT

Department of Statistics & Analytics Prize for Best outgoing student of B.VOC – Analytics instituted by the faculty of the Department of Sta-tistics & Analytics
Sheethala Raahat Ashfaque III B.VOC Analytics

Smt. T. Sadasivan Prize for Differently abled stu-dent instituted by Dr. Geeta Mohan
Vandana S II B.COM

Smt. N. Sarasamma prize for academically bright all rounder Zoology student instituted by Dr. Geeta Mohan
Medha R III B.SC CZM

Principal’s Prize for best outgoing student in M.A Economics
Vishakha Chaugwani II MA Economics

Prof. Loma Raymond Prize for the Most Dy-namic student in M.A Economics
K. Amartya II MA Economics

Principal’s Prize for best outgoing student in M.Com
Sheelal K Chajed II M.COM

Principal’s Prize for best outgoing student in MCA
Anjali Mewara II MCA

Principal’s Prize for best outgoing student in M.Sc Biotechnology
Jyoti Jha II M.SC Biotechnology

Principal’s Prize for best outgoing student in M.Sc Biochemistry
Poonam Bhandari II M.SC Biochemistry

Principal’s Prize for best outgoing student in M.Sc Electronics
Manitha S II M.SC Electronics

Principal’s Prize for best outgoing student in M.Sc Life Science
Christine Marianne Wilson II M.SC Life Science

Principal’s Prize for best outgoing student in M.Sc Mathematics
Naina Gupta II M.SC Mathematics

Principal’s Prize for best outgoing student in M.Sc Nano Science & Technology
Sarka Joshi II M.SC Nano Science & Technology

Principal’s Prize for best outgoing student in M.Sc Plant Science & Herbal Wealth
Ali Aktaa Sultan Parveen II M.SC Plant Science & Herbal Wealth

Principal’s Prize for best outgoing student in M.Sc Food Science & Nutrition
Riniie Mehta II M.SC Food Science & Nutrition

Principal’s Prize for best outgoing student in M.Sc Human Development
Srushthi Vardhany II M.SC Human Development

Principal’s Prize for best outgoing student in M.Sc Psychology
Anula R Aradhya II M.SC Psychology

Principal’s Prize for best outgoing student in M.A English
Nishita S. Kini I PGDBA

Principal’s Prize for best outgoing student in M.A Public Policy
Deeksha G II M.A English

Takashhila Prize for the best student in MA Public Policy
Swati Sudhakaran II M.A Public Policy

LIST OF RECRUITERS FOR THE YEAR 2017-2018 (ON & OFF CAMPUS)

Accenture
Gandhi Fellowship
Prudent Insurance
Arjuna Academy For Achievers (AAA)
Godrej Properties Ltd
PiCirq
Avito
HP Inc
QuEST Global
Amazon
IBM
Regency School
Atkins
Idea Worldwide
Robert Bosch
Antarya design & furniture
INFOSYS
Rajneethi Management Consultancy
AXA Business Services
Innovative Leisure & Entertainment Pvt. Ltd.
L&T Construction
Tata Consultancy Services
Capital First Limited
Merry go Learn
Target Corporation
DELL
MGH Logistics Pvt. Ltd.
TCS
D. E. Shaw India Pvt. Ltd.
Mphasis Limited
TESCO
Deloitte Global
McKinsey & Co.
Thomas Cook
Deloitte India
Mindtree
Taj Hotels

Jumpking International LLP
Schbang Digital Solutions Pvt. LTD
Capital Float
KPMG Global
Saint-Gobain
CARPE-DIEM
KPMG INDIA
Subex
Cognizant
Lam Research India
Telerik
Consure Medical

Dharma Life Sciences
Nestaway
The Hindu
Ducker Worldwide
Odessa Technologies
The Media Ant
Delta X
Oasis International School
VLCC

Digital India
The Pizza Chain Factory Pvt. Ltd.
The Pizza Chain Factory Pvt. Ltd.

Supper Kids (Gait)
Papagoya Kindergarten
Gridlle Technologies
Xcelerator

Tessolive Semiconductor Pvt Ltd.
The Hindu

Organic India
TEKsystems - Allegis Group

Gridlle Technologies
Xchanging

Capital Float
Mphasis Limited

PAUSANIA
The Hindu

Delta X

Odyssey Technologies

Goldman Sachs

WIPRO

Ducker Worldwide

SAP Labs

Furlenco

Delta X

Odyssey Technologies

Tessolive Semiconductor Pvt Ltd.

WIPRO

Ducker Worldwide

Goldman Sachs

Prestige Groups

Godrej Properties Ltd

Prestige Groups

AWFIS
The All India Association for Christian Higher Education (AIACHE) conferred the ‘Best Principals Award’ for the year 2017 on Dr. Sr. Arpana in January 2018. The awards were given at the valedictory function of the General Body Meeting & Triennial Conference of AIACHE by the chief guest, Shri. Basavaraj Rayareddi, Hon’ble Minister for Higher Education, Government of Karnataka.

Dr. Charmaine Jerome, Vice Principal of the college, said that Dr. Sr. Arpana winning this award was a proud moment for the college. “The management and staff were overwhelmed when they came to know that Sister won the award – an award given by a national body. The principals of over 300 colleges came under consideration and she being one of the recipients of this award, we are very happy and excited.”

“She practices a very participative kind of leadership. I think it is a very well-deserved award and we are all very happy for her,” said Ms. Archana H S, lecturer from the Psychology Department, who felt that it is the Principal’s quality of being calm and composed that takes her places.

Ms. Sujaya Sundaram, HoD of the English Department, said that Dr. Sr. Arpana is very approachable and accessible and that that’s what stands out. “She doesn’t have any preconceived notions and there is no question of shutting out anyone who is coming up with an idea.” This sentiment was reiterated by many others. “She is always willing to listen, whether it is to students or teachers – she’s very approachable,” said Ms. Leila Ann Verghese, Dean of Humanities.

Swapna Manjunath, Cultural Secretary for the Student Union of 2018-19, added that the Principal has always been hands on with everything that happens in college. “I’ve heard from the current Union about how encouraging and involved she is with everything that goes on. Without her support, half the things we do would be quite impossible. It is really nice that her efforts and dedication towards this institution are being recognised and appreciated.”

Ms. Leila Ann Verghese has known Dr. Sr. Arpana since long before she became the Principal. “She’s not materialistic. Her primary interest is the good of the college, the good of the students. She is not thinking about whether we can make money or things like that. She is always concerned that we do what is best for the students,” she said.

Namitha M S, ex-Student Union President, said that she felt very proud when she heard that Sister received the award. She recounted how supportive the principal has always been – “This was a little after Cul-Ah... things don’t always go your way and there were a lot of people who were making life a little harder for me. I wasn’t in a great place personally either. Sister then told me, ‘If people are being mean to you, you be twice as sweet to them so that they feel guilty about what they are doing and they’ll come to understand that what they are doing is wrong.’ I think this is one thing I am always going to take with me. She was always there to listen to my rants and help me keep it together. So I’m so grateful to have her as our principal and I’m really happy that she got the award.”

The Carmel Family attempts to rise to ever greater heights with each passing year. We remain true to our roots and at the same time we stay current and relevant. This is a challenging task, but, as the Bible reminds us, “those who hope in the Lord, will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

I would like to conclude by acknowledging the contributions of many in making our Institutions great. Our Faculty members, admin staff, and attenders and assistants work as a team towards making our college what it is. I also thank all parents and guardians for trusting us with their daughter’s education. Above all, I once again thank the Lord for all the blessings showered upon us. Without His Grace, we would be nothing.

Thank you, and God Bless!
Sciences
AT MOUNTS
Tech Care: A brief report on the International Conference on Technology in Redefining Health (ICONTRH 2017)

One of the proudest moments for MCC this year has been the successful organizing of the International Conference on Technology in Redefining Health (ICONTRH 2017) organized collectively by all the science departments from 21st to 23rd of November, 2017. The conference held over 3 days witnessed talks and training workshops by a variety of experts both from India and abroad, who had contributed to the field of science and technology in relation to healthcare.

Dr. C.N. Manjunath, renowned cardiologist and Padma Shri awardee, director of Sri Jayadeva Institute of Cardiovascular Sciences and Research was the chief guest of the inaugural session and Dr. Prashanth Mathur of National Centre for Disease Informatics and Research, Indian council of Medical Research, Bengaluru was the keynote speaker.

The 3 day programme included a pre-conference training programme on bioinformatics and biomedical instrumentation and a workshop on technological support for grassroots health care workers that was attended by self help group leaders,anganwadi workers and accredited social health activists.

The conference was well attended and both students and faculty were seen engaging actively in all sessions. Selected papers from the conference were later published in the International Journal of Engineering & Scientific Research (IJESR).

One year long preparation that went into framing Engineering & Scientific Research (IJESR), were later published in the International Journal of all sessions. Selected papers from the conference students and faculty were seen engaging actively in all sessions. Selected papers from the conference.

The conference was well attended and both from India and abroad, who had contributed to the field of science and technology in relation to healthcare.

The first day ended with a cultural programme and a dinner hosted by the college. Principal Sr. Arpana, who held the honorary position of chief patron for the conference, was acknowledged by almost all of the science faculty for providing constant support and encouragement before and during the busy conference schedule.

“The conference was very informative. As future researchers it directed our attention to research that matters and challenged all of us to do research for the betterment of mankind.” Akshata K. Pattanshetti, MSc Nanosciences

“The conference was beneficial for students as they got an opportunity to interact with researchers, professors and scientists. We shared our thoughts and problems with all of them and we got answers to all the queries that we had asked.” Nitisha Mehrutra, MSc Nanosciences

“We were successful in making the conference both theoretically invigorating and building practical skills through hands-on workshops. We couldn’t have asked for more.” Dr. Uma V, Dean PG Sciences said.

Some of the more popular sessions were a lecture on environmental pollutants and technological innovations to tackle the same, a lecture on survival studies, and a workshop on brain activity tracking technologies used in brain research.

Agents of Fermentation: Making Wine and Entrepreneurs

The students of the Department of Biotechnology created their own wines to showcase their department during the Science Fest and bagged an offer for entrepreneurial support from the Centre for Extended Education.

The stall had on offer three flavours; gooseberry, chilli-pineapple & lemon-ginger. The stall was set up outside the Biotechnology lab with about nine litres of the three wines and was sold to the teachers in shot glasses for Rs.10. At the end of the day, they were left with nine empty bottles and ninety satisfied teachers. The students who had conceived and created these wines in a month were further encouraged by the E cell offering to support them if they should choose to take up wine-making as an entrepreneurial project.

“All in all, the day was a huge success; we found a great support system with our coordinators and encouragement from all the teachers,” said Annie the student secretary of the biotechnology department.

Nano-Nama

The Department of Nanoscience & Technology conducted a one day lecture series on ‘Application of Nanoscience & Technology’ on 3 March 2017. Experts from the nano technology industry like Dr. Gadhadhar Reddy, Dr. Seema Tharannum, Dr. Mahesh HM and Dr. Pandurangappa M. discussed innovations and challenges in the industry.

Dr. Gadhadhar Reddy, the CEO of NoPo Nanotechnologies discussed his company’s synthesis of single volled carbon nanotubes with a diameter of 0.6-1.2 nm. He spoke about an application of these carbon nanotube, namely their use to improve the quality of silk produced by silkworms. His description of how these nanotubes when fed to silkworms during their feeding period have been shown to improve the quality of silk produced by them was fascinating.

Dr. Seema Tharannum of PES University, spoke about her research in the field of nanomedicine. Her team uses nano spheres for targeted drug delivery of cancer drugs, which reduces the side effects of chemotherapy drastically. “The applications of nano science are limitless given their efficiency in providing treatment with minimal side effects,” she said in her talk.

Dr. Mahesh HM gave a talk on ‘Gas Sensors and Nano Composites for Gas Sensor Applications. He elaborated on how the use of carbon nanotubes, cubes and cones increases the efficiency of these gas sensors, made from composite materials. Dr. Pandurangappa M introduced students to portable, easy to use pH meters that are being produced by his company. Unlike the traditional bulky devices used to measure pH, Dr. Pandurangappa’s devices ensure accurate readings from a significantly smaller device.

Students and faculty alike reported that they had learnt a lot from the speakers. “We got an overview regarding nanomedicine, especially targeted drug delivery. It was very interesting and we got many internship opportunities,” said Nitisha, a student of nano science.
Blood Lead Awareness

On 14th of December, the Department of Chemistry conducted an awareness program on Blood Lead Levels (BLL) in association with St. John's Medical College. This initiative primarily targeted the supporting staff, teaching staff and students of the college. The BLLs of teachers, students as well as the supporting staff were tested. Principal Dr. Sr. Arpana also took part in the event. A capillary (fingerstick) blood lead test was conducted wherein a sample of blood is placed on a strip and the resultant Blood level is displayed. Most of the Blood Lead Levels were found to be within the normal range.

The representative from St. John's Medical College spoke about the toxicity of lead, with particular attention to the neurological damage that it can cause. “High lead levels cause decreased vitamin D and hemoglobin synthesis as well as anemia, acute central nervous system disorders, and possibly death. Even the most minimal amounts of lead in blood have been shown to affect IQ, ability to pay attention, and academic achievement in children”, he said.

The doctor alerted us to the need for regular check-ups as exposure to lead very often goes unnoticed since it gains access to our body in seemingly normal ways. For example, exposure to some types of cosmetics and jewelry, contaminated foods, artificial sports fields, etc.

Blood Lead Awareness

The Department of Microbiology has focussed on increasing awareness about the progression of microbiological sciences and its many dimensions through the year but the most noteworthy programmes hosted by the department was the AIDS awareness drive and the blood group drive.

Under the guidance of the coordinator of Microzone, Ms. Anu Mariam Kurian students commemorated the occasion of World AIDS Day on the 1st of December 2017. Founded in 1988, World AIDS Day was the first ever global health day. The event was created to be an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. “Popular ideas about AIDS are based on a hypothesis that does not stand up to scientific scrutiny.” I happen to read this in a scientific paper and thought that it is the most authentic statement I’ve read in a while. There are reasons aplenty to have the AIDS awareness campaign in college. But we wanted to create awareness on one aspect that AIDS is an illness where the immunity is ambushed in an individual and immunity is what makes your body, gives you health, and when you lose what keeps you going on a daily basis, eventually your family and community is affected largely. AIDS interferes with something called herd immunity, a fundamental phenomenon that is cardinal to the life of human beings,” says Madhuri Srinivasan, a third year student of microbiology.

In our own MCC, the department of microbiology put up informative posters around the college bulletin boards and cards with snippets of information on World Aids Day were tied around the campus along with red ribbons. Red ribbons were distributed to the faculty members and students. The red ribbon, has been popularised as a symbol of awareness and support for people living with HIV. “Education and Awareness about HIV and AIDS are important weapons to prevent and fight against the baseless fears of the disease. This was the primary objective of our awareness drive, keeping in mind the age old advice that prevention is better than the cure,” says Shradha Sikaria, secretary of Microzone.

Following the commemoration of World AIDS Day, the department used the science fest as an opportunity to increase awareness on blood groups by organising a blood group drive. “I think it is very important for one to know their blood group not only for basic medical procedures but especially for emergency situations like in the case of accidents and trauma, to donate as well as to receive blood,” says Mahima, co-secretary of Microzone. A remarkable response from the students, faculty and non teaching staff was seen. The final year students addressed the underlying concept of blood grouping and the significance of blood donation was the central aspect of the drive.
The Department of Zoology, Mount Carmel College, as part of the jointly organized (in association with the Departments of Botany and Chemistry) event INICIO-2017, organized a nostalgic tour of the department’s history titled ‘Journey Through the Decades’ on the 6th of June 2017. The event marked the completion of 68 years since the inception of the Zoology department, after Ms Lalitha, the very first teacher of the Zoology department, joined Mount Carmel College on 6 June 1949. The program witnessed the presence of several former professors and alumni from different batches. The former staff and alumni present on this occasion included Ms. Nagarathna V S, Ms. Zaheeduunissa, Dr. Swayamprabha M S, Dr. Sreedevi Nair, Mrs. Geetha Karanth, Ms. Uma Iyer, Ms. Vijaya and Dr. Soosamma Mathews. The event also connected students from various batches through the years including Ms Lavanya Dr. Ameeta Kelekar, Ms Shyla & Ms Asha (batch of ‘70s), Ms Sonia (batch of ‘80), Ms Shuba Prakash, Ms Myrene, Ms Thilagavathy (‘90s) and Ms Nikita Jain (batch of 2000s).

The ceremony commenced with the prayer followed by the welcome address by Dr. Mythili Jagannath, HOD Zoology. Ms Nikita Jain of the department welcomed the keynote speaker, Dr Ramakrishna A. Dr Ramakrishna, Ex Director of Zoological Survey of India, addressed the gathering, shedding light on the past, present and future of biodiversity globally. He emphasized the importance of biodiversity conservation and ecological development in today’s rapidly developing world. This was followed by a short video of an interview with Former Principal and department faculty Sr. Jesuine Mary reminiscing about her time with the department. Video montages of the transition of the department through the years featuring former principals, staff members, alumni and events were played with audio letters from alumni zoologists Ms. Uma Iyer and Dr. Ameeta Kelekar. The CBZ batch of 2017 presented their short film on evolution titled ‘Origins of the Future.’ Ms. Nagarathna V S then shared her views and experiences as a former lecturer of the department, delighting the gathering with her anecdotes. The vote of thanks was delivered by Ms Rufina of the Department of Zoology.

The event was presided by principal Dr. Sr. Arpana, and former principal Dr. Sr. Genevieve, who were welcomed by all the teachers of the zoology department.
Folding Maths

We imagine most of us do not know that mathematics plays a significant role in origami. Neither did the students of mathematics at MCC till they attended the workshop by origami enthusiast and mathematician V S S Sastry.

The workshop conducted on the occasion of the Science Fest on 14th December 2017 organized by the Department of Mathematics had student participants making origami platonic solids (that's a tetrahedron, cube, octahedron, dodecahedron, or icosahedron for the mathematically challenged).

Mr. Sastry exhibited his own origami models and explained a range of mathematical concepts that are used at every step of creating an origami model. He talked of how methods such as Haga’s theorem have allowed paper folders to accurately fold the side of a square into thirds, fifths, sevenths, and ninths. Students received a practical demonstration of theorems that have allowed paper folders to get other shapes from a square, such as equilateral triangles, pentagons, hexagons, and special rectangles such as the golden rectangle and the silver rectangle.

Mr. Sastry who is an expert in origami, kirigami, mathematics, cartooning, string puppetry & terracotta modeling has conducted popular mathematics workshop for over two decades. He appeared in the 2010 Limca book of records for the highest units of origami sculptures created at one place and has received Karnataka vision group award in 2011 for Science Communication. His book ‘Origami fun and Maths’ was published by Vigyan Prasar.

Gravitating Towards Astronomy

Gravitational waves have been creating quite a stir in the field of Physics. Although the concept was predicted by Albert Einstein over a 100 years ago, it was not until recent years with progressive technology that substantial progress was made in gathering scientific proof that these waves do exist. “It is an exciting time in Physics” says Dr. Mahua Ghosh of the Department of Physics.

In an effort to educate the students about these interesting and new developments, the department of physics, in their sustained efforts at generating student interest in higher education possibilities in the field of Physics, organized a talk by Dr. Parameswaran Ajith, astrophysicist and associate professor of physics at the International Centre for Theoretical Sciences (ICTS), Tata Institute of Fundamental Research (TIFR), Bengaluru titled ‘Gravitational Waves: the new frontier of astronomy’.

Professor Ajith is the head of the Max Planck partner group in astrophysical relativity and gravitational wave astronomy. As a member of the Laser Interferometer Gravitational Observatory (LIGO) scientific collaboration, he has been at the forefront of gravitational wave astronomy and was the only Indian researcher among 15 early career researchers to be named an Azrieli global scholar by the Canadian Institute for Advanced Research (CIFAR) in October 2017.

His lecture, visuals and presentation helped give a deeper understanding on the source of gravitational waves; how they can be detected using laser interferometer gravitational detectors and how gravitational waves discovery and astronomy are related.

“In physics, seeing was believing but this changed with gravitational waves, and I’m glad that the students had the opportunity to meet and talk personally to someone who is involved in bringing this discovery to light,” said Dr. Ghosh. Many physics students who attended his anecdote-filled talk reportedly are excited about the prospect of working in this field in the LIGO observatory to be set up in India in the near future.

Hack Attack

In popular opinion hacking is more often than not seen as the criminal activity of gaining unauthorized access to data, information, systems, or resources. However, according to Kalathil Karthik from HACKENG Academy of Ethical Hacking and English Language, not all hacking is illegal.

Karthik, co-founder and lead trainer from HACKENG conducted a workshop on ‘ethical hacking’ organized by the department of Computer Science for fifth semester students of BCA. The workshop was a primer on google hacking, SQL injection, windows hacking, etc and gave students a basic knowledge of hacking and how to secure their systems against hazards.

Student participants are reported to have had a lot of fun in hacking servers and windows operating systems and also in practicing how to protect systems from hackers. “The goal of the ethical hacker is to help the organization take pre-emptive measures against malicious attacks by attacking the system themselves,” said Karthik, “all the while staying within legal limits in order to become the ethical hacker or security expert.”

The workshop was organized 18th through 20th April 2017 and certificates were distributed to students.
The department of Human Development organized a panel discussion titled ‘Urban Woman: Empowered, but how safe?’ on 16th September 2017 for the students and general public. The panel discussion was organized to create awareness about the precariousness of women’s rights in urban contexts with specific reference to the idea of safety.

The panel comprised of a representative from the police department Mr. Mahesh Babu N (Retd. Assistant Joint Commissioner); working women professionals like Bambina Chatterjee (Project Manager of TiVo) and Nandhini Chandran (Project Manager) and social activists. The discussion was well received by the students and people alike. The students engaged in an interactive question and answer session with Mr. Mahesh regarding safety measures for women implemented in the city.

Students like Shreya.L, a postgraduate student felt the session enabled her to put her doubts regarding the approachability of police officers directly to a retired official. “For someone who studies away from their hometown, it is difficult to feel safe and protected.”

The presence of a victim in the panel gave the students to witness an interesting interaction between the officer and the victim herself. Mr. Mahesh dismissed previous notions of police being ‘unapproachable’ or ‘unresponsive’.

Bengaluru: An ecological story

The World Environment Day was celebrated by the Department of Environmental Science on 5th June 2017 with a talk by Dr. Harini Nagendra, Professor of Sustainability at Azim Premji University, Bengaluru. She delighted the audience with her lecture on the ecological history of the area that is today known as Bengaluru. The event saw the culmination of a mini documentary film competition held by the department where student teams had made mini films on environmental issues in the city.

Dr. Nagendra in her talk emphasized on the need for a grassroots level movements in order to progress towards a sustainable future. She stressed that no action is too small, and that if everyone were to take care of one place that is special to them, and protect it from environmental damage then the world would automatically become a more sustainable place.

Safety First:
Addressing issues of women and violence

One Health Rabies Volunteering

IISc and ATREE together held a workshop on animal monitoring and the use of R software to analyze data. This workshop focused on their One Health Rabies project in which data on the dog populations in various areas is collected. This data is correlated with studies on the incidence and frequency of rabies cases in that region.

Volunteers from Mount Carmel College went to various vicinities including Indiranagar and Halasuru to collect data on the dog populations there. The volunteers collected data on the age, sex, appearance and location of the dogs and logged it using Open Data Kit Collection apps.

The workshop spanned a week, the first day being an introduction by Dr. Abi Tanrin Vanak from ATREE, to the do’s and don’t of tracking animals in the field. Students were also introduced to apps such as GeoODK and ODKcollect that are used to collect and store the data.

For the next four days, volunteers went to their assigned grid areas and collected the required data on the dogs. The first round in an area is known as the identification round while the three subsequent rounds are recounts. The apps were used to log the location, age, appearance and sex of the dogs on each of these rounds, whilst following the same route. Two sets of data were logged each day, once at 6 in the morning and once at 5 in the evening.

The workshop exposed volunteers to basic methods of tracking animals in the field, while providing an insiders look into the use and importance of R software.

“Dog mapping was an incomparable experience that made chasing tails amusing. It also gave us field knowledge, and a small taste of the vast ocean of research,” says Christma, a student of environmental science.

The best of the mini films were screened and the winners of the competition felicitated by Dr. Helen, HoD Environmental Science along with representatives from Talking Earth (a community initiative that uses data and technology-based tools to facilitate environmental protection) and eMaginations (Bengaluru based branding and marketing company). “World environment day is the celebration our collective efforts to protect and nourish our planet and we need to spread this message,” said Neelam Chaudhary a student of environmental science, on why she believes celebrating world environment day in college is necessary.
Fashionista 2018, which is one of the most celebrated shows of the college was held on 16th February 2018 to a packed and transformed basketball court. Organised by the Department of Fashion and Design, the show saw twenty three student participants showcasing their respective collections, modelled by the members of the MCC fashion team.

The jury comprised of art curator and promoter Kavita Nambiar, celebrity costume designer Rashmi Anoop Rao and Aloka D’Souza, who runs Aloka Fashion Studio in Bengaluru. The chief guest, Kannada film actor Arun Gowda, expressed his delight at the showcase while presenting the awards. Fashionista has nine award categories in total. This year Vidhi R Vohra bagged the Best Designer Award while the Best Pret Award was won by Theerta K. The Most Professional Designer Award went to Varshini J. and the Best Futuristic Designer Award was received by Sufiya Khanum.

Bhavika Rajendra, a previous winner of the Best Designer Award says “Fashionista is a stepping stone for every student and it is no exaggeration to say that winning a key fashion show like ours can decide your future... and the feeling is priceless.” Rajendra won the award last year for her collection inspired by Darwin’s stages of human evolution where she used unique fabrics like neoprene to achieve her vision. Fashionista seems to get bigger and better every successive year. As the head of the department of Fashion and Design Mrs. Manasa described it, “it was a wonderful show. The ambience was perfect and the collections that came out were our best yet.”
Every year, around the month of August there is a certain energy amongst the humanities students of Mount Carmel College, that makes itself known. Students and teachers both can be seen running around, answering phone calls, ideating and organising for what eventually culminates in the biggest humanities fest the college has seen – Manan.

Organised by the Humanities Department every year, Manan aims at shining a light on the importance of the social sciences and allowing students and teachers alike to actively engage with the humanities subjects.

“You know how we always place so much importance on Science, Maths and other branches? I feel that Humanities deserves a lot more attention than it gets. This is the only branch of study that deals with people – be it psychology or sociology, it deals with people.” says Ms. Shanti S., Coordinator of the Humanities Association. “That’s why Manan plays such an important role,” she furthers.

With one of the largest department in college, the Humanities Association boasts of 17 different branches under its umbrella and Manan is a platform for these 17 departments to host their events every year.

This year, the fest commenced with a spirited talk given by Mr. Narayan Murthy – founder of IT giant Infosys. He spoke about the importance of youth in the process of nation building and placed the younger generation at the fore of change and progress, emphasising our role as leaders. “He even asked us, the students, to accompany him with the lighting of the lamp as if to say that we are the guiding light for our country,” says Nivetha Dayanand, Secretary of the Humanities Association.

“It was a dream come true to meet one of my idols. His inspirational words gave me a whole new per-
straight from the mouth of someone that works in the profession. It offered a new look on the whole idea of ethics – what is right and what is wrong, what should and shouldn’t be followed”, says Pavithra K Kamala Geevarghese, a student of HEP.

In this emphasis on the pursuit of truth and honesty, it is only fitting that the theme of Manan this year was “Tatva: The Search of Reality”. “We felt that Tatva and Humanities just go hand in hand. If you want the Humanities to flourish, it is essential that we follow some principles. We wanted to share these values of goodness and truth with our students and the participants,” explains Ms. Shanti S.

With over 30 participating colleges this year, Manan saw great success both as intra college fest as well as an inter-college fest. Every department put up their own individual events, allowing participants a huge selection to pick from. “Every year, the fest is exuberant. Students always bring out the best and explore their potential,” offers Ms. Sophia Sharon, Co-Coordinator of the Humanities Association.

Another hugely talked about event at Manan this year – a milestone event of sorts, was that of the talk given by Mr. Srinivasan Jain – Managing Director at NDTV. The talk was centred around media ethics and the various ways in which Indian media has changed in this particular aspect. “Look off late, social media plays such an important role in what happens in the country. The problem is that most media outlets hype some things, don’t give information about certain things and aren’t being ethical. That’s why we organised this debate.”, states Ms. Shanti S. “We felt that it was important to look at the ethics that need to be followed and whether it is being practiced by the media in reality. Ethics should be given more importance. Rather than just covering the news or trying to increase TRP,” she furthers. “It was really eye opening because we were hearing things from a different perspective.
On the 06th of November 2017 the department of Travel and Tourism signed an MoA with Binary University Malaysia to start a twinning programme – M.Sc in Travel & Hospitality Management from the academic year of 2018.

The MoA will ensure that students who have completed a one year PG diploma in Tourism Studies in Mount Carmel College will be granted lateral and subsidized entry. One of the main highlights of the twinning program is the Binary University campus "it is well equipped and will be the ideal place for our girls to study in the second year of their course” said Mrs. Lalitha K, the head of the department.

Prior to the collaboration a joint international symposium was held in Binary University, Kuala Lumpur in the month of November 2017. Students and teachers from both universities presented papers at the end of which a MOA was signed to establish the twinning program. The symposium doubled as an educational tour where students were able to see various tourist destinations in Malaysia and Singapore.

The twinning program that is set to start next year, is to lay the foundation of similar such programs in Mount Carmel College.
The Psychology Department held a first of its kind state level symposium on ‘Decoding the Construct of Healthy Relationships’ on the 30th of January 2018. The event that took place on campus consisted of a panel discussion and smaller workshops, all of which saw active participation from students.

Ms. Priya Kurian, Dept. Of Psychology speaking on the rationale for the symposium said “most psychological issues crop up from the deterioration of relationships. Forming relationships and learning how to maintain them is a big part of personal growth and that is what we wanted to address.” “We wanted something that would hold the student's interest and be relevant to them”, added professor Aabharna, who was a key organiser of the conference.

Vibhuthi Vishwanath, a fourth semester student who attended the event said, “at various points in the symposium I had so many reflections on many of the problems in my relationships and simple ways in which I could work towards correcting these.”

The panel on Dynamics of Millennial Peer Relationships examined issues like abusive relationships, parent-child conflicts, relationships within the queer community and concluded with a question-answer session. It was comprised of Dr. Shailaja Shastri, Director of Learning and Development, Dr. Ashlesha, Psychiatrist and Family Psycho-therapist, Mr. Romal Laisram, Founder of the Queer Arts Movement in India and Head of Content and Corporate Communication at Fresh Menu, Ms. Leanne Pais Pinto, Family and Marriage Therapist, and the mother and daughter duo Ms. Sangeetha Menon and Ms. Sneha Menon, Trauma Counselling Specialist and Art Therapist respectively.

“Having such a collection of issues that many of us are dealing with being addressed in one forum makes one think about everything in a more comprehensive manner”, said Niharika, a participant.

The workshops on Interpersonal Communication and another on Relationships at Workplaces saw more than expected participation. “The number of seats had to be increased from 40 to 60 to accommodate all the participants,” said Ms. Kurian.

A panel discussion was organized to create awareness about the Bengaluru Pride.
A workshop on “Nuts and Bolts of ERP research was organized in association with Axonnet Brain Research, Bangalore. As a part of Community Development Program, PG students of Psychology organized “Coffe Kathegalu” at Cubbon Park in an attempt to create awareness about Mental Health.
The departments of Journalism and Political Science along with the Explore Karnataka Foundation organised a talk by Dr Shashi Tharoor on 22nd July 2017. His talk was titled ‘Colonialism has left our shores, but not our imaginations; where are we heading?’ The talk addressed the issue of colonialism and its repercussions on Indian economy and culture today.

Plans to invite Dr. Tharoor to speak in our college were conceived almost an year ago, but only became reality this year. Associate professor, Alice Mathew of the department of Political Science, who was part of the organising committee describes the efforts that went into arranging the talk. “Our team was very good. Everyone was very cooperative. Sister Principal helped us a lot. She realised such an important talk needed to be picked out a day or two in advance,” she explains. Asna K.M, a PG student observed, “The talk ending with a question and answer session which gave students a chance to interact and engage with Dr. Tharoor and the ideas he was presenting. This two way engagement, Juliana Lazarus claims, is what made the talk truly successful. ‘Many of the students had already seen it (the Oxford union speech). But a live talk is that much more effective than what you see on a video. If you watch a video, it is largely one sided. You can’t ask him questions which the girls got a chance to do because he was right there!’”

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The head of the department of Journalism, Juliana Lazarus, talks about how it was received by her students: “The students said it was a great talk. They enjoyed it immensely. They’d never actually seen him in person and that was a different experience.” The aim, she explains, was to give students a different perspective on a topic that has been spoken about often. “We keep talking about colonialism and what the British did to India but Shashi Tharoor went into specifics: what it did to our ship building industry, what it did to our textile industry, etc. These are things even I didn’t know.” she admits.

Issues addressed by Dr Tharoor in his talk were particularly important. He had already addressed in his famous Oxford Union speech and his TED Talks. Students who attended the talk expected something new to come from the talk. “He’s been talking about this specific topic for quite some time. But everything was the same stuff he’d said in previous talks and it was even framed the exact same way,” says Dhruvi Kalavapudi, a second year journalism student. She does concede, however, that for someone who had not come across Tharoor’s Oxford speech before, the talk would have provided an important overview. Alice Mathew, confirms that this was the case. “For students who hadn’t seen Tharoor’s speeches before, it was a big revelation. They couldn’t believe such things had happened!”

The department of Journalist, organised the conference titled “Rethinking Contemporary India: A dialogue through culture, literature, and language”. Organised by the Department of English, the conference aimed to raise discussions on a wide range of topics such as gender, sexuality, caste, media, religion, and family in order to initiate exchange of opinions within a safe space. The key-note speaker and chief guest for the event was Mr Manu Chakravarthy who teaches Critical Theory, Post-Colonial Theory and Film Theory to postgraduate students at the National College, Basavanagudi, Bengaluru.

He previously headed the department of English at NMKV College, Bangalore. Backstage, the professor admitted to being extremely keen on speaking at the conference as he believes that conferences such as these serve as an opportunity to connect with youngsters who he admitted are more open to and accepting of change. Manu Chakravarthy in his speech explored the concept of contemporary itself in an extremely detailed manner, while also quoting literary figures such as Michael Foucault and Judith Butler. “It was really fascinating to watch his speech as he covered many ideas, such as - the role of literature and linguistics in particular and how they are used to break age-old social structures. I found this very interesting,” says Dhruvi Kalavapudi, a second year PyEJ student. This interest seemed to resonate with the rest of the students too, as when his speech came to an end, many demanded to hear more. Dr. Vineeta Chanda, a professor of English at Mount Carmel College as well as an organiser for the event believed that his speech was effective since the points he made were very specific and accompanied by examples. “I think students are generally afraid of approaching problems as they feel intimidated by it. Manu Chakravarthy provided not a solution but ways in which students could find solutions using the sort of knowledge and exposure they get from college. This attracted the students’ interest” she added. The speech was followed by presentations from students pursuing their Masters in the college as well as scholars and researchers from outside. All of the papers presented belonged to one of 15 sub-themes that were provided.

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The conference, which aimed to raise discussions on a wide range of topics such as gender, sexuality, caste, media, religion, and family in order to initiate exchange of opinions within a safe space, was particularly interesting, especially one on Adivasi women. Although it wasn’t a conventional paper to present, I think the research work was good” she mentions. The conference as a whole, she believes introduced many students to a new set of perspectives which makes events such as this the more important.” The point was also to make knowledge as accessible as possible and this could be made possible by inviting UG students to attend and analyse arguments made by PG students and research scholars.” said Vineetha Chanda. She also mentioned an instance a student admitting to misunderstanding cross-dressing and transgender as the same, only to realise her mistake after a talk on sexuality. “The conference was conducted to encourage students to not only talk about issues but also engage in activism that goes beyond the four walls of the classroom, and in that sense I believe the conference was successful!” she states.
In an attempt to understand the intricacies of various dance forms – both Indian classical and contemporary forms – the Department of Communication Studies hosted a diverse group of dancers who performed for the students of the college. The event, promoted as ‘The Jugalbandhi Series’ began on the 24th of August and went on for three weeks.

“The basic format of each performance would be that the two dancers would begin the performance by dancing as a pair, then they’d perform their individual pieces, and end the show with one final jugalbandhi. The idea was to offer viewers an opportunity to identify the differences between each form of Indian classical dance,” says Sahana Das, HoD of the Communications department, who designed this performance and lecture series for her paper titled ‘Perspectives in Arts’.

“With forms such as Kuchipudi (Prateeksha Kashi) and Bharatanatyam (Mithun), where one grew out of the other, it was interesting to see how they could be so different. Even students who have never been able to connect with classical dance idioms acknowledged that the series helped them understand dance outside of the distinctions of classical and contemporary, and this in turn made them see the dances that like watching also differently.

But, with forms like Odissi and Mohiniyattam – seemingly separate from each other, there was so much that was similar, that the entire history of classical dance as a practice was brought under question and looked at closely,” says Anjana M a semester IV student of Communication Honours.

Each performance also ended with a Q and A session, allowing the students and faculty to have their questions answered and also giving the artists themselves a chance to talk a little about their individual processes. “In instances where two dancers from the same school of dance were invited it offered us some insight into differences in thought and not just performance styles,” says Arati Prasen.

At the end of one of the sessions, a student was heard saying to her friend “I don’t care much for this stuff, I’ve realised” and Ahalya Narayan, a student of Communication Honours responds saying, “That’s fair. Whether or not people asked questions or spent all their time analysing the dancers’ every move, there was a guarantee that the viewers left with some new thought – even if it was realising that they didn’t care much for this.”
organising team recognised that moderating them was more challenging than usual. Almeida said, “There were big and important names, so it became important to ensure that the discussions were development-driven and didn’t morph into political battles. It was a thin line to walk.”

The workshop was also a chance for the students to see their classroom learning translate into discussions and debates that affect the city. Dr. Sen said as much. “In economics, a lot of concepts can seem abstract and vague. When you have a workshop like this students are able to relate better. For example, we have something called Human Development Index, which we teach to the students in detail. But during the workshop, the students learned it in more practical ways such as what is the ranking of Karnataka on the HDI, and how it stands on different parameters, which gave them an idea of economics in the real world.”

Dr. Sen hopes that her girls took away more than just good organisation from the conference. “I hope they realise how policy is about everything- the social, the political, the financial. I also hope the girls do not continue to dismiss government functioning, as is common now. There is a lot of thought behind these policies, though we may falter in execution. But we need to give credit to the machinery involved in the framing of these policies. There’s a lot that happens during policy making, and I hope the students see that better now.”

City Dwellers Today, City Developers Tomorrow: A report on Vision 2025

“Vision 2025: Karnataka, Unravelling the Challenges and Prospects” was a one day workshop and conference conducted by the Department of Economics, in partnership with Dialogues, a Koramangala based collaborative space for students to meet, discuss, work and participate in an exchange of ideas.

The event hosted a number of high profile guests such as politicians, MLAs, and IAS officers. Home Minister Shri Ramalinga Reddy inaugurated the event, followed by Smt. Renuka Chidambaram, Principal Secretary to the Department of Public Enterprises and CEO of Nava Karnataka, who gave the students a talk on the new Vision 2025 documents and Karnataka’s planning goals. The conference saw a turnout of about 500-600 students from colleges all over the country, such as Christ University, National School of Journalism, National Law School, etc.

With the 2018 elections approaching fast, the speakers also looked at the developmental changes that Karnataka has undergone over the years, and changes that students wished to see in the future. “Progressive Karnataka has seen some slips and hence there is a need to debate, deliberate, and chalk out a path to regain Karnataka’s lost glory,” said Ms. Sunanda, economics professor at Mount Carmel College.

Student participation in the conference was centred around these themes with events such as an essay writing contest and a quiz competition. The topic for the essay contest was “A way forward for Karnataka 2025”, and the winner was a student from the National Law School.

The talk by Smt. Renuka Chidambaram, the woman behind the ‘Nava Karnataka’ document, was the highlight of the event and a favourite among both students and teachers.

“Planning is seen as redundant - within 5 years there is a government change and most plans go for a toss then, because the new government has something else in mind. Ms. Chidambaram emphasised the importance of how planning was a basic structure, and how dynamic and inclusive it should be, and this was very interesting to hear,” said Maureen Almeida, secretary of the Economics Association. Dr. Suma Sen, Head of the Economics department concurs. “She tied the whole conference together when she talked about the Vision document, and the decentralised manner in which it was drafted, and how its different from earlier planning goals.”

The event saw an impressive lineup of individuals from the political sphere: secretary of the BJP Yuva Morcha, an AAP convenor and a spokesperson for JDS, to name a few. While the attendees found the discussions enjoyable, the
Carpe Diem (Latin for ‘seize the day’) is the two day national level business management fest conducted by the Business Management Association and the Department of Business Studies of Mount Carmel College, Bangalore.

Opening its registration counters on the morning of 19th February, 2018, the fest ran over two days, ending late in the night of 20th February. The event saw registrations from fifteen institutions and a turnout of around 150 students.

The fest included events such as Best Manager, Finance, Marketing, Entrepreneurial Development, Public Relations, Human Resources and Business Quiz.

The theme for this year was ‘Mandamus - A lawyer’s creed’ - aimed at highlighting the fine line between law and fraud in the business world. Case studies and problems dealt with the corporate legal - how differences in the legal provisions of parental leave for males and females can sometimes lead to unequal rulings in the workplace, the legality of hostile takeovers, etc. “It is important to understand what’s lawful is not necessarily moral.” said Rhea Rodrigues, secretary of the business management association and one of the key organisers of Carpe Diem.

The campus was decorated with great care - legal symbols of judicial bodies around the world were seen, along with symbols like handcuffs and police badges. Numerous posters were displayed all along the PU driveway, with slogans like ‘Stop Child Abuse’, ‘Punishment is Justice for the Unjust’, etc. Most of them were based on issues that had stirred up protests around the country.

Talking about her favourite part of the fest, Disha A. Ravi, who was part of the finance team said, “there was one round about money laundering, this one was especially interesting because you have to explain how you would get away with money laundering, so it’s basically like ‘how to get away with murder’ but the business version of it!” She added, “It was really cool, so you’re using the laws you know and you’re also coming up with a lot of ideas to escape them but in the process understand how to create checks against fraud too.”

The teachers were quite pleased with the efforts of their students in organising Carpe Diem. “It has been our endeavour to give them (students) a hands on experience and management fests such as Carpe Diem serve this purpose. When you have an event of this scale, with 5 to 11 lakh rupees being spent, when they go around meeting people, fixing sponsorships, they really put the skills they’ve learnt in the classroom to effective use.” said head of business studies department V N Raghu.

Sponsorships were particularly tricky this year. Rodrigues said that the main issue this time wasn’t a lack or unwillingness of sponsors, but GST. She said, “We approached 150 companies and none of them were ready to sponsor us because of GST. So we decided to ask them to sponsor us in kind, since GST is applicable on money transactions - which they were more than happy to do so.” Pratusha Rani, who was event head for Public Relations, said that another problem was that it was the end of the financial year, and most companies had already exhausted their funds.

This year, the most exciting event was that of Best Manager, mainly because of the twist – the two final contestants were from the same college! Tarini Sarah Bakshi and Nachiket Murthy from the Department of Management Studies in Christ University faced each other off, with the Best Manager trophy going to Bakshi.

Management and business fests are generally stress inducing, with multiple submissions and deadlines throughout the two days. Most participants forgo sleep for a full 48 hours. To destress their participants, the event head organised a ‘Jam’ session, which is considered unconventional for a management fest.

“The jam was the perfect destresser. Everyone were laughing and having so much fun, we had people from the next room coming to tell us we were too noisy. To see them enjoying, was the best part for
Cross Currents, the two day fest hosted by the Commerce Association and the Department of Commerce, in Mount Carmel College, took place on the 18th and 19th of January, 2018.

The fest saw an impressive turnout - with about fifteen colleges from across India in attendance. "We would have had more, but the dates clashed with exams of many colleges, and were inflexible," said Warisha Khan, sub event-head of the Public Relations team. Khan had participated in Cross Currents in her first and second years, winning the first prize on her second attempt. Now in her third and graduating year, Khan can say she has seen both sides of Cross Currents, and admitted that creating the event rounds was more enjoyable than being subjected to them.

The fest was named ‘Quantum Leap’, and the guiding theme of the events was ‘re-engineering’, which is a move in business where corporate processes are restructured to increase efficiency and productivity.

Maalavika M, one of the four secretaries of the Commerce Association, mentioned that she enjoyed the stress rounds the most. "It's interesting to watch because it tests the patience of the participant. You are presented with a scenario and you have to justify why a certain event has occurred, which is difficult to do while people are throwing papers at you and shouting insults. You need to be able to stand your ground and defend your firm," she said.

The seven major events hosted during the fest were: Best Manager, Entrepreneurship Development, Public Relations, Marketing, Finance, Business Quiz and Human Resources. The Cross Currents team faced quite a few challenges this year. First, it was an administrative hiccup. "In terms of organization, it's been a lot more difficult this year because previously, we had 6 secretaries, but this year we only have 4, so it's the 4 of us doing the work of 6 people. It was difficult but we managed to pull it off," said Maalvika M.

Sponsorships proved to be another major hurdle for the students. Khan said, “So many of our sponsors cancelled just a week before the fest, our Department Head was about to ask us to cancel it. Thankfully we managed to work it out in the end.”

The event heads had to take special care to Google-proof their rounds. “One of the challenges was coming up with case studies that cannot be located online easily. Else everyone will simply type in a few keywords and all these case studies are there for you to access,” said Khan. And they did this by creating hypothetical cases or by turning to their favourite shows. “We’ve taken these cases from movies and tv shows like Suits, the tricky part is to tweak it the right way so that the participants don’t recognize it,” said Khan.

Event heads were careful to make rounds relevant to the participants, and one way they did this was by including the upcoming elections. “This time we did things a bit differently with some of the rounds. For the PR round, we used the Karnataka elections which is challenging because convincing people to vote for you is a lot easier said than done.” said Khan.

Ms. Preethi Karthik, professor from the Department of Commerce Studies, said, “I’ve noticed that my girls have been more interested in class both while preparing for the fest and after. This year, the final years have decided to train the juniors how to prepare for these fests. Over the years we’ve usually stuck to conducting the same events but next year I’d like to see something new.”

Cross Currents ended with students from Christ College’s Professional Studies programme taking home the overall trophy, winning four out of the seven events conducted over the two days. The other winners too were students of Commerce & Management from Christ College. Maya Sharma, an alumnus of Mount Carmel College and a leading journalist of NDTV inaugurated the fest.
The Business Conference

The UG and PG Departments of Commerce, along with the Department of Business Studies, organised an international conference on “Global Convergence of New Age Business Practices and Strategies” on the 1st and 2nd of March 2018 in association with Binary University Malaysia, International Skill Development Corporation (ISDC) and Tata Consultancy Services.

The chief objectives of the conference were to discuss the need for global convergence of business practices across national frontiers and the extent to which such convergence or divergence impacts the functional areas of business. Strategic interventions required for a competitive and sustainable global business were explored through the various sub-themes of the conference including marketing, general management, taxation, finance, HR and accounts.

Following the welcome address given by Prof. VN Raghu, the Head of Department of Business Studies, the programme was inaugurated by Prof. S Japhet, the Vice Chancellor of Binary University. Mr. Sagar Paul, of Thought Works India gave the keynote address before introducing the guests of honour Prof. Subochana Nair of Binary University and Mr. Thomas Henderson of the Sustainable World Project. A total of five technical sessions were held along with over 350 paper presentations by lecturers, students, researchers and scholars. “Every time MCC conducts a conference whether it’s national or international, it is always a great success because it is a unique learning platform for our students. We learn about activities and innovations at a global level, how they work and what different strategies are being applied,” says Kritika Gupta, a second semester Management student.

Neetha Sai, a student of MCom who participated in the international conference as an attendee as well as as a member of the organising committee of the sessions says, “my main learning from the conference would be that co-ordination is not restricted only to the committee I am part of but also with other committees as and when the need arises. I also learnt how to handle unexpected situations with a clear mind and without giving into the panic.”

“Let’s Talk About GST”

Let’s Talk About GST

The first technical session was conducted by Shri Murali Krishna B V, Joint commissioner Commercial Taxes. The session gave an introduction to the context and background of GST along with a brief overview.

The second one was conducted by Shri. Prakash D P, Deputy Commissioner Commercial Taxes (Audit). This session dealt with the impact and challenges arising from the implementation of GST.

The third technical session was conducted by C A Venkatramanai, who spoke about the impact of GST on the manufacturing and service sectors. The fourth session was a panel discussion with the speakers from the three technical sessions along with Mr. Sreepadra. The session was moderated by CA Anil Bharadwaj. The audience was also allowed to pose questions for discussion to the panel.

The program was a huge success and received great appreciation from all the invited representatives of the Government of Karnataka. Preetha of 2nd MCom had this to say, “the GST conference was one of the most insightful sessions we had in the two year course of MCom. It generated a lot of ideas about how GST works and gave us some clarity with which to navigate what would have otherwise been a maze. We are very privileged to have the stalwarts in taxation to deliver lectures on GST.”

Clubs & Associations

"TALENT DEVELOPS IN TRANQUILLITY, CHARACTER IN THE FULL CURRENT OF HUMAN LIFE”
- GOETH

All educational institutions have to walk a certain tightrope between offering a space for quiet learning and an unrestrained engagement with the messiness of human life because what is at stake today, more than ever, is humanity itself. So, even as the quiet discipline of a classroom can offer students a space to build their talents, the freedom that the clubs and associations of Mount Carmel College offer seeks to encourage the full development of our character.

Seventy-five years ago, the college started with 50 students and three associations – ‘Humanities’, ‘Literary’, and ‘Choral & Dramatic’. Back then, the occasional lecture contest or debate and the even rarer play was what everyone may have looked forward to. Today, the college has close to 20 official associations and a number of informal groups operating within college that organize innumerable competitions through the year, eventually culminating in our inter-collegiate cultural festival ‘Cul-Ah’.

Every association is managed primarily by student members who elect a student secretary. Only when needed, are they assisted by a faculty member vice-president under the nominal presidency of the principal. This freedom to organize and run events has been critical for the many achievements of our students that we as an institution have been able to boast of.

Here are some highlights captured on camera.

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Street Dance Association: Onslaught

Onslaught, is the only all girls crew in Bangalore. The highlights this year included the fourth edition of our very own hip-hop jam ‘Hey, You Getting Down?’, and a beat boxing championship in collaboration with the Bangalore Beat Boxers Club.

The Literary Association

The Literary Association of Mount Carmel College has been a safe haven for students from all disciplines, to discover and nurture their passion for literature. Without any prerequisites for being a part of the association, we had a hundred and sixty people sign up at the beginning of the semester and the number kept growing.

Every Saturday, informal book discussions and sessions were conducted by students and members of the faculty for the community of passionate literature lovers to meet, grow, inspire and be inspired.

The first faculty session was conducted by Mr Vibhu Vasudev, a lecturer from the Department of English, on regional cinema called “Cinearios”. Keeping in mind the versatility of films, the discussion touched upon almost all the hidden gems of regional cinema across India. The session was highly interactive, introducing multiple genres of films and increasing the range of movies to be explored by the movie buffs who attended. The session conducted by Ms Sheryl Puthur, faculty of the Department of English, called ‘The Dark Side of Fantasy’, witnessed large participation. The students were so engrossed in the session that they were completely oblivious to time.

Students also got an opportunity to explore the avenue of spoken word poetry. Alumnus of Mount Carmel College and spoken word poet, Simran Narwani, conducted poetry slam workshops to encourage people to step out of their comfort zones and try something different. This helped many aspiring slam poets make their debut and contribute to the growth of this art form.

To try and do justice to the wide spectrum of everything that literature comprises of and to cater to crowds of all sorts, multiple events like creative writing competition, cosplay, aircrash, poetry slams and intra- and inter- college events were conducted throughout the year. These have helped in developing a healthy competitive spirit which creates scope for more improvement.

The Rotaract Club

The Rotaract Club of MCC always attempts to live up to the many commendations that it has received from the Rotary Club and this year has been no different. A few highlights:

Members pose with founder member of ‘Green the Red’ campaign, Sindhu Naik after her talk on ‘Sustainable Menstruation’ to raise awareness on eco friendly and sustainable options available to use while menstruating.
The NCC kick-started the year by running the Pinkathon, the brainchild of model and actor Milind Soman. And if you thought all they did was the drill, think again. Here are just a few highlights.

Community Service directors, Nida Mariam and Tanya Jessica after finishing a successful Blood Donation Camp conducted in association with the Kidwai Cancer Institute Blood Bank. An annual event now, they collected 98 units of blood this year.

National Cadet Corps

Club members visiting a restaurant that serves only millet based food in their campaign to spread awareness about the sustainability and health benefits of millets.

Medha Dhoundiyal, Company Senior Under Officer taking a break to pose as she represented the Karnataka and Goa directorate, at the national level skiing course conducted by Winter Olympians at the Indian Institute of Skiing and Mountaineering (IISM), Gulmarg, Jammu and Kashmir.
Lance Corporal Meghana N Purohit, Lance Corporal Ritu Kalburgi, Cadet Dipika Varlani and Cadet Riya Nigam, at the National Integration Camp-Mysuru where they won the throwball tournament. They also took top prizes for tug of war, National Integration Awareness Programme (NIAP - a presentation competition on the states they represent), group song and table drill.

Senior Under Officer Priya M K and Junior Under Officer Dechamma Sudaiah photographed here after they cleared seven consecutive 10 day camps and made it to Delhi for the final competition at the national level in Thal Sainik Camp.

Junior Under Officer Urmish Yadav, Company Quarter Master Sergeant Ruchika Yadav, Corporal Sharanya Namibhar, Lance Corporal Harshitha S take a pic break when they represented their directorate at the national level in the National Integration Camp held at Kohima, Nagaland.
3 days, 86 events, and one winner; Cul-Ah 2017 was nothing short of all the hype and expectation. With colleges from all over India participating, this year’s theme, ‘The Queen’s Reign’ it turns out was quite the trend setter across the cultural fest circuit. “This year’s theme was repeated across so many colleges. Everywhere we went after Cul-Ah, Indian Royalty or Royalty was a theme,” says Madiha, a member of MCC’s renowned Fashion Team. The fest was held on the 7th, 8th, and 9th of December, 2017.

It started off with an absolute bang, the college resounded with the beating of drums and nearly the entire degree section brought in Cul-Ah dancing.

From events ranging across dance, music, literature, fashion, photography, films, and then some more, this year’s fest broke MCC’s personal record with 86 events. “Even the small events had 15-20 participants, and that was beautiful for me,” says Namitha, President of the Student Union, when asked about the Union’s greatest achievement during their year in office. Cul-Ah also saw international participants this year with two colleges flying in from Dubai to make it for the fest, making it an international level fest.

Cul-Ah had a number of artists and professionals come in and entertain students across all three days. From Comedy to EDM, the fest had it all. It also gave students an opportunity to take stage as opening acts for big names in the industry.
On Day 1, the campus was filled with laughs and students were tearing up thanks to Kunal Kamra, who was the main act of the night. Harman Preeth Singh, was the opening act for Kunal and he left the audience in splits with his “Hinglish” humour.

Day 2 was filled with performances by various colleges, the most popular being the Fashion Show that had a rather large audience. The theme for the Fashion show this year was “Royalty” and participants took inspiration from India to Mesopotamia, they left nothing uncovered. The end of Day 2 saw a lot of rock and roll fans line up in front of the stage. “Battle of the Bands” was one of the most sought after events during the fest. This was followed by a performance by “Beg to Differ” a Bangalore based band who rocked the crowd off their feet and had everyone singing and dancing to their music. Day 2 of Cul-Ah was a mix between Bollywood and rock and roll, since the end of the night saw DJ Adit and DJ Gurbaxx take the stage. Both of these were class acts and everyone was left grooving even after the set was over.

Day 3 at Cul-Ah was filled with excitement because it was the last day and all the participants were eager to find out which college was going to take the rolling trophy back home. Our very own MCC Fashion Team lit the ramp on fire with their final walk, they even included the use of hover boards that left the audience amazed. Day 3 ended on a very high note, with international EDM artist, DJ Marianna Bo mixing beats on campus. It was quite the performance and the entire campus was lit in strobes and lasers.

As for the winners of this year’s Cul-Ah, Jain University Centre for Business Management Studies took home the trophy for the third time in a row! Therefore taking the trophy home for good.

Cul-Ah 2017 started and ended with the same energy that it started off with, magical; and that is truly something!
One of the biggest events hosted by MCC was KHEL, the week-long annual intercollegiate sports fest. 6th of January, 2018 saw the inauguration of the event by the Hockey Olympian and Arjuna Awardee, A. B. Subbiah, with a 3KM marathon. The subsequent events were conducted from 8th to 12th January.

KHEL saw around 30 participant colleges fight it out on the playing field and also saw Hockey being introduced as an event for the first time, though it was an event for men. Though Jain University won the overall trophy, MCC won the Throwball tournament, fared third in the Football tournament, and were runners up in the Basketball and Volleyball tournaments. The events were hosted under the supervision of Ms Meera P Rao and Dr Mary Dolly of the department of physical education, and Ms Rochelle Dilip, the Sports Secretary of the student government.

K Rochelle Dilip – Sports Section
It was overwhelming... It was a roller-coaster ride... A fun roller-coaster ride...

Nandini Chandrashekar - Volleyball cap
Khel made me basically a stronger person than I thought. Taking up a captainship wasn’t an easy one dealing with 12 different mindsets of people and maintaining a unity was hard yet we succeeded in all aspects.

Aishwarya Nagabhushan – Basketball cap
I’m from a sports family, and that is how I got into sports. And why basketball? This is only because I wanted to grow tall. But that never happened and I ended up being an official basketball player.

Siri Kamrath – Throwball Cap
Khel has been an extraordinary experience event to organise. It was a fun experience and we did learn a lot about sportsmanship, competition and how important being consistent is.
“Kannadothsava” (Kannada Day), which was organised by the department of Kannada on the 31st of January was an event celebrating the distinctiveness of Kannada, as a source of pride and the role it plays in moulding our identity as people living and studying here.

The programme began with the introductory speech which was followed by nadageethe sung by the team ‘Kajaana’. After a group dance performance, the chief dignitary, former minister and poet, B. T. Lalitha Nayak, the vice principal and department staff lit the inaugural lamp. The head of the department Mrs Dakshayini and the principal Dr Sr Arpana addressed the congregation. The event also included performances of Janapada dance, a drama based on Lalitha Nayak's literary work ‘Koragabeda kannadadhamma’ and the folk song ‘Madikeri mel manju’.

The highlight of Kannadothsava was ‘Dollu Kunitha,’ a highly popular drum dance of Karnataka which had students clamouring for more. The performance ended with a standing ovation from the audience.

The event concluded with a short talk by the chief guest who commended the programme, recounted her personal struggles and stressed the importance of adopting simplicity for a peaceful life. The secretary of the Kannada Association, Thanusha Kamal, gave the vote of thanks. ‘Kannadothsava’ was broadcast on D. D. Chandana.
UGC Expert Committee Visit for Autonomy Review
Independence Day Celebrations

UGC Expert Committee Visit for Autonomy Review

Foundation Day
Retirees & Jubilarians

Institutions owe their everything to the teaching and non-teaching staff who have worked for over half a decade. These are the people who have built and fine-tuned their knowledge and practices; they are the keepers of organisational memory, the living repositories of archival knowledge, gurus and trainers for all newcomers – without them we would feel more than a little rudderless. Meet the retirees and jubilarians of 2017-2018.

Retirees

Dr. Josephine Rosario
Dean of Commerce & Management

Dr. Josephine Rosario, ‘Jo’ to her friends and ‘Jo Ma’am’ to students and younger colleagues, is a pillar of the institution. Her vision and exemplary work for the Department of Commerce is universally acknowledged as having transformed it from being a 5 member faculty in charge of one UG course, to a 40 member team that offers ten different streams at the UG and PG levels.

“She thinks of us as her kids and she hates it if any of her kids refer to her as Josephine ma’am and believes that anyone who knows her will always call her Jo ma’am”, says Warisha Khan, Sem VI BCom. “And before every class she never forgets to pray for all of her kids.” adds Sharon David, Sem VI BCom.

Her colleagues and vouch for the fact that her passion to learn has only grown during the past 33 years of service at Mount Carmel college. Even after being one of the most qualified teachers in the commerce and management department, having done her M.com, MBA, Ph.D and even a diploma course in counseling, she still manages to remain humble and down to earth—a quality that even the students recognize.

Her colleagues believe that she is the best dean they could have asked for. “She never makes us work under too much pressure. The one thing she always tells us is ‘This too shall pass’ and that gives us all great comfort,” says Madhuchanda Chakratbarthy, associate professor from the Department of Hindi (UG).

“Jo ma’am has a very different teaching style. She taught me accounting principles in Pre-University and I remember them so clearly even today. Her method of teaching was so sincere and so intense. She managed to get someone like me, who didn’t have a natural leaning towards numbers, to do really well in my Accounts and to be excited about the subject as well. I can never thank her enough.” says Kruthika HFI, a student turned colleague who has known her for thirteen years. Jo Ma’am is also an inconspicuous philanthropist. Dr. Ramesh in his speech about Jo Ma’am at the retirement felicitation programme revealed how she has been giving away almost 30 percent of her income to the educational needs of first generation learners. And apart from students every colleague she has worked with also remembers her constant encouragement.

“When you throw a stone in water – you can’t see your face clearly. But in still water, you not only see your face, but the surroundings as well”, says Madhuchanda Chakratbarthy, associate professor from the Hindi department. She explains that Geeta Devi B Katti, who is retiring from Mount Carmel College after teaching Hindi to the UG student for 26 years, has taught her to approach the most difficult of problems with a calm mind as that helps one to be open to multiple perspectives and look at the bigger picture.

Elocuence and poise

Koyal Biswas, a lecturer from the Hindi department, points out that Geeta Devi’s patient and forgiving nature helps resolve issues, if any, in the staff room before they become conflicts. “Her loving and caring attitude towards her colleagues makes it easy for the juniors to approach her. She is also so sweet and gentle that you cannot help but listen to her.”

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Dr. Asha D Shirolikar
Professor
Department of Hindi (UG)

Dr. Asha Shirolikar, who is retiring after 30 years of invaluable service, was the “best HOD anyone could ask for,” says her colleagues in the Hindi department.

Trouble-shooter
When it comes to that time of year when departments are under stress for meeting deadlines and completing the syllabus, “the Hindi department gets the work done about ten days ahead of time,” says Koyal Biswas, associate professor from the Hindi department. She explains that the reason behind never failing at deadlines is the policy of individual work being submitted to the Head of Department and being thoroughly scrutinized by each person in the department, undergoing multiple reviews. Only after this, the final submission is made. This policy was created by Asha Shirolikar, who was “dot on time with her responsibilities” and made sure everyone else was too.

Team-leader and confidante
Asha Shirolikar has also been nicknamed “dictionary” by the department due to her command on the subject. Her reading habits and knowledge have led to a culture in the department where everyone either reads or discusses issues in their free time. “She has kept the team together and supported them. When I have an issue, I know that I can go to her without thinking twice,” says Madhuchanda Chakrabarthy, associate professor from the Hindi department. The members of the staff room credit the healthy atmosphere and the beautiful bonds and relationships shared by the people within the department to its trust-worthy leader.

“We are so content and satisfied with each other with the kind of support, belief, sharing and caring within the department that we don’t have to look for help outside, and Asha Ma’am has played a huge role in maintaining that. We have learned so much from her, and just her presence will be missed so much,” says Koyal.

Ms. Sagaya Mary Lilly
As you enter the archives room in college, it is hard not to notice how organized and clean everything is. This is all thanks to the hard work of Mrs. Sagaya Mary. Having worked here as a non-teaching staff for the past 33 years, she has helped organize and maintain various departments, classrooms, corridors and almost every conceivable space on campus.

After working directly under seven principals, she is proud that there has never been a single complaint against her. She fondly remembers the first principal she worked for - Sr. Jesuine Mary and also Sister Celine from the convent, who says taught her all the work that needs to be done, which she followed to this day - using the same methods to train new staff.

“The Sisters have always been kind to me. Even now, Sister Arpana who is aware of my age asks me to sit down during meetings and not tire myself out,” says she.

As the oldest non-teaching staff she is “doddamma” to her colleagues and they playfully tease her to see her smile.

“She works diligently. Earlier she would even do all our work. She always guides the new and teaches them correctly. Now that she’s old we try to help her as much as possible” says Snehanav, her colleague for the past 12 years. Nitin M from the Communications department says “for the last 10 years she’s been the first person I see on most days as I run anxiously to the department in the morning, and her “Good Morning” makes me stop and smile and somehow, I suddenly relax.”

As a mother of three boys, even though she likes her work, she says she looks forward to retiring and resting at home.

A Note from Priya Kurian, Lecturer, Dept. of Psychology

Leila is a ray of sunshine. When she walks into the department, her presence lights up our day and we all spontaneously greet her with a cheery ‘good morning’! ‘Hi’, or ‘halo dear’. Then she proceeds to sit at her messy desk, where only she can find things, which she justifies by saying ‘there’s order in my disorder’. Soon, we start queuing up at her desk with our queries—academic, emotional, personal or just plain gossip! Leila always got us out of situations with typical Leila-isms ranging from ‘oh shush that off like water off a ducks back’, ‘God knows what’s best’, ‘that one has a boulder on her shoulder’ or with an inappropriate joke to lighten the situation! Leila embodies the humanistic perspective of always finding the good in others. She is calm within her chaos, which like the proverbial tortoise, always keeps her ahead in the race of life. Both professionally and personally, Leila always handles the toughest of situations with poise and reason. Her attention to detail in the most insignificant aspects provides an insight into her perfectionist nature.

When it’s time for class, she diligently makes notes and which like the proverbial tortoise, always keeps her ahead in the race of life. Both professionally and personally, Leila handles the toughest of situations with poise and reason. Her attention to detail in the most insignificant aspects provides an insight into her perfectionist nature.

A Note from Kala Ramesh

Leela came to teach us in the last year of degree; I can’t recall it was only the last term but I do recall very clearly the effect she had on my best friend, who will appear here as S, because she’s not going to take kindly to my putting her in this.

So Leela. She was beautiful- here’s where our journalistic reflexes will go “no! You can’t use beauty to introduce a woman”. But Leela’s beauty was a thing. It was as if it was separate from her, because it seemed to walk ahead of her and you met it first, before meeting her intelligence and that wicked wit she’s known for. It was the sort of beauty that made you think of angels and even I who rarely thought of angels, heard a distant tuning of angelic harps when Leela was around.

As I said, Leela taught us briefly but she quickly got our respect, because along with her other qualities, she was also imaginative in her dealings with the students. I, who had been in trouble with the psychology department for so long, it was beginning to seem like I would never put my past behind me, but with Leela, I quickly began to feel like I could take each day as it came.

But Si! that’s the real story: S was and remains the most deliberate friend I’ve had, and when I say ‘deliberate’ you’ve got to think of a Thoreau-like I want to live each day with deliberation. It would take too long to explain, permit me to sum it up by saying that she believed that life did not know where to go, that you had to steer it, and you had to be determined about this steering: one little lapse, even the briefest carelessness and the luck, the fortune meant for you, could slip off in the wrong direction.

I knew that these were lessons she had learned from a tough childhood. S was habitually guarded to the point of secretiveness and trusted no one till they had proven they could be trusted. It was in the last year, a couple of months before we would graduate: people had began to ask the “what next” question: Mahima and Suparna, the class toppers, knew what and where they would study; several others were discussing options, application etc. S had said she wanted to study psychology and economics; I would do English at the local university. One day, we
Dr. Mythili Jagannath
Associate Professor,
Department of Zoology (UG)

Dr. Mythili Jagannath says she still remembers the day she stepped in to MCC as a student of PUC in 1974 and fondly remembers her 5 years here till she left to do her post-graduation in 1979. She returned a few years later and was appointed by Sr. Genevieve and 25 years later, she is stepping down from the roles of Professor and HOD of the Department of Zoology (UG).

“An amazing teacher and mentor”

Her colleague, Vimalka C M, Dean of Science and associate professor from the Department of Zoology (UG), who was also her classmate in her undergraduate class in Mount Carmel College, fondly remembers the days when Mythili was a student. “She topped the class and was always thinking of creative ways to apply a concept she learned. Her interests were very unique and research was always in her blood.” Mythili went on to acquire a Doctor of Philosophy in human genetics which Vimalka says was “all new and cutting edge back in the day.”

“An energetic teacher who plants ideas in the students’ minds,” says third-year student, Miralini Srinivasan. Another former student and mentee, Nikita Jain says, “Mythili Ma’am helped build a scientific temper in all her students. She explained scientific concepts through their applications.” Students from her last batch point out that she informed the students of examinations like NET and KSET and explained the importance of attempting them, of which a lot of students were not aware. Apart from identifying Mythili Ma’am as an encouraging and supportive teacher, students also recognize her as a caring mentor. “I remember, once, I was late for class and Mythili Ma’am scolded me a little harshly in front of everyone. But after class, she came to me and apologized, made sure I was okay and didn’t feel too hurt by the incident,” says Nikita.

“She is a committed teacher, a dependable colleague, a tolerant friend and an innovative human being. She will be missed by everyone,” says Vimalka.

best friend, but had told Leila, the new teacher. S wanted to study a specific course at a specific University in the US - it would be very tough because she couldn’t afford tuition, and scholarships were few. She had gone to Leila to ask her if she could do it because Leila could be trusted to tell the truth. But that wasn’t all: it was what S said after that, which killed me then, and makes me slow, and smile, when I see Leila. S said she had told Leila because she wanted someone to keep her secret wish alive and Leila was the only one she knew who would do it. That’s what Leila is to me: the person who kept my best friend’s secret wish alive, till she could finally make it come true.

Jubilarians

S Regina Lourdu Suganthi

Regina Lourdu Suganthi is an associate professor and HOD of the Department of Computer Science (UG) and Bachelor of Computer Application (BCA). Her colleagues say that she is the “backbone of the department.” With the end of this academic year, she completes 25 years at MCC.

“Discipline is my priority”

Regina is a systematic planner and a meticulous organizer. However, the quality that her colleagues think stands out the most, is her ability to manage time effectively. “Her persistence and on-point organizational skills are due to her punctuality – her time management skills. She pays attention to minute details and is very hard-working,” says Kavitha R, assistant professor from the Department of Master of Computer Applications. “She is a tough taskmaster and perfectionist who expects nothing less from her team.”

“I love my job and I love knowing about my students”

Shaila Mary, co-ordinator and assistant professor from the Department of Computer Applications, calls her a “dynamic” personality who is a strict leader but also a caring teacher, invested in her students’ journeys. “She follows the graph of students’ that she has taught in the first year until their final year, even if she doesn’t continue to teach them. She also counsels her students. She once counselled a student who had lost her mother and supported her in attempting the exams.” Apart from these qualities, her urge to learn more and be up-to-date in the subject have led her to be called “superwoman” and “role-model” by her colleagues P er p e t u a N o r o n h a and M a r g a r e t, lecturers from the Department of Computer Science (UG) and BCA.

Looking back at the years, she says, “I would like to thank my students, my department teachers who are my friends and my colleagues, Shaila Mary, Renju K and Dr Lakshmi of the Statistics department for making my journey here beautiful.”

Ms. Sujaya Sundaram

Sujaya Sundaram is presently the sole keeper of stories and department memories of the famed English Department at Mount Carmel College, the next senior teacher having been here for only 10 years. Without storytellers like her, organisational memories and learning gleaned over years of experience would just disappear. Many of her students are now teachers and they all remember the allure her classes held for them.

“I remember a summer afternoon class of Dickens’ ‘Tale of Two Cities’ in hall C where we were all mesmerized by her attractive face and voice.” Says Sharon Lopez an ex student and faculty with the department of Communications.

“Again, I thought she was a very strict teacher, probably because she didn’t teach us but once she did, I grew very fond of her. Her subject knowledge is so vast yet it comes to you as a lovely tale” says Sheryl Putur an ex student and present colleague. Sheryl recalls Sujaya Ma’am’s classes on Lailthambika Antharjanam vividly.

As colleagues, all who have worked with her says she makes the staffroom a cheerful space where intelligent debates can take place constantly. As a senior teacher in college she is also valued for the time she takes to make new teachers feel more comfortable and help them with their classes.

Her ability to connect with different kinds of people makes her approachable to most students. Many students mention how they are able to easily interact with her because of the consideration she has for their specific circumstances.

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Ms. Valsamma Sebastian

The image that comes to your head when you hear the name Valsamma Sebastian, Associate Professor with the department of Political Science, is of her neatly ironed and draped sarees that don’t seem to move an inch through the most hectic of days.

“Everyone remembers her as that prim and proper teacher with her neatly draped sarees,” says Alice Mathew, her colleague and best friend. “Even her caring nature cannot go unnoticed. She once helped a student financially in order to let her finish college. And she does it all quietly. She doesn’t like to make a show of it,” adds Ms. Mathew.

Her colleagues also report that she almost never forgets their birthdays and always gifts them beautiful sarees. As the head of the political science department she is also admired for rejecting hierarchies and actively sharing administration and ownership with everyone, even the newest faculty members.

“She has given me the space and freedom to do my work and never intrudes on it. She always appreciates our work which encourages us and pushes us,” says Liana Gomez, a student of Journalism.

As a motherly figure, she is lovingly called ‘angel’ and is known for being trustworthy. All her colleagues agree that she is irreplaceable.

“With her patience and diplomacy, she has seen the English department through many a troubled phase,” says Sahana Das, department of Communication Studies, who has known her since 1996.

The grace and intelligence that radiates from her has led people to remember her as one of the best emcees that Mount Carmel College has ever had.

“The way she teaches class brings alive the characters in the book. I’ve fallen more in love with the paper because of her”, says Liana Gomez, a student of Journalism.

“She always gives us a lot of feedback about everything we do, like the backstory of the author and things like that - something more than just what the book will provide us with, so it makes the books and poems she does with us very special”, opines Dhruti Kalavapudi, a student of Journalism.

Ms. Valsamma Sebastian

It’s been a journey of various ups and downs. It wasn’t a smooth road at all. Even last year, when I was the treasurer, it wasn’t a smooth journey. It hasn’t been this year either. But that’s what is fun about it. You can’t be on a rollercoaster that always goes up, that doesn’t happen (yes, that’s a Fault in Our Stars reference), and it’s nice because the lows give you importance of the highs,” says Namitha MS, former president of the union, about her term.

What would she say has been her union’s highest high?

“Khel was something we started off last year and that fest has been my baby, more than CulAh has been. This year, I saw it coming together with more colleges, and that was amazing to see. Another high for me was that this year participants came all the way from Dubai for CulAh, making it an international level fest, and that doesn’t come easily...When I look at the participation at CulAh and see that even the small events had like 15-20 participants, that is beautiful for me,” she smiles.

“I remember last CulAh, the gates had closed for the Bollywood night and they weren’t letting me and my roommate in. We had been looking forward to attending it and we were just about to leave when Namitha came and let us in,” recalls Shreya Dhir, a second year student.

What was it that made them so popular? “I think it’s the work we do, and the work ethic we have. When people look at us and say, ‘hey I really like the work that you did’, that itself shows we’re getting recognized for the work we do,” says Kajal Hamjad, former general secretary.

“Sometimes some girl will come up to us and say ‘we have this issue, what do we do?’ I think that’s what matters. That’s what speaks for what we’ve done, and in that way, I think our union has done a pretty good job,” adds Sanjana Jagdish, former assistant cultural secretary.

“College has been so wonderful to give us this platform...I don’t know if we’re leaving anything behind, but even if 5 years later, Nagaraj anna here says ‘ey Namitha amma, chennagideya?’ that’s all that matters,” Namitha signs off.
Prepping for President

BY APOORVA TRIPATHI
SEM IV, COMM. HONOURS

Priyanka Nath, newly elected president of Mount Carmel College, tells us how she’s preparing for her new role, and how her life has changed since the elections.

Priyanka Nath who is doing her BA in Psychology, English, and Journalism, is a dancer, and a sportswoman. She models on the side, has participated in pageants, and been on the cover of the leading Assamese magazine, ‘Nandini’. This is probably why Carmelites think she bears a resemblance to Nydile Ranganath, the popular president of 2016-2017. “I didn’t know Nydile very well. I have never been in contact with her except when I went for the elections and I spoke to her about what I should do (she said to go for it) but I really don’t know her that well to impersonate her. Maybe I do resemble her. They say I do, and maybe I do,” shrugs Priyanka. Does that mean that there is a mould that MCC presidents have to fit? “There definitely is. The President has a lot of power in the college because you’re so busy with college work,” she laughs.

How does she think she’ll balance out her work and off-work duties when she takes over as President? “I definitely have to keep up with my regular life. My routine would change, I’m sure it would. I’m sure things are going to change in a big way, and I might not have time to study but I’m going to have to balance it out, somehow. We don’t want to have backlogs. I have ambitions after graduating, so I can’t afford to have backlogs or come back to clear papers... My mom’s biggest concern when I stood for the election was ‘would you have time to come home?’ Even I thought of it and I was in two minds before the campaigning began. But after campaigning began, I made up my mind. Now, we’ll see what happens,” she says, holding up crossed fingers.

Meet the New Student Union

One President who laughs at her own jokes, a General Secretary who is terribly funny, a Treasurer who is the baby of the lot, a Cultural secretary who loves lip balm An assistant cultural secretary who is the designated mommy of the group, and a Vice President who is a “button.” This is how the new Union described themselves. Newly elected, full of zest, and ashaured passion for hard work, humour and mini meals from Ayodhya Veg from down Lester’s Lane; they are ready to take on the new year head first! The six of them are very different but work well together. Here’s an interview of them, for you get to know your Union!

At this point, two boys walk up to us and ask if she is Priyanka. She excuses herself a minute and poses for a picture with a board they give her. “They were students from SJCC who are trying to spread awareness about cancer. There’s an event happening on the 18th of Feb to promote cancer awareness. This is the second thing I’ve been approached for. The first was the Under 25 summit, just to promote it,” she says.

Q. Who was the first person you told after you won the election?
Priyanka: My mother
Anisha: My parents
Swetha: I told my parents about it.
Swapna: My dad. He happened to call right after I found out and hearing the joy in his voice, made winning this all the more worthwhile.
Pragya: My campaign team who was sitting outside the voting venue, waiting way more eagerly for the result than I was.
Rahath: My dad. He was the reason I put my fear behind and stood for the elections.

Q. What do you do to destress?
Priyanka: I sit down and talk to a close friend or I eat something. If I have the time I go for a quick workout which helps me alot.
Anisha: Read a good book and take a long shower.
Swetha: Take a 15 minute walk and just spend time with myself to boost my energy again
Swapna: I usually get on YouTube and try to find new songs. Singing helps as well. Or I try to write or read. Depending on what my mood is like and how stressed I am.
Pragya: Call a few starred contacts, or just go out for a good evening that’s all about me-time.
Rahath: I have a habit of over thinking so I try to sleep when I’m stressed and then wake up with a fresh mind and think straight.

Q. Which union member would you call at 3am in case of a crisis?
Priyanka: Anisha Maria Koshy if I have to name somebody.
Anisha: Either Priyanka or Swapna
Swetha: Priyanka or Anisha for sure!
Swapna: Anisha Maria Koshy, but she’d be fast asleep because she sleeps way too early, but I’d definitely call her at 3am when I’m in the middle of a crisis.
Pragya: I share an equal equation with all of them and would be super comfortable to disturb any of them at any hour of the day.
Rahath: Swapna

Q. What’s the one thing that you think everyone should know about you?
Priyanka: Everyone should know I am dependable and approachable.
Anisha: That I’m not as intimidating as I might seem. And you can always offer me food, and I’ll never reject it.
Swetha: We can talk over coffee about any experience, issue or even if you just need someone to listen.
Swapna: That I’m patient. And a good listener. Even if you call me up at 2 in the morning, I will listen to you rant hoping that you feel better when you hang up later.
Pragya: As I said in my election speech, I’m always there for them and I’ll always strive to fulfill all the promises made and all the expectations thrown at me.

Rahath: Although I’m very hyper all the time and usually tend to come off as a little baby, I can be mature when I have to.

Q. What’s the one stereotype about Carmelites you’d like to change?

Phiyanka: That Carmelites are dumb and cocky.

Anisha: That a group of women cannot work well together.

Swetha: That we’re dumb and only have layers of makeup without being catty.

Achpal adds.

A final year student of Psychology, English and Journalism, Sayantika Majumder is a 27-year-old queer poet and theatre actor. She is also one of the founding members of All Sorts of Queer (ASQ) which is a support space for queer women in Bangalore. She believes that spoken word poetry started on the streets and had always been used by the oppressed, a tool for people who don’t have a voice. “I use my poetry for something like that, especially with regard to queer issues. One of my more popular pieces of spoken word poem is ‘PTSD’ which is about sexual abuse and life after that. The other one which I initially performed is ‘Why she’s not gay’ and that became my ‘coming out’ poetry.”

Spoken word is often used to remove stigmas and uplift taboos, be it querness or even mental health. 20-year-old Anagha Bharadwaj (who apart from being a spoken word artist is also an RJ and a bellydancer) is a multi-talented final year student of Psychology, English and Journalism dealing with clinical depression and anxiety.

Depression and anxiety has been a large part of Anagha’s life since she was in PU. However, it’s only been in the past two years that she’s started coping with it better than before. When I was in PU my family was going through a lot of issues and now it has left me with a lot of unspoken resentment again my parents. I needed to keep myself busy otherwise I would have gone suicidal. I don’t go to a therapist so I guess this is my coping mechanism.” Anagha was introduced to slam poetry by a senior of hers who encouraged her speak out about her mental illness through poems. “Writing came naturally to me. I really needed this platform so that I could understand my own emotions and write about my problems. It gave me a space where I could say things without being judged.” After winning many different competitions, Anagha proceeded to be a co-founder of Big Talk Bangalore - a movement which encourages people to meet new people, skip small talk and have deep meaningful conversations. “This was a huge initiative because I wanted people to speak about things that really mattered and discuss problems that they have. I opened up about my mental illness to strangers; it made me more comfortable with myself when I saw people struggling with the same problems,” she says of the initiative.

As the spoken word poetry movement is picking up pace in the campus now, many of these poets move on to bigger things such as hosting or finding poetry collectives, or establishing widely-read blogs or unique companies that promote art and creativity of all kinds. Durdana Simran is a 19-year-old and founder of The White Letter, a company that organizes events and creates safe spaces for artists from multiple genres to come together and express themselves free of judgement and pressure. “I started the The White Letter in 2015. It was just a personal website for all my work, like how a blog is. After that, I started out with some curated events. We have only had two events as of now, ‘Free Fall’ and ‘Rhapsody’.

Free Fall was mostly about poetry, music, and just coming up there and showing your talent. Whereas Rhapsody, was about expression, but in a different way. We had ‘metaphorical mirror’, where people could sit down in front of a typewriter and speak out their thoughts and feelings. Poets wrote something for them as a souvenir. Then we had ‘Rasa’, which was a very fun, engaging dance event. It was very exciting for me because I could see my own company grow so far and come to a stage where people were recognizing me with my brand.

More and more people, especially from college are keen on exploring the art form. The Literature Society conducts poetry workshops where college alumni and eminent poet Simran Narwani gives tips and advice to help aspiring poets perfect their craft.

To people who are just starting out, Simran Achpal’s main piece of advice is to conquer one’s insecurities, never hesitate and just go for it. She manages to conquer her stage fright at events by talking to other performers to get her mind off it. “I’ve gotten a lot of people into this by mostly encouraging them to start out by coming to these events, just to see what the community and audience is like – they’re like a close knit family,” she says.

The art form, Sayantika points out,” isn’t about larity pentameters or those classical poetry jargons. It might not have rhyme or rhythm but just be four lines which I’m putting out there to be heard.” Durdana Simran also feels that “Spoken Word lets you understand what your audience wants.”
Climbing to the Top

Sonali Pereira, 21, is a rock-climber and post graduate student of Psychology. From being a reluctant trainee to a national level sports person who has represented India many times, she is a Carmelite to look up to as she continues climbing her way to the top.

“My uncle is the national coach, so I grew up watching him coach his students, but I wasn’t interested in climbing. I was more of a bookworm and an introvert but I was kind of forced to climb, to go to the stadium and to practice.” At the age of eight, Sonali started accompanying her younger brother, Bharath, to the stadium where he would practice. “My brother is four years younger than me, so my parents would send me (to the stadium) with him, as a guardian,” she says recalling her first exposure to rock-climbing.

“I started climbing when my brother started, but he became way better than me (because I didn’t train). I was always compared to him and that’s why I hated the sport. I hated training. I climbed the least possible amount, just to keep everybody’s mouth shut. I almost gave up.”

Upon her father’s advice, she decided to give the national selections a shot. “He said ‘why don’t you give it a try, after that you can see what happens and then see if you want to give it up or not?’ So that was my first competition and I got selected for the nationals. Then people said ‘oh you’re actually a good climber, sorry for screaming at you’ and I got a lot of praise for it. Ever since then I’ve been competing.” However, she confesses that even after that, she liked the climb but she still disliked training and only continued competing because she enjoyed the social aspects of the events. “I got to meet friends and got to camp and competitions, but I didn’t like the hard work part of it. It was always a hobby for me. I just happened to keep going.”

Sonali represented India at the Asian Youth Sport Climbing Championship at Singapore in July 2011. “I didn’t win a medal there, my brother did. (laughs) I had an injury that year, but they didn’t believe me. They thought I was doing drama and my coach made me train extra hard and that only made my injury worse. I only reached the finals… if it wasn’t for the injury I think there was a probability that I would’ve got a medal that year.” She adds that she hadn’t realized how severe that injury was at the time. For a few years after, she couldn’t train as intensively due to it. “Again, I almost gave up climbing… but two years back, something happened and I fell in love with climbing and I realized that it’s not only about competitions you know, it’s about the lifestyle and the duty of just climbing and blah blah blah… (laughs)”

By 2015 Sonali had won one sub-junior national medal but had been losing the nationals “by like a second, like a small margin” for a few years. She decided that she needed to take her sport more seriously and train better. “Even though it was called ‘training’, I would cheat a lot. No one knew. Whenever my coach wasn’t looking I would skip the exercises. When everyone in my team progressed, I just avoided the pain. So, two years back I decided that that I would train seriously.”

In 2016 she won the national medal despite having dengue and went on to represent India at the Boulder World Cup at Navi Mumbai for two years (2016 and 2017). She won the Boulder World Cup last year. “Last year I decided that I wanted to be a professional climber. So now I’m transitioning from hobby to professional climbing.”

She says that her parents more or less support her plan of going professional. “They are supportive… but I think my dad really wanted me to do medicine,” she says and laughs.

Currently, Sonali is pursuing a Master’s degree in Psychology and wishes to become a sports psychologist in addition to achieving her rock-climbing goals. Other than climbing, she also plays hockey and football at the state and university levels.

Exercising Balance

Shwetha K. Rao, a journalism student, takes her aspirations of becoming a professional dancer and theatre artist very seriously. She talks passionately about trying to balance dance, theatre, and academics.

Shwetha started learning Bharatanatyam when she was three and half years old. Since her rangapravesha (solo debut) in 2015, Shwetha has given many public Bharatanatyam performances. Currently, she is preparing for the annual Brahan Natyanjali Festival - a platform where many well-known Indian classical dancers from all over the world perform. Being strongly inclined towards acting and writing plays, she formed with Rangaprabhati, a theatre troupe, and has collaborated with other theatre groups like Klyative Theatre and Rangasourabhi.

It was during her rangapravesha when she realized with certainty that dance was her calling and that she wanted to work towards becoming a professional Bharatanatyam dancer. “As I did the final namaskara on stage, I had this spiritual calling and I realized that this is it – dance is where I belong.”

This was also when she had just started a Bachelor in Architecture course at a college in Bangalore. After her rangapravesha, Shwetha dropped out of the course. In the 9 months that followed, she worked hard at theatre and dance practices and gave many shows. “Sometimes taking a break from college, dropping a year even, can really help clear your head and help you figure out what you want to focus on. If I hadn’t taken a break from college for those 9 months, I probably wouldn’t have realized and developed on my passion for theatre.”

She later joined the Psychology, English Literature, and Journalism (PyEJ) course at MCC. “I am really happy at Mounts. Everyone here is really pro-arts and very encouraging. This course also gives me the time to concentrate on both academics and performing arts.”

However, Shwetha says that things become difficult when she has to prepare for dance performances and theatre shows that are around the same time, without compromising on either. “Right now what I do is to focus on one thing entirely. For example, if I am at a theatre rehearsal, I am in that zone and I give it everything; I don’t think about college and dance at that time. Getting out of that zone and shifting my focus to dance or college work takes some effort, but with time and practice you figure it out and the transition becomes smoother.”

Shwetha says that sticking to her schedule is really important for her to be able to maintain a balance between college, theatre, and dance. “So if I say I’ll wake up at 5 in the morning and practice, I must wake up at 5 and practice.”
When Dance “Just Feels Right”

“Dance was in-built in me. It’s like when you’re dancing and you’re like okay, this is where I belong and not anywhere else. It just happened to me,” says Shivani Shivakumar, a Bharatanatyam dancer who is a second year student of BCom.

Her mother was the reason she started dancing. “She thought that I was really interested in dance and put me into classes (Bharatanatyam). I started going to class when I was five years old.” By the time she was ten years old she had participated and become the first runner up of a reality dance show “Kunjyornu Baara” (Season 4). She says, at that age she didn’t realise how huge it was and thought of it as “just some other program where we went and danced and came, but with fancy cameras. But now when I think about it, I realise it and feel wow!”

Shivani has learnt different dance styles, apart from Bharatanatyam, like Kuchipudi and Contemporary. She has also done courses in Yakshagana. When asked about which style of dance she connects to most she says, “I connect to two styles, I like to perform a blend of Contemporary and Bharatanatyam. I was very inspired to use this technique of body conditioning into Bharatanatyam which makes it look very attractive for me. I connect a lot to Bharatanatyam of course, but I wouldn’t like to ignore how much my body connects to Contemporary.”

Along with her Guru Dr. Sanjay Shantaram and a few other senior students from her class, Shivani also choreographs dance items and teaches students. Talking about the difference in experience of being a student and a teacher, she says, “Being a student you get to learn a lot, but being a teacher, you get to learn much more than you think you actually would.” Shivani says that her art contributes to her personality “in a very major way” more into multitasking. It becomes a part of you, otherwise you can’t function.”

Being the co-secretary of the Indian Dance Association (IDA) of MCC, she talks about how attached she is to the association and her co-dancers. “I would like to say that this IDA team is very hardworking, very determined. When it comes to us performing, we never look back. We’ve never told a ‘no’ to any performance, always taken anything that comes our way.” She says they are “extremely lucky” to have found each other and that she is “fortunate to have a bunch of very close friends who support me and say ‘It’s alright go dance that’s where you belong.’”

In the 15 years of her dancing career, she has performed in places across India like Mumbai, Tamil Nadu,

Kashi, Varanasi, Badamri, Mysore, Chidambaram, Tanjaur, and has participated in dance festivals like the ‘Chidambaram Natyanjali’ festival, Tanjaur Natyanjali festival and NatarajaCulturalFestival. She has been a part of major dance events in Bangalore such as Nritthiyantara, Sai Nritthiya, and Anarya Dance Festival, as a part of the ‘Shivapriya ensemble’. She has also performed at the international levels in Sri Lanka, Malaysia, Bahrain, and recently went on a 15-day dance tour to Australia.

Finding the Right Balance

When I first met Kruthika Jayakumar, last Thursday, she had just flown in from a week of shooting for her movie. Apart from being a third year HJTt student, Kruthika has acted in four Telugu movies and two Kannada movies with two more set for release this year, she’s also a skilled Bharatanatyam dancer and an avid reader.

“You just need to find the right balance” she says when asked about how she manages to do it all “I’m not a person who likes being idle so I prefer a hectic life”. So what is a regular day like for the actress?

Most days she wakes up at around 6 for a yoga intensive work out, something which she says she cannot live without, following which she goes to the set for makeup and receives her script for the day, she spends most of the rest of day shooting and then it’s back to the hotel. Other days she comes to college and works out in the evening. Attendance can be an issue, she says and the college could be more accommodating but studying has never been an issue “I have studied in the weirdest places in the world, I’ve studied in airports, in cabs, in flights, on set, just to finish studying” she laughs.

Kruthika was scouted almost 5 years ago after a Bharatanatyam performance in Kerala. She flew to Hyderabad for her audition and bagged her first role in the Telugu film Drishyam. But even looking back, education was always the most important to her “I didn’t want to be a person who dropped out; I always wanted to know. I don’t like special treatment at all.”

Though her schedule seems enough to send anyone running for the hills, she speaks of it almost casually though she does admit it’s like living a double life “I try my best not to tell people, a lot of my teachers don’t know, though my class knows. I don’t like special treatment at all.”

True to character she says if she had to give advice to anyone who wanted to join the industry it would be that “it’s not as easy as it seems, you’ve got to be patient, put in the hard work and you’ve always got to talk to people” As for her, after college she plans to take a break year to focus on her career, dance and travel and decide if she wants to study more later. For now, she’s happy exactly where she is.

If you want to follow Kruthika you can find her on @iamkruu on Instagram.
Where the college comes together to contribute their creativity.
A Prayer

BY CASSANDRA ELTHAM
SEM IV, COMM. HONOURS

Dear Lord,
I don’t know what to say to you. Its funny how
sometimes I talk and talk, not leaving space for your
breath and now when I need to say something, I
have nothing to say.
I love you, my father, my brother, my lover, my
friend, my man, my woman, my everything. From
the bottom of my heart and soul and the base of my
feet, I love you. I thirst for you. I long for you. Simply
quench my thirst, father, fill me. Let me kneel, let me
scrape my knees; let me let go of everything that is
not you. Allow me to love you.

Four Responses to the
Isa Upanishad

BY CASSANDRA ELTHAM, NIRALA SUBBAIAH, ANJANA M, SWETHLANA SARASWAT

The following responses are to the Isa Upanishad, framed by the Indian Writing class of Sem III Communications Honours. The class had read through the peace invocations that precede several of the Upanishads, time not permitting studying any Upanishad in detail, and talked about how these invocations contained references to the importance of language and to the process of framing questions. The class did not read the Isa Upanishad, nor did they know what was in it. They were given the opening and closing lines of the first verse: Isa vasyam idam sarvam – Isa is indwelling in everything here; and kasyasvid-dhanam – whose is wealth.

One

Isa is indwelling in everything here
One says:
Isa is what exists in all things and makes all things and drives all things.

Another says:
Isa is stained on her wrist; it is a word from his lips - a world, which will cease, with silence.

A third says:
Isa is above all things love, predating all and outlasting all.

The last one says:
Isa makes and ceases, outlasting, predating; Isa is a word - Isa is all.
Three
By Sharada Satpathy, Trisha Appanna, Apoorva Tripathi, Arati Prasen, Chethana Venkatesh, Sanskriti Bist

If Isa is everything
everything is important.
And nothing is important.

What is here?
Is here the three realms?
Is here the universe?
Is here where you and I meet?
If Isa is here, what is there?

Whose is wealth?
Don’t lust after another’s wealth.
If Isa is wealth shouldn’t I lust for Isa?
What is wealth?
Is it riches?
Is it health?
Is it knowledge?
If knowledge is wealth, aren’t we lusting after it?

Is Isa in I?
Is Isa I?
If Isa is I and Isa is wealth,
Should I lust after myself?

Two
By Ahalya Narayanan, Deeksha Devasiah, Julia Mary Mathew, Maseeha Tabassum, Naureen Begum, Sakshi Rao, Sriya Pathaneni

Isa is indwelling in everything here -
are we aware of what or where ‘here’ is?
If Isa dwells in us and everything else,
is there us in everything and everything in us?

If we get ‘here’,
will we be alright?

Is Isa separate from us?
Is it aware of itself?
Does Isa’s presence bring wealth?
Who decides the worth of wealth?

Can someone have more Isa than another, is that more wealth?

Whose is Isa? Whose is wealth?

Four
By Priyadarshini Kendai, Nina Karun, Teresa Braggs, Jhanavi Ananthakumar, Varshita Ramesh

Isa is here;
here,
where your toes
are curled into the earth
a question:
what is?

A harmony born of curiosity
to know;
to know what?

this,
The shedding,
the unlearning,
the unbecoming
of the vessel,
is Isa, is all,
is I.

Wealth of mine,
of yours.
Who we are,
is how rich we are.
Reflections
BY RAKSHITHA ML
SEM VI, PYEE

At 16 I run to papa to parade what I’m wearing for a wedding. As I watch him putting on his belt he speaks of my marriage. I say “I don’t want to marry” and watch the belt go through the loops, one by one, and I walk out shutting the door hard and he laughs.

At 18 I watch my favourite aunt cry over her failed marriage. She holds my hand and says “stand on your own feet.” I cry even more.

At 19 my best friend jumps down suddenly from her bunk bed saying “In this last year of my teens I want to be crazy and do something” and I, below her, leap up from mine and say “even I, even I!”

Later that year a teacher asks us who wants to become a writer, an economist, or a counselor and my hand rises for all three till my friend pats my thigh and says “stop raising it for everything”. I pat her hand away and tell her that I’ll choose one soon.

At 20 I watch papa shout for his morning coffee as amma hurries I demand a cup too and when she gets it I say “I will do my Masters” She keeps her mug down and asks “and what will you do after?” “What if she gets a bad husband? It’s better if she works” says papa.

A month later at my uncle’s home, watering the jackfruit tree I planted I share my decision with him and he looks into my eyes and says “if you don’t have clarity right now, you can’t expect it in two years.” The water mug slips out of my hand. “Careful,” he says and picks it up.

A week later at hotel Prasads for breakfast I’m looking at the menu and papa asks me to decide quickly. I say “dosa, no idly, no dosa, dosa!” I call the waiter and say “idly”. “You can’t change your husband like idly or dosa” says papa. At night I roll on my bed for two hours after midnight Next night we are sitting at our table having dinner; my spoon falls and papa shouts, “where are you?”. Amma simply hands me a new one. It falls again, I say “sorry” and use my fingers but I only draw circles in my food Amma asks “is the food too much for you? leave it if you can’t finish it.”

I get up to wash my hands and watch my hands loop into each other. As I rinse off I look at my face in the mirror and see both my parents.

Why My Painings Don’t Make Sense!
BY SAIKEERTHI ML
SEM IV, PYEE

My paintings won’t make sense. Even the smallest strokes of the brush or the colours I use, - black or white or grey - never mixing, never meeting.

Red, green and blue are colours I do not own. The shades I despise, I paint like smoke in the air, like the lies you spin and the hatred in your heart. Particularly in that order.

My paintings’ll never make sense. Because the smallest stroke and the slightest brush of colour will blend in with the world, to a point till all you can see is nothing.

The Agony of a Fried Potato
BY RIYA DOMINIC
SEM IV, PYEC

Because I don’t bleed colour, they think it doesn’t hurt. They strip me - with a peeler no guilt, no shame involved. They slice me - make me meeker. Sometimes narrow. Sometimes stout Then drop me into a fryer, watching the sizzle drown my scream.

And when I’m golden brown, and crispier, I’m drained and laid out, and seasoned with salt, If not by my tears.
Fingers entwined.
Lazy strolls down quiet lanes.
They felt complete,
safe and secure.
At odds with the world,
they were greeted with frowns.
Hurried glances,
hushed up voices.
Criminals by law,
condemned by norms.
Unconstitutional, they say,
vulgar, unnatural.
Pure love is veiled
by religious ignominy,
Beaten, starved, yet
it thrives to bloom.

Do you hear them, my friend?
The buried germinations
striking for forbidden fruit.
Pray, would you yield?

1. and the windows
now painted with bullet holes
kneel down beside me
begging for faith.
The war doesn’t wait.
the shelter is now scattered
bones, bombed with drones and
shallow promises
and as
we disappear across the seas
raising an ocean to find you
Syria doesn’t sleep
Syria doesn’t sleep
2. and all of that which is
pulled from its roots
will wilt
Till it kisses the ground again
3. and in times of suffering
the body neglects the soul
the way the rivers neglect the ashes of the
dead they hold

The Forbidden Fruit
BY ANWESA BISAWS
SEM VI, CZM

Feel of you
BY MONICA RAJGOPAL
SEM VI, PYEE

Learning to Smile
BY LIDHEENA MARY
SEM IV, BCOM 'B' (REGULAR)

I cannot see your aching heart
nor take the pain away,
but let me stay and take your hand
and walk with you today.
You are not alone for I am still here
I’ll walk that extra mile,
and, when your grief is easier
I can help you learn to smile.

I don’t know what I feel for you.
I don’t even know if I feel anything.
Yet somehow, you’re just there in some cavern of my mind.
I can feel that you’re there, coz I can feel my mind.
That’s been a problem since forever; I’ve always felt my mind, a bit too much.
My heart, has never worked the way other hearts around me do.
It doesn’t feel the way hearts around me feel.
I don’t know if my heart, has ever felt at all; I don’t even know if I have the kind of heart that feels.
But my mind, Oh, boy, that feels!
It feels too much; It feels all the time; It thinks of you; It feels of you.
You’re just always there, in some cavern of that wretched mind.
But do you know what’s worse?
I can feel that feel of you in my mind.
And I hate that I can feel, the feel of you in my mind.

I don’t know what I feel for you.
I don’t even know if I feel anything.
Yet somehow, you’re just there in some cavern of my mind.
I can feel that you’re there, coz I can feel my mind.
That’s been a problem since forever; I’ve always felt my mind, a bit too much.
My heart, has never worked the way other hearts around me do.
It doesn’t feel the way hearts around me feel.
I don’t know if my heart, has ever felt at all; I don’t even know if I have the kind of heart that feels.
But my mind, Oh, boy, that feels!
It feels too much; It feels all the time; It thinks of you; It feels of you.
You’re just always there, in some cavern of that wretched mind.
But do you know what’s worse?
I can feel that feel of you in my mind.
And I hate that I can feel, the feel of you in my mind.
Watching Crows
SHORT FICTION BY MEDHA NIDHI
SEM IV, PYEC

I like crows very much. They are my favourite animal. I look at them everywhere. I know them well by now. Their ka-ka’s aren’t harsh and ugly to me. They sound so cute really. And the baby ones are my favourite because they are just like me. Small and black and curious. I am not black; I have dark hair. More like the bark of a tree or the uncles and aunties saying ‘I’m black, like a crow. They call all of us that when they think we can’t hear. But I’m like a baby crow, silent and small and not seen easily. I hear everything they say. I even told amma once, that they call us crows, like it’s a bad thing, and laugh. She didn’t say anything. Just closed her eyes and slept. She was so tired that day; she came back from the site only after the sun went down. She had just given birth to Sanna, and I had to look after him. It was so nice. Like playing house. All the akkas played with dolls, but I had a real baby. And I thought I wouldn’t let them play with Sanna and then they’ll all be jealous. I think it worked because the next day, they gave me their old dolls and clothes. I didn’t want the clothes, they were too small, but appa forced me to wear them. It was so tight that my chest hurt but I couldn’t take it off. All the big uncles were looking at me because my clothes did not look nice. When amma saw me crying that day, she took off the clothes and tried to make them loose. It was little okay after that. But the uncles still looked at me when I and the akkas played, them with their new dolls and me with their old ones. Did these uncles not have any work? They just sat and watched, always. They sat and watched me play. They sat and watchedamma and appa working in the site. No wonder they were so fat. I also sit and watch crows but I don’t just sit and watch, that’s why I’m not fat like these uncles. I follow the crows and see how they move and where they go and I give them rice and water and wait for the small crows to come near me so I can touch them and be their friend. But they never come too close.

In Defence of Millennials
A LYRIC ESSAY BY SAHITI G VARIKAR, VI SEM, PYEJ

There’s a tweet that says posting a Snapchat story for one specific person to see is the modern day equivalent of Gatsby hosting elaborate parties, in hopes that Daisy might attend one.

I think about how incredible it is that the longstanding Gatsby felt could be contained within 140 characters, could be compared to something known to every other teenager. I think of a Literature teacher who scoffed at the memes our class shared, as if Kafka would turn up his nose up at them, even when they connect people in a cold, isolated society. As if there is nothing tender about scrolling through one’s Tumblr dashboard in the pale light of a laptop, looking for the perfect dog picture to make a friend smile. Maybe he would have viewed it as something to cup our hands around, like a glass figurine in the midst of an earthquake. I think about how my sister taught my grandmother how to video-chat for the first time, the wide-eyed look of wonder when she learned that she could see our changing features despite being separated by so many miles.
I'm on the Platform

BY SOUMYA SATYAJIT
SEM VI, PYEE

He's here, waiting with me for the 09:55 train. And he, is here yet again with a wet nose and no handkerchief.

23 seconds pass between each sniff. I'm also keeping tabs on the number of times he raises his hand to wipe his nose but doesn't.

He's an odd man. He always wears a nicely scented shirt and a neatly pressed pair of black work pants; a clean pair of specs; shiny shoes and (what looks like) a new pair of socks. But he doesn't carry a handkerchief!

Commuters, who would usually push and shove against each other, parted like the sea did for Moses. And let him have the most coveted standing spot: the corner near the opposite doors. Such is their aversion.

I, on the other hand, am fascinated. Through him, I find my #1 deal breaker, my resemblance to my grandfather, and a new-found love for handkerchiefs.

I also find in him a kind of kinship; I too have forgotten important items, many times. But to have forgotten something for three days in a row? No shame as he continues to sniffle.

And the best of all? He shows no regret, he raises his hand to wipe his nose.

And let him have the most coveted standing spot: the corner near the opposite doors. Such is their aversion.

The next morning, we woke up after a sleepless night. That night, my father who couldn't sleep downloaded the soundtrack of the film; Lisa Gerard singing to Hans Zimmer's music. I didn't sleep well because there were pigeons hooting in the balcony all through the night (my room was right next to the balcony). I went to school with this huge bubble of enthusiasm of telling my best friend about Gladiator. In the lunch break that followed, I went up to the teachers' lounge to see if he was there. He saw me coming up the stairs and with a knowing smile; he came out of the lounge and sat on the sofa outside.

I was about 16 when I saw this film with my parents at home on a tiny TV. I remember telling myself, "we should have watched this film in the theatres." But then I realized that Gladiator released in 2000, and I would have been a three-year-old.

It was a Sunday and we had watched Gladiator at night, with popcorn and dinner. I remember the silence in the drawing room after the credits. My father had tears in his eyes, something which I had never seen before, and my mother was dozing off in the kitchen, which fell down with a clanking sound. It shattered that uncomfortable silence, to which my father responded, "Pfff! Why do you do everything in the night, Amma?" My mother who was slightly starting to snore by then, woke up to my father's words and almost immediately said, "Ayyo, don't mind her. Shall we go to bed?" Neither my father nor I replied, but sat there looking at the TV which was now showing the next film's opening credits-- on mute.

My father and I sat there for quite some time, quietly contemplating what we felt. To me, the film was a very moving and an emotional one. I could see the tragic hero Maximus' difficulties and felt bad about his death in the end. But my father's response to this film was different. He could almost empathize with Maximus and could actually relate to those difficulties. Maybe, that was the reason he was teary eyed when he saw the film.

Both of us went to bed that night, knowing for sure that neither of us would get any sleep. My mother was already snoozing on her side of my parents bed. My grandmother was still in the kitchen, with a wet nose and no handkerchief.

“Quintus: People should know when they’re conquered. Maximus: Would you, Quintus? Would I?”

A PERSONAL ESSAY BY HARIPRIYA, VI SEM COMM. HONOURS

On the bus, that took us to school, I was busy replicating the song in the worst possible way, by humming the chords, the words (which by the way made no sense)-all at once. When I did finally reach school, I found that my best friend, someone who usually maintains 101% on attendance, was absent that day. "Damn it!" was my first reaction.

I spent the whole day in school, desperate to tell someone about Gladiator, about how much I liked it. In the last period, which happened to be sanskrit, I finally blurted it out to my teacher who listened to me, with patience. "If it means so much to you, I will watch it and we can discuss it tomorrow in the lunch break," he had said, when I had narrated the plot with tears in my eyes.

Brimming with enthusiasm, I went home and opened the downloaded soundtrack of the film and heard it for an entire hour, completely forgetting the fact that I had a test the next day. I spent that entire evening watching the best scenes of Gladiator on YouTube, and slept for the day. The next day, when I saw the timetable, I realized that I had a science test! Getting ready quickly, I scanned through my notes and saw that I was pretty much thorough with everything. Thank God for that! I went to school wrote the exam, but I was impatient to talk to my teacher about the film. In the lunch break that followed, I went up to the teachers' lounge to see if he was there. He saw me coming up the stairs and with a knowing smile; he came out of the lounge and sat on the sofa outside.

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Both of us went to bed that night, knowing for sure that neither of us would get any sleep. My mother was already snoozing on her side of my parents bed. My grandmother was still in the kitchen,
Adi Mamo did not really care; she just wanted me to Singpho too and Singphos don’t wear red. But my dad is a Singpho man and so that makes me a this place.” And she handed me a red wrap-around. “Okay, here cover your pretty legs until you leave.

I nodded. Mom asked, “Is it grandma again?”

I turned on the TV loud enough to shut out Mamo’s voice from the room.

As I sipped some hot water from a wooden cup, my Mamo - my grandma, indicated to me to look around the design carved on the cup. The carving was of a scrawny, bald woman dancing barefoot. In the moonlight, the goddess of a scrawny, bald woman dancing barefoot. In the village of the Adis. Having spent all my life in boarding school, expecting the the forests of the village was a long awaited adventure.

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Before she could say anything more, I gulped down the water and winked at the “Bald Goddess” on my Mamo’s watch, it was 2:00 AM already, and I was still not sleeping. Bored, I decided to get a cup of water from the kitchen.

The kitchen was in the extreme right corner of our house, and far away from our rooms. Unbothered by the distance, I dragged my bare feet to the kitchen. I was gulping down water from the wooden cup, when I heard noises over my head. The roof of the hut seemed to shake a little, and small bits of dry leaf started falling on the floor. The sound then moved to the shelves – it sounded like someone was walking on them.

I went closer to inspect and then the sound started from behind. A drop of sweat dripped down my forehead and then a faint chuckle echoed throughout the room. As I turned and began to run, the door slammed shut. I ran for the other door and there stood a scrawny figure in the dark, her long hair covering her face and her breasts. She wore nothing. Her hand shot forward to grab me and I pushed back. She jumped over me and sat on the shelf.

Everything about her terrified me. Her nakedness, her long thin limbs, her posture and her claws...everything. Suddenly, she started clapping loudly and banging her head on the wall. She hissed as she did all that. She wasn’t looking at me. I took the opportunity and hid myself behind two big barrels of rice. I held my breath, my heart was jumping so hard, it hurt my chest, tears were falling down my cheeks. I lifted my hands and wiped them away. When I looked up, there she was, sitting on a rice barrel, snarling at me. I pushed the barrels and ran. She chased me. I rushed out to the paddy fields. She galloped and galloped and caught hold of my hair. Taking a stick from the bush, I slashed her repeatedly, my hair came free and I began running again.

“A Sharpened Memory

BY SAI AMRITHA, SEM IV, PYEE

Maya cursed as she dug into her shelf and couldn’t find a single pen. Frustrated, she wrenched open her pencil case and spotted a lonely pencil. Whistling, she withdrew a sharpener she didn’t know she possessed. She flung the pouch back into the shelf and holding the pencil and sharpener, walked straight to the dustbin in the corner.

As she finished sharpening and held the pencil up to examine its point in the light, she shook the blackened shavings into the bin. As she watched the spiky shavings spiral down slowly, she blinked owlishly into the depths. When was the last time she had stood in front of the dustbin and sharpened a pencil?

With technology (read: pen pencils, laptops, tablets) hot on the heels of habits that are now becoming rare, she couldn’t believe...
After years of struggling with eating disorders I've always had a love-hate relationship with food. But my Badima was different.

Born in the streets of Calcutta, raised in a Tamilian household, she always knew what she liked about food best, but most definitely about Masala Chai. Masala Chai, is recognizable anywhere in any street of Calcutta. The smell of the chai at a chai dada's shop would waft behind the door was the perfect position in the classroom, offering a panoramic view of the entire class as you stood there, slowly and diligently shortening the length of your pencil and having secret conversations with your best friend while standing at the dustbin.

Maya stood frozen as memories engulfed her wave after wave until the last pencil shaving hit the bottom of the bin. It seemed to sigh, as if it knew that the last vestiges of its kind were slowly fading into the black of the pit it had fallen into.

The Last Cup of Chai

A PERSONAL ESSAY BY AKANKSHA SHARMA, IV SEM PYEE

After having the first sip of chai, I would pick up a enjoyed looking at the cars pass. It would always overlook a busy road and we both most intimate conversations at this table, because for us to keep everything. We would pick a coaster apartment, where there was a silver platter laid out on top, the jeera biscuits and on an off chance, the cookie jar, the ones with the light sugar dusting boxes of biscuits –everything that was available in the tea-cup and go straight into our nostrils, filling our lungs with the spicy smell of chai. There was a reason Chai in this house was served in terracotta cups, because it added to the flavour of the tea itself. It was a cherished Bengal tradition, which despite not being Bengali herself, Badima wanted to preserve.

"I feel younger when I'm around you, kannu. Your youth, reminds me of mine. Having tea with you like this reminded me of the first time I had suttas with you. The cigarette smoke actually brought out the taste of the clothes in the tea. And back then a woman smoking cigarettes was common. Everyone smoked cigarettes. The 80's was a strange time indeed." She once told me and laughed.

If there's one thing I know about my grandmother, it was that she loved nostalgia. And the feeling of being in it. And that time we made tea, she would remind me of some fascinating bit-bit. Like the time, her first boyfriend, the “suave communist” as she called him, the one she met at Calcutta University, asked her out for a cup of tea. And every time she would talk to me about him, her eyes would glister and she would laugh, just ever so lightly. I found it fascinating that she had so many memories associated with the same recipe for tea, it would always be the same Brooke Bond Red Label tea leaves that go into making it. The process of making it had never changed, neither did the product but, the people who she shared it with always did.

Then we would move to the rosewood table in her apartment, where there was a silver platter laid out for us to keep everything. We would pick a coaster each and then sit at the table. We always had our most intimate conversations at this table, because it would always overlook a busy road and we both enjoyed looking at the cars pass.

After having the first sip of chai, I would pick up a jeera biscuit and my grandmother the sugary one I would bookmark a bite simultaneously and have a sip of the chai each. The aromas would rise from the tea-cup and go straight into our nostrils, filling our lungs with the spicy smell of chai.

Death Note

What are Justice and Morality?

BY DEEPAI KARKAL, FATIMA BANAN, PYEE

Death Note is a Japanese manga and anime series. The story revolves around a high-school student named Light Yagami, who discovers a notebook dropped mistakenly by the “Shinigami” (death-god) Ryuk into the human world. Light learns that the book bestows upon its user the ability to kill anyone by picturing the name and the face and writing the name of that person. The series focuses on Light’s endeavours to create a new world that is cleansed of evil, and hold absolute power over it.

Over the course of the story, the audience is confronted with the complexities of justice and morality. The utilisation and consequences of the Death Note within the series made us question our views on criminal rights, societal attitudes toward mental health, attitude of law enforcement agencies towards crime, and power’s influence over the self.

The struggles of the characters in Death Note can be perceived as representing the extreme aspects of our personalities. For example, Light Yagami, the protagonist, is a model student with a strong sense of justice. However, rather than directing this sense of justice towards more socially acceptable change, he behaves more like a conventional antagonist and uses consequentialist moral reasoning to justify his murders. Light’s aspiration is to create a utopian world free from the dangers of crime that can be likened to Yevgeny Zamiatyn’s totalitarian “One State” in his novel We.

The series explores the complexities of justice and morality from the perspectives of its characters, with the Death Note acting as a catalyst for change. The Death Note allows its users to become gods, with the ability to alter the course of human events and shape the future of society as they see fit. However, the consequences of these actions are not without their own repercussions, as the Death Note can be used to bring about both positive and negative outcomes.

Light is a complex character, with his actions often being driven by a desire for power and control. He is willing to go to great lengths to achieve his goals, even if it means sacrificing others in the process. This makes him a troubling and compelling character, as his actions raise important questions about the nature of justice and morality.

Light’s actions also highlight the dangers of unchecked power and the importance of accountability. Without oversight, even the most well-intentioned of actions can have devastating consequences, as seen in the series when Light’s power is abused and results in the deaths of innocent people.

In conclusion, Death Note is a thought-provoking series that raises important questions about justice, morality, and the role of individual power in society. It serves as a cautionary tale, reminding us of the importance of balance and the potential consequences of unchecked power.

“Since Kira’s appearance six years ago, wars have stopped. And global crime rates have been reduced by over 70 percent.”

-Death Note

Light situates his morality in the state of the world that results from his actions; an idyllic world devoid of crime. People’s actions are often a consequence of their life experiences. For example, Light’s animosity towards criminals stems from his father’s position as a police officer. Like with the dilemma of killing one to save five posed by the trolley problem, we cannot judge people’s decisions unless we ourselves have to take them. Our circumstances can force us to make shocking choices. Through Light’s character, our own understanding of consequentialist moral reasoning comes into question, making us wonder whether it is acceptable to kill a few to protect many. In their video entitled “Death Note-How tea made Was It?”, The Film Theorists estimate that “By killing an average of 46500 per year, around two thousand of those being innocent, Kira prevented over six hundred
thousand murders every single year.” Does this justify Kira’s murders? Or at the very least, can this be considered a reasonable solution to a problem that has plagued society for centuries?

Death Note can also be interpreted as a critique of the attitudes of government and law enforcement agencies toward crime and its perpetrators. ‘L’, the world’s best detective, is Light’s adversary who is willing to go to any extent to capture ‘Kira’. While investigating a corporation, L is willing to let people continue to die if their deaths can lead him to ‘Kira’. It must be noted that the police never went to such lengths to resolve the law enforcement issues that existed before the emergence of Kira. Furthermore, L, who represents the heroic side of the society, restrains Misa Misa and forces her to undergo a humiliating and traumatic interrogation. Misa Misa obeys every command given by Light. Her infatuation with him and his power is probably a result of social conditioning that all successful women must be sought after by powerful men. L’s actions opened our eyes to the fact that law enforcement should not be trusted blindly or given absolute power.

Death Note does not attempt to define justice, rather, it presents multiple interpretations of the concept of justice. ‘Kira’ and his adversaries claim that they are ‘justice,” however, it is evident that both are willing to go to great lengths to achieve their purpose; ‘Kira’ wishes to become the god of the new cleansed world, and the law enforcement wants to stop ‘Kira’. Grant in Treesicle’s video ‘Light Yagami (Death Note): The Story You Never Knew’ remarks that “Death Note questions our humanity and whether or not we can keep our sense of justice. How do we, as humans define it, and does the definition change when we are suddenly given a way around getting caught?”

The characters in Death Note cannot be classified as heroic or villainous by nature. Even Light, a cold-blooded murderer who has killed uncontrollably, displays affection for his sister. The role of the Shinigamis or the “death-gods” is perhaps the most debatable. Ryuk, the impartial onlooker, lets Light use the Death Note as he desires, and assists him by giving him the “Shinigami Eyes” to amuse himself and satiate his hunger for entertainment. Rem, another Shinigami, loves Misa Misa so much that she is willing to do anything for her, even if it entails stopping Light’s adversaries and killing herself in the process.

Death Note chronicles the loss of Light’s sense of justice and morality that follows his ascension to power. Light considers himself godlike, worthy of worship, and the world his dominion. The series constantly challenges the conventional definitions of justice and examines the disastrous consequences of a distorted morality supplemented by absolute power. The opening track of the anime, performed by Nightmare, is a fantastic introduction to the “Kira philosophy” which Death Note explores.

“I turn dreams into ideals
—
Why? Am I a broken Messiah?
Everyone dreamt of a “paradise”

Someday, I’ll show you
A shining world”

-Opening Theme: The World-

The anime changed our perspectives on socio-political issues such as human rights, criminal rights and legal ethics. We recognised the need to be aware of our rights and maintain them, since law enforcement cannot be blindly trusted as a moral compass. Death Note also created a deeper understanding of life and instilled a greater sense of empathy for others. Regardless of their motives, the characters in the series constantly evolve and learn from their circumstances. Situations alter our perception of reality and we have learnt to be less judgemental of people’s decisions.

But now, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand.

Isaiah 64:8
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Vasundra Venkatesh
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Smriti Agarwal I-CZE
The Lord God has given me the tongue of those who are taught, that I may know how to sustain with a word him who is weary. Morning by morning he awakens; he awakens my ear to hear as those who are taught.

Isaiah 50:4
ಊರು- ಸಂತು ಬೆಟ್ಟಿ

ಒಜುಗೊಳ್ಳುತ್ತಿರುವ ಶಿಲ್ಪ ವಿನ್ಯಾಸಗಳಲ್ಲಿ ಒಜುಗೊಳ್ಳುತ್ತಿರುವ 'ಗೊಬ್ಳು' ಎಂದು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ರವಾಗಿ ಕೆಲಸಗಾರರಾಗಿದ್ದರು. ಅವರು ಹೊಸವು ಪರಿಚಯಿಸಲಾಯಿತು. ಅವರು ಸ್ವತಂತ್ಲ
ಎಲ್ಲವ - ರಾಷ್ಟ್ರ ವಿದ್ಯುತ್

ಪ್ರತಿ ನೊಡಲು ಮತ್ತು ನೀರಿನಲ್ಲಿರುವ ಅನ್ವಯವನ್ನು ವ್ಯವಹರಿಸಿದ್ದೇನು 'ನಾಲೆ' ಇದರ ರಾಜೀವವೆಂದು ಸ್ಮರಿಸಿಕೊಳ್ಳಬೇಕು. ಇದರ ರಾಜೀವವಿನ ಮುಖ್ಯಾಂಕಾಲ ನಾಲೆ, ಅವರು ಮತ್ತು ಹೊಸವರು ಇದಕ್ಕೆ ಸ್ಪರ್ಧೆಯಿಂದ ಪ್ರಜ್ಞೆಯನ್ನು ಪಡೆಯುವುದು ಹಾಗೂ ವ್ಯಾಪಕವಾಗಿ ಆಗ್ರಹಿಸುವುದು. ನಾಲೆಯ ಸ್ತೂಪ, ಸುದೂರ, ಶೋಕ ಹಾಗೂ ವ್ಯಾಪಕ ವಿದ್ಯುತ್ ಸೇವೆಗಳು ಕೆಲವು ನಾಲೆಯ ವ್ಯಾಪಕ ಪ್ರಭಾವವನ್ನು ಪಡೆದಿದ್ದಾದರು.

ಅನೇಕ ಕ್ರಮದಲ್ಲಿ ವಿಶೇಷವಾಗಿ ನಾಲೆಯ ವ್ಯಾಪಕ ಪ್ರಭಾವಕ್ಕೆ ನಂಬಿರುವ ಅಭಿಜ್ಞಾನಗಳು ಹಾಗೂ ವ್ಯಾಪಕ ವಿದ್ಯುತ್ ಸೇವೆಗಳು ಗುರುತಿಸಲಾಗಿದ್ದು ಆಗಿನ ವಿನಾಶದಿಂದ ವಿದ್ಯುತ್ ಸೇವೆಗಳು ಪಡೆಯುವುದು ಹಾಗೂ ವ್ಯಾಪಕವಾಗಿ ಆಗ್ರಹಿಸುವುದು.

ಅನೇಕ ನೊಡಳಲು ನೀರಿನಲ್ಲಿರುವ ಅನ್ವಯವನ್ನು ವ್ಯವಹರಿಸಿದ್ದೇನು 'ನಾಲೆ' ಇದರ ರಾಜೀವವೆಂದು ಸ್ಮರಿಸಿಕೊಳ್ಳಬೇಕು. ಇದರ ರಾಜೀವವಿನ ಮುಖ್ಯಾಂಕಾಲ ನಾಲೆ, ಅವರು ಮತ್ತು ಹೊಸವರು ಇದಕ್ಕೆ ಸ್ಪರ್ಧೆಯಿಂದ ಪ್ರಜ್ಞೆಯನ್ನು ಪಡೆಯುವುದು ಹಾಗೂ ವ್ಯಾಪಕವಾಗಿ ಆಗ್ರಹಿಸುವುದು. ನಾಲೆಯ ಸ್ತೂಪ, ಸುದೂರ, ಶೋಕ ಹಾಗೂ ವ್ಯಾಪಕ ವಿದ್ಯುತ್ ಸೇವೆಗಳು ಕೆಲವು ನಾಲೆಯ ವ್ಯಾಪಕ ಪ್ರಭಾವವನ್ನು ಪಡೆದಿದ್ದಾದರು.

ಅನೇಕ ಕ್ರಮದಲ್ಲಿ ವಿಶೇಷವಾಗಿ ನಾಲೆಯ ವ್ಯಾಪಕ ಪ್ರಭಾವಕ್ಕೆ ನಂಬಿರುವ ಅಭಿಜ್ಞಾನಗಳು ಹಾಗೂ ವ್ಯಾಪಕ ವಿದ್ಯುತ್ ಸೇವೆಗಳು ಗುರುತಿಸಲಾಗಿದ್ದು ಆಗಿನ ವಿನಾಶದಿಂದ ವಿದ್ಯುತ್ ಸೇವೆಗಳು ಪಡೆಯುವುದು ಹಾಗೂ ವ್ಯಾಪಕವಾಗಿ ಆಗ್ರಹಿಸುವುದು.
ಅನ್ನು ಹಾಗ್ಸುವ ವಿಧವಾಗಿಸುವ ತಾಂತ್ರಿಕ ವರ್ಗ

ಅನ್ನು ಹಾಗ್ಸುವ ತಾಂತ್ರಿಕವೆಂದರೆ ವಿಶ್ವದ ವೈದ್ಯರ ದೃಢತ ಉಂದಿತ್ತು, ಮತ್ತು ಆಗಿತ್ತಿತ್ತು. ಹಾಗಾಗಿ ಹಲವು ವಿಧವಾಗಿಸುವ ತಾಂತ್ರಿಕ ವರ್ಗದ ಅನುಷ್ತಾನಗಳು ಹೊಂದಿದ್ದು, ಪ್ರಭಾವದ ವೈದ್ಯ ಸಾರುಳುಗಳನ್ನು ಮೇಲೆ ತಿಳಿಸುತ್ತವೆ. ಹಾಗಾಗಿ ತಾಂತ್ರಿಕವೆಂದರೆ ಹಲವು ವಿಧವಾಗಿಸುವ ತಾಂತ್ರಿಕ ವರ್ಗದ ಅನುಷ್ಟಾನಗಳು ಹೊಂದಿದ್ದು, ಪ್ರಭಾವದ ವೈದ್ಯ ಸಾರುಳುಗಳನ್ನು ಮೇಲೆ ತಿಳಿಸುತ್ತವೆ.

ಅನ್ನು ಹಾಗ್ಸುವ ವಿಧವಾಗಿಸುವ ತಾಂತ್ರಿಕ ವರ್ಗದ ವೈದ್ಯರು ಹಲವು ವಿಧವಾಗಿಸುವ ತಾಂತ್ರಿಕ ವರ್ಗದ ವೈದ್ಯರು ಹೊಂದಿದ್ದು, ಪ್ರಭಾವದ ವೈದ್ಯ ಸಾರುಳುಗಳನ್ನು ಮೇಲೆ ತಿಳಿಸುತ್ತವೆ. ಹಾಗಾಗಿ ತಾಂತ್ರಿಕವೆಂದರೆ ಹಲವು ವಿಧವಾಗಿಸುವ ತಾಂತ್ರಿಕ ವರ್ಗದ ಅನುಷ್ಟಾನಗಳು ಹೊಂದಿದ್ದು, ಪ್ರಭಾವದ ವೈದ್ಯ ಸಾರುಳುಗಳನ್ನು ಮೇಲೆ ತಿಳಿಸುತ್ತವೆ.
ორი თანამედროვე რწყალებმა თავისუფალი დარჩენილობა თანამედროვე მაღალი დოზირებით თავისი მეტი გადახურვის გაზრდა უნდა ჰქონოდეს. თუმცა იმის გამო, რომ გამორჩეული შემთხვევა გამოჩნდეს, აღნიშნავს კონტრაქციული მკვლევარების შემთხვევის განსაკუთრება. როგორც მაგალითი, მდგომარეობს ჟანდირის აბსტრაქტანი როლი. ამ მეათე ცხრილის დასახელებით, რომლებიც თავდაპირველად ადვილად იყო გამოჩნდეს, შეიძლება გამოჩნდეს ძილით პატარა გადახურვი. აღსანიშნავი იყო, რომ იმ თქმით, რომ რამდენიმე თანამონადენი ადგენილი განსაკუთრება გამოჩნდეს. ამ შემთხვევაში, შეტყობინები შეუძლია, რომ გახდეს მკვლევარებმა კარგად აღიარებული.
स्नातक

न्यूयॉर्क के प्रमुख विश्वविद्यालयों में भारतीय अकादमी ने भी विद्यालयों के क्षेत्र में शाब्दिक जरूरत के रूप में स्नातक के रूप में उपस्थित माउंट काम्मल कॉलेज की प्रधानाचार्या जो. अनुपा ने भी हिंदी माध्यम में अपना संदेश दिया। हमी संघ के मुख्य सचिव विश्वविद्यालयों के भी यह कार्य का भी विचार सका किया। इस संघ के साथ अन्य स्थानीय विद्यालयों के बाद वापस आया। मेरी अनुप्रयोग की उपलब्धि उपकरण अनुप्रयोग में अनावश्यक एवं अनुप्रयोग में अनुप्रयोग दिया। कार्यक्रम का उद्लक्षण जैसे विद्यालय एवं मूलभूत चर्चाओं के संदर्भ में किया।

विज्ञान में महिलाएं

हमें राष्ट्रीय जीवन का प्राण रहे हैं। नई दिशा में किसी भी दिशा में हमें इस दिशा की उसी दिशा में काम करना पड़ा है, हमें विद्यालय का प्राण रहे हैं। यूरोपीय सरकार एवं अन्य सरकारें एक एक संस्था हैं, लेकिन महिलाओं के उच्च अवश्य के अलावा राष्ट्रीय विज्ञान समिति 2013 में जुन 864 संस्थाओं में 52 महिलाओं थी। यह 2014 तक इस समान के 3। अवधियों और भारतीय समाज के प्रमुख समिति के लिए मुख्य कुला कृष्ण, कुला रचना, पीयुष कुला और अध्यात्मानी ने किया गया।

महिलाओं की मुख्य दिशा का अनुसरण हम जीवन के संदर्भ में जोड़ना है कि भारत में वस्तुतः विभिन्न संस्थाओं के लिए एक संबंधित उपकरण था, जो भारत में सबसे शीर्ष विभिन्न संस्थाओं में एक उपकरण था।

करते मैं ने दिखाया कि मैं उन्हीं उन्हीं के ज्ञान के संदर्भ में पहुंचा है, कुला जीत के ज्ञान के संदर्भ में पहुंचा है। उनकी जीवन की तरह मैं उन्हीं उन्हीं के ज्ञान के संदर्भ में पहुंचा है। उनकी जीवन की तरह मैं उन्हीं उन्हीं के ज्ञान के संदर्भ में पहुंचा है। उनकी जीवन की तरह मैं उन्हीं उन्हीं के ज्ञान के संदर्भ में पहुंचा है।
जीवन - यात्री

| उन शहीदों के नाम |

अजय भीमा जी हम उन शहीदों के चाद में,
आकाश भी सिसर गया है अपने अप में,
अंग की दूरी ऐसी रही समय पर,
शायद चाद भी रेखा हो उनकी चाद में।

आज सतामी देख कर कुन बुना न देशा,
उनकी संतान देखकर तना न देशा
अपने इन बहादुर शहीदों की बाद रखना,
बेडुन की तह इन्द्रिय न देशा।

पंपे उन शहीदों में कोई सिकायत नहीं,
उनकी निंदा में कोई शक नहीं,
उनका स्मरण रखा कर तो सुन्दर भी मुकुर गया,
शुद्धा ने रखा
शोक भराने से पहले कराया रहेंगे।
वे बहादुर होगे तो यह गया,
पर देश के लिए कुक मारा गया।
वे अभ्र के और सत्य के लिए अभ्र रह गए।

Eisha Sathish Shetty
BA PES, 2nd year

विज्ञापनों का चक्कर

अंतस्त! योग्य रेल्वे भाषा
लाई है एक मनसंकलन भर गया
हेन्द्रा तुम्हें कुछ चुक न कर, सुन लो।
पेंशी फौटर या पो, तो
पर कह दिन रोगी तो पीर।
तेन मननम भोका भोका
शिक्षको महान नजर खोला।
एपीटर जा तीसरा लाल
शायद कहा है कहा तो
पर जब खाए 'पूरा हो जा आन
सबको दुग्ध में मेरे वाली।
कहा ने कहा
पर जब खाना तो 'पूरा हो जाए हान
अपने इन बहादुर याने की
बेदना बहाना है कहा
पर जब खाए 'पूरा हो जाए हान
सबको दुग्ध में मेरे वाली।
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कहा ने कहा

न जाने ऐिदी हकतनदी आत्ाऐं िै जो िमारे िेश में पनप रिदी िै। परंतु क्ा िमोनों की आ ं खों में आ ँिू आ गए। उि क ु टदीर में मैंने िेखा हक उिका पररिार अत्ंत गरदीब ्ा। उिके े  िो एक अध्मनग्न िररद्र बालक िा् में भोजन णलए अपनदी माँ के  पाि जा रिा िुकानिार के महिला ने कुछ राशन माँगा तो िुकानिार ने िार इंकार िदी निीं।

नेरा राष्ट्री मध्यमा एक लंबे अरिे िे बदीमार ्ा, जो जमा पूंजदी ्दी िि िॉक्टरों के जैिे-तैिे अपना जदीिन घिदीट रिे ्े। एक पररिार की िै, जजिमें पररिार का मुखखया, उिकी पत्दी और िो बच्चे ्े जजि क े  गिाि िम िब िैं, जजिक े  जजम्ेिार िम िब िैं, यि िि्मनाक घटना िमाज की एक कड़िदी िकीकत:-

हम बहुत महत्व प्राप्तियाँ और अधिकारों से अनन्त रहे हैं।
रदीत िै जो इि प्रकार
tमन्ा िै यि एक मेरदी,
राि रचूं बाग में जजिक े  िंग
ह्रिय िंकष्मण िो जजिका
ििम जाए घाि भर तन ।
मोि करें मुझिे िि ऐिा
आए कोई मदीत मनभािन ।
रो रोकर गाऊं  मैं भजन ।
चदीखें पदीड़ा िे ह्रिय यि मेरा,
िि – िि कर िंिार का बल ।
िुखियारदी
िहियों की रदीत करें प्रिार
BA  PyES
Sejal Dewangan
2nd year

फिकसा कसूर।

यह पुकार सुनकर मैं भक्तमूर्ति हो जाती है मैं जानने के लिए कि यह पुकार फिकसा है?
एक आख़बार भाषा से कम है पुकार उद्योग के गांधी ने गुढ़ जादू देनी लगी सभी मे गुढ़ जूती - मैं।

रिदा खानाम
BA PES, 2nd year


dुखियारी
मिलन

तुम क्या नहीं?

उसी की आत्मा में

वह तों तो गयी रही।

बाहर एक गया

पर तुम क्या नहीं?

आज तो हमेशा से वी ही,

फिल आज क्या नहीं?

राह में देखती रही,

या वहीं-

या वहीं।

क्या के चार आज गूढ़ दिखाया नहीं

तो लौटे। क्या क्यों है वजनी रही?

तनाई भी आ बढ़ी,

पर तत्व में सांकार रहीं।

सुनी सुनी सब खालता था खालता

पर फायदे में जैले रहीं।

उसी की आत्मा में

वह लोटे है वजनी रही।

बाहर एक गया

पर तुम क्या नहीं?

तुम दूसरा मग फिल में,

घड़ी फिगुरी हो जो आई।

क्या क्यों तुझी तो फिल मग,

पर तुम क्या नहीं?

ये क्यूं करते देखें ये भर क्यूं करती देखे। ये शैली दी हो रहे हैं अपने वातें के लिए कुछ कार दिया अपना सब क्यूं करते ये ही नहीं, उसके पीछे चलती भी थामकू न है। ये पर गया देखी हो रहा ये देखी हो रहा हो ये देखी हो रहा हो ये देखी हो। एक दिन पता है ये दिन पता है, ये दिन भी ये दिन क्या हो ये दिन क्या हो। एक दिन हैं एक दिन हैं एक दिन हैं एक दिन हैं एक दिन हैं एक दिन हैं एक दिन हैं। 

उसी के पीछे ये क्यूं करती है नहीं करती ये क्यूं करती है। दु:ख के पीछे एक जीवन की होती है जो अपने दु:खों के दरवाजे को खोल पता है जो दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे। 

हां की ऐसी व गया ये कु:श्चिाती क्यूँ करती है नहीं करती ये क्यूँ करती है। ये दु:ख तो उसके दरवाजे का मारा है और उसके बोधों में कु:श्चिाती क्यूँ करता है। ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे ये दु:ख के पीछे।
हिंदी ! तूने हर लिया मेरा मन

सारे जहाँ से अच्छा बस हिंदुस्तान कहाँ है?

भारत के गलियारों से लेकर,
आम - आदमी की चोंच तक,
नेता - भाग्य जलन, जहाँ है,
सारे जहाँ से अच्छा, यह हिंदुस्तान कहाँ है?
मेरे मंत्र जो वाय झोंक दे,
अपमान में ही प्रेम है?
एक ही परिवार के अंदर, हो रहा अपमान जहाँ है,
सारे जहाँ से अच्छा, यह हिंदुस्तान कहाँ है?
जितने गोपी पूजते हैं,
लोगों में अपमान है?
नेताओं में ईमान नहीं है,
सारे जहाँ से अच्छा, यह हिंदुस्तान कहाँ है?
बाबर के मकबरे से लेकर अयोध्या के राम
मंदिर तक,
गंगा - यमुना, संहारित गोदावरी तक भी भारत के अपमान जहाँ है,
सारे जहाँ से अच्छा यह हिंदुस्तान कहाँ है?
अभी भी कुछ नहीं विपण है,
अभी भी बदल जा सकता है,
आप बदलने का हो सकता,
तो असंवेदन भी संभव हो सकता है।

तेरे प्रेम की धरती, तेरा गगन
हरर के दिशा की किरण है?
"हिंदी ! तूने हर लिया मेरा मन" !
आप हाथी नहीं इंसान है

एक आदमी नहीं से हुआ रहा था, तभी उसने सड़क के किसी बैंगे हाथियों को देखा, और अननत रुक गया ! उसने देखा कि हाथियों के आगे पर में एक सरड़ी चढ़ा हुई है, जो उस भार का बड़ा अधिक हुआ की हाथी नैं में नियंत्रकारी जीव लोगों की जीवन की जागर बन एक छोटी सी सभी से बच्चे हुए है। जब इस पर भाव बदल सबसे नये एक बात थी कि उसने बदने बदने बहोल बालक की भीव जो ज़िंदगी की जागर बन एक छोटी सी सभी से बच्चे हुए है।

उसने रोशनी बढ़ा देने के सभी बैंगे हाथियों को देखा, और अननत रुक गया। उसने देखा कि हाथियों के आगे पर में एक सरड़ी चढ़ा हुई है, जो उस भार का बड़ा अधिक हुआ की हाथी नैं में नियंत्रकारी जीव लोगों की जीवन की जागर बन एक छोटी सी सभी से बच्चे हुए है। जब इस पर भाव बदल सबसे नये एक बात थी कि उसने बदने बदने बहोल बालक की भीव जो ज़िंदगी की जागर बन एक छोटी सी सभी से बच्चे हुए है।

गलती है मेरी?

मैं लड़की, मैं महिला, मैं गल्मफ्लें, मैं नदी
पर तुम किते िो हक हलदी िै मेरदी।
मैं पंख रै ला के उिना चाहँ,
या खखल खखला के मारूं तालदी
पर तुम किते िो हक हलदी िै मेरदी।
मैं पढ़ँ, मैं खेलूँ, मैं बढना चाहँ
मैं हररना चाहँ क्ारदी - क्ारदी
पर तुम किते िो हक हलदी िै मेरदी?
मैं जिाँ भदी जातदी, ििमदी िदी रितदी
िर जगि पर, िर गलदी में िर - िर के  जातदी
पर तुम किते िो हक हलदी िै मेरदी?
मैं जिाँ भदी जातदी, ििमदी िदी रितदी
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िर जगि पर, िर गलदी में िर - िर के  जातदी
पर तुम किते िो हक हलदी िै मेरदी?

इंसानों की शशक्ति तो मुझको िेते,
बेटे को िेते ना िदीख तुम्ारदी,
पर तुम किते िो हक हलदी िै मेरदी?
मैं लड़की, मैं महिला, मैं गल्मफ्लें, मैं नदी
पर तुम किते िो हक हलदी िै मेरदी?

गलती है मेरी?

श्रद्धा निजहावन
BA PES, 2nd Year

आप हाथी नहीं इंसान है

एक आदमी नहीं से हुआ रहा था, तभी उसने सड़क के किसी बैंगे हाथियों को देखा, और अननत रुक गया ! उसने देखा कि हाथियों के आगे पर में एक सरड़ी चढ़ा हुई है, जो उस भार का बड़ा अधिक हुआ की हाथी नैं में नियंत्रकारी जीव लोगों की जीवन की जागर बन एक छोटी सी सभी से बच्चे हुए है। जब इस पर भाव बदल सबसे नये एक बात थी कि उसने बदने बदने बहोल बालक की भीव जो ज़िंदगी की जागर बन एक छोटी सी सभी से बच्चे हुए है।

उसने पास रखी बैंगन को पुकार कि भार मे हाथी किस प्रकार इसी शाति से रखे हैं और भागने का प्रयास नहीं कर रहे है?

जब बैंगन ने कहा "इस हाथियों को छोड़े से ही हम सभी से बचा जाता है, उस समय इसके पास इसी शक्ति नहीं होती कि इस बैंगन की जीवन रहे। बार - बार प्रयास करने पर भी जब वे हाथी ने तोड़ पाई है तब इस कारण में उन्होंने पहली बार हाथी कि नहीं कहते है कि वे इस हाथियों को नहीं तोड़ सकते हैं और बढ़े होने पर भी उसका या चीज़ परा रहता है इसलिए ब खी इस तोड़ का प्रयास भी नहीं करते हैं।

आपनी आवश्यकता में पहुँचा कि ये तकनीकात जानना लिखा शायद इसीलिए अनाज बंधन नहीं तोड़ सकते क्योंकि ये वात पर पकड़कर है कि वे जो बंधन नहीं टोल लिया है।

इन हाथियों के जिन चार हाथ में किसी ने नबक्का पकड़ने की अपनी कारण के कारण यह भार बैठते हैं कि अब हाथी यह कभी नहीं सकता और अपनी नज़रें इंसान के जीवन से अवधारित जीवनों से जकड़ - जकड़ पूरे जीवन गुजार देते हैं।

अपनी कारणता जीवन का एक हिस्सा है और हिस्सा प्रयास करने से ही सफलता मिलती है। यदि आप अभी भी किसी ऐसे बंधन में बढ़े हैं जो आपको अपने सभी को सलाह देने के रोग रहा है तो उसे तोड़ दें इसलिए----------आप हाथी नहीं, इंसान है।

श्रद्धा निजहावन
BA PES, 2nd Year
"This is a lot of books grandfather," I counted 9 books in the bag kept on the wooden table before me. I looked up. "There’s no way I’m going to be able to read all this."

"Of course, you will! These are precious gems that every student must read. Although it would make me happier if you read the original works."  


"It wouldn’t take you a decade Meera. Sanskrit is a simple language. Simple, but beautiful." He enunciated with his hands. "Easy for you to say, you have a PhD in the language." I threw him an exasperated look.

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"What’s your favourite shloka from the Kumarasambha-

"Yes. Today it will be Urubhangam. Let’s start with Bhav-

"It will change every day." "Change?" I was surprised by his answer. "Yes. Today it will be Urubhangam. Let’s start with Bha-

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and substantial increases in cortical thickness (which means their size of the brain is larger compared to others). Although the exact cellular underpinnings of gray matter and cortical thickness measures are still under investigation, increases in these metrics consistently correlate with enhanced cognitive function. Cognition has to do with how a person understands the world and acts in it. It is the set of mental abilities or processes that are part of nearly every human action while we are awake. 

Cognitive abilities are brain-based skills we need to carry out any task from the simplest to the most complex. They have more to do with the mechanisms of how we learn, remember, solve a problem and pay attention rather than with any knowledge. Cognition is the set of mental abilities or processes that are part of nearly every human action while we are awake. Cognitive abilities are brain-based skills we need to carry out any task from the simplest to the most complex. They have more to do with the mechanisms of how we learn, remember, solve a problem and pay attention rather than with any knowledge.

COGNITIVE ABILITIES ARE NOT FIXED — WE CAN IMPROVE THEM VIA LIFESTYLE AND TARGETED PRACTICE which involves reciting mantras and learning and reciting them entirely from memory. Most interestingly for verbal memory was that the pandits' right hippocampus—a region of the brain that plays a vital role in both short and long-term memory—had more gray matter than controls across nearly 75 percent of this subcortical structure. Our brains have two hippocampi, one on the left and one on the right, and without them we cannot record any new information. Many memory functions are shared by the two hippocampi. The right is, however, more specialized for patterns, whether sound, spatial or visual, so the large gray matter increase we found in the pandits' right hippocampus made sense: accurate recitation requires highly precise sound pattern encoding and reproduction. The pandits also showed substantially thickening of right temporal cortex regions that are associated with speech prosody and voice identity.

we found something specific about intensive verbal memory training. Does the pandits' substantial increase in the gray matter of critical verbal memory organs mean they are less prone to devastating memory pathologies such as Alzheimer's? We don't know yet, though anecdotal reports from India's Ayurvedic doctors suggest this may be the case. If so, this raises the possibility that verbal memory “exercising” or training might help elderly people at risk of mild cognitive impairment retard or, even more radically, prevent its onset.

So in this way JAMES HARTZELL concludes his article on how Sanskrit effects the memory of a person. Its surprising that the things we do in our daily life can actually bring out a huge change in long run.

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ACROSS

1. Formality, paying respect
3. One of the words of अभिनव
5. Wax
6. Famous work of भासमाहिकाद
8. निन्फ़ं भारतम
9. 4th incarnation of lord Vishnu
12. नितिम (महाभारतम)

DOWN

2. पदरञ्जिनी वृक्ष:
3. One who wash clothes
7. कल्याणासमस्याकालम्
10. Sanskrit newspaper published in उत्तराधिकार
14. हलसाधिक: is also called as?
16. श्रीमानसर्वज्ञाकालम्.
एवं सम मध्य्या माता।।

या मा शारणाम नाटसे।
एवं मध्य्या माता।।
या मा परस्तः शय्यातः
ज्ञातः बोधनतः।
िरूणमं या कारयहत॥
आि््यं मम नाशयहत॥
कुरुदत्तं गृिकायर्ं त्वम्,
कुरु्ुत! पाठाभ्या्ं त्वम्।
आदेशं ददती एवम्
योजयते कायेर् हनत्यम्॥
मधुरं दुग्धं ददाहत या
््वादुफिं च ददाहत या।
यच्छहत मि्यं हमष्टान्नम्
यच्छहत मि्यं िवणतर्ाम्॥
कायर् ्म्यक्नकरोहमयदा,
अपरांधहवदधाहमयदा।
कििंकुवर्नर्ोहदहमयदा
तदाभर्ंशमांतजर्यहतया॥

नारीभूता
नारीभूता नृत्यतीत्यत्र गेिे
मुदा योषहत्््न्तु नहत्यं ्ुवन्द्या
यदा नारकं कार्यमाचर्य नारी
िृदा त्याज्यया ्ैव भूता न भाव्या॥

मौण्ट् कार्मल् अल्पाहार गृहाणि
मौण्ट् कार्मल् अल्पाहार गृहाणि
बैंगिूरु नगरी एका वहश्वव्यापी नगरी अ््तह। तत्कारणात्, अत्र भहन्न भहन्न रज्यतः बिवः जनाः नहव्न्तह। मौण्ट् कार्मि् कािेज्
मध्ये अपह भहन्न भहन्न रज्यतः बािहकाः पठन्तह, तन्मध्ये केचन छात्राः छात्रावा्े
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தமிழ் சங்கம் சுவாரஸ்யமான உண்மைகள்

"மனித இனத்தின் தொட்டில், இந்தியாவின் வரலாறு, தாயின் வரலாறு, புராணத்தின் பாட்டி, பாரம்பரிய பாத்திரத்தின் பெரிய பாட்டி, மனிதன் வரலாற்றில் மிக மதிப்பு வாய்ந்த, இந்தியா மட்டுமே."

1. மிதக்கும் அஞ்சல் அலுவலகம்

உலகின் மிகப்பெரிய அஞ்சல் நெட்வொர்க்கை இந்தியாவில் 1, 55,015 தபால் அலுவலகங்கள் உள்ளன. சராசரியாக ஒரு ஒற்றை தபால் அலுவலகம் 7,175 மக்களுக்கு சேவை செய்கிறது. ஆகஸ்ட் 2011ல் ஸ்ரீலகாரிலுள்ள தால் ஏரி, மிதக்கும் அஞ்சல் அலுவலகம் திறக்கப்பட்டது.

2. உலகின் மிக உயரமான இடம்

காசி ஹில்ஸ், மேகாலயாவின் ஒரு கிராமமான மவ்ஸினிராம், உலகிலேயே அதிகபட்ச சராசரி மழைப்பொழிவைப் பெறுகிறது. மேகாலயாவின் ஒரு பகுதியாக இருக்கும் சிரபுஞ்சி 1861ஆம் ஆண்டின் காலண்டரில் மிகவும் மழைப்பொழிவுக்கான பதிவாகும்.

3. பாந்த்ரா வோர்லி சீலிங்கின்

எஃகு கம்பிகள் பூமியின் சுற்றளவுக்குச் சமமாக உள்ளன இது மொத்தமாக 2,57,00,000 மனிதநேய மணி நேரம் முடிந்தது, மேலும் 50,000 ஆபிரிக்க யானைகள் எடையுள்ளதாகவும் உள்ளது. ஒரு உண்மையான பொறியியல் மற்றும் கட்டடக்கலை அதிசயம்.

4. உலகின் மிக உயர்ந்த கிரிக்கெட்

மைதானம் 2,444 மீட்டர் உயரத்தில், இமாச்சலப் பிரதேசத்தில் உள்ள சைல் கிரிக்கெட் மைதானம், உலகிலேயே மிக உயர்ந்ததாகும். இது 1893 இல் கட்டப்பட்டு மற்றும் Chail இராணுவ பள்ளி ஒரு பகுதியாக உள்ளது.

5. இந்தியாவின் முதல் ஜனாதிபதி

தனது சம்பளத்தில் 50% மட்டுமே எடுத்துக் கொண்டார்

டாக்டர் ராஜேந்திர பிரசாத் இந்தியாவின் ஜனாதிபதியாக நியமிக்கப்பட்டபோது, அவர் சம்பளத்தில் 50% மட்டுமே எடுத்துக் கொண்டார், அதற்கும் மேல் தேவைப்படக் கூடாது என்று கூறிவிட்டார். 12 ஆண்டுகளாக சம்பளத்தில் 25% மட்டுமே எடுத்துக் கொண்டது. ஜனாதிபதியின் சம்பளம் ரூ. 10,000 ஆகும்.

6. இந்தியா யானைகளுக்கு ஒரு ஸ்பா

கேரளாவில் உள்ள புன்னாதூர்
சர்க்கரை பிரித்தெடுத்தல் மற்றும் வித்தியாசமாக இருக்கும் என்று போது, இது நமது மக்களில் 10% மட்டுமே. மில்லியன் மக்கள் மொழி பேசும் ஆங்கிலம் பேசும் போது, மையத்தில் யானைகள் குளியல், மசாலா

இந்தியா உருவாக்கிய முதல் நாடுதலைப்புக்கு வழங்கப்பட்டார்: 

சர்க்கரையின் சுத்திகரிப்புமற்றும் இரண்டு 13 இலக்கைக்க் மற்றும் உணவைப் பெறுகின்றன. இப்போது இது வரவிருக்கும் ஆண்டுகளில் மிகவும் கோட்டா யானை முற்றத்தில் புத்துணர்வு 

தனிப்பட்ட விருப்பங்களாலோ இரண்டுமே, அது உலகிலேயே மிகப்பெரிய சைவ உணவுக்குரிய நாடாக திகழ்கிறது. 

உண்பவர்கள் எதிர்பார்க்கப்படுகிறது.

சர்க்கரையின் சுத்திகரிப்பு மற்றும் இரண்டு 13 இலக்கங்களைக்

மற்றும் உணவைப் பெறுகின்றன. இப்போது இது வரவிருக்கும் ஆண்டுகளில் மிகவும் கோட்டா யானை முற்றத்தில் புத்துணர்வு 

தனிப்பட்ட விருப்பங்களாலோ இரண்டுமே, அது உலகிலேயே மிகப்பெரிய 

சைவ உணவுக்குரிய நாடாக திகழ்கிறது.

பல பார்வையாளர்கள் எங்கிலும் வந்து 7,686,369,774,870 × 2,465,099,745,779 இது 

சுத்திகரிப்பு தொழில்நுட்பங்களை 

கணக்கிட்டு ஷகண்டிலா தேவி இந்த 

சீரற்ற முறையில் எடுக்கப்பட்டது. 28 

சாகுபடி கற்றுக் கொண்டனர்.

7. இந்தியா உலகின் இரண்டாவது 

9. சர்க்கரை 

8. உலகின் மிகப்பெரிய 

10. மனித கால்குலேட்டர 

11. பாம்புகள் மற்றும் லேடர்கள் 

12. கர்மா 

13. இந்தியாவில் 

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101. பாம்பு
Tout le monde est égal !

Dans le monde actuel la technologie est très avancée. Tout le monde est très adapté à la technologie moderne.

Aujourd'hui nous avons des femmes pilotes qui font voler les avions les plus modernes. Nous avons aussi des femmes qui sont des astronautes. Elles travaillent dans des laboratoires spatiaux.

Il n'y a pas de différence entre les hommes et les femmes dans le domaine de la technologie. Parfois on voit que les femmes sont supérieures que les hommes dans certains domaines de la technologie. On peut voir aussi que les femmes sont plus sérieuses dans leurs travaux.

Il est indispensable que tout le monde contribue au développement de notre planète. Il ne doit pas être une distinction entre les hommes et les femmes dans ce chemin.

Lahari. R
BCOM, 2nd Year
Les femmes peuvent !

En Inde, il y a très peu de femmes qui poursuivent une carrière scientifique ou technologique parce qu’elles ne reçoivent pas un soutien adéquat. Pour entrer dans les domaines de la science et de la technologie, les femmes doivent croire en elles-mêmes et recevoir plus d’encouragement.

Les femmes évitent généralement les carrières scientifiques et technologiques parce qu’elles sont prises au piège d’un mode de pensée : « les hommes sont meilleurs dans ces domaines ». Les femmes devraient croire qu’elles peuvent penser d’une façon indépendante et intelligente autant que les hommes. Cette confiance devrait être intégrée efficacement dans le développement de la petite enfance pour s’assurer que les femmes ne se sous-estiment pas.

En conclusion, il devrait y avoir un changement à la fois à l’intérieur et à l’extérieur. Les femmes elles-mêmes doivent trouver le courage de chasser leurs propres rêves alors que la famille est le vent pour faire voler ce rêve.

Monisha A Kamath,
BCOM, 2nd Year

Le rôle des femmes dans les technologies de l’information

Le monde devient un meilleur endroit avec le progrès de la technologie et le rôle des femmes ne peut jamais être soulagé dans la croissance mondiale aujourd’hui, les femmes ont joué un rôle important dans le secteur des technologies de l’information, mais le rapport des hommes dans ce secteur est peut-être 80-20%.

Avec ce pourcentage, les femmes doivent se concentrer davantage sur ce secteur. Nous cherchons plus de femmes à travailler dans ce secteur. Les femmes doivent prouver que l’égalité des sexes dans les technologies de l’information est un must.

Bien que l’on sache que le codage demande beaucoup de patience, de temps, d’énergie et de concentration, mais cela ne doit pas décourager, mais devrait les motiver à mettre la main sur la formation. Les femmes doivent montrer qu’il n’y a pas de secteur avec lequel elles ne peuvent pas travailler. Le monde dans son ensemble doit encourager plus de femmes à travailler dans ce secteur.

Monisha A Kamath,
BCOM 2nd Year

L’Espoir --- Notre Survivance


L’homme le trouve difficile de faire l’équilibre entre la technologie et la nature. Il ne peut pas comprendre sa raison d’être. Sa passion, c’est l’avidité qui le pousse à devenir tout puissant, peut – être plus puissant que Dieu lui- même ! L’homme est aveugle et il court à sa perte. Est- ce qu’il n’y a aucune possibilité de faire quelque chose pour s’arrêter cette folie de l’être humain ? On ne saura jamais....

On ne peut donc dire que sera, sera... quoi que soit, l’avenir – c’est imprévisible. Pourtant, tout n’est pas perdu. Toute nouvelle année apporte avec elle un nouvel espoir et notre survivance dépend de cet espoir. On espère donc qu’un jour l’être - humain se rendra compte que lui, et lui seul, est la création de Dieu et que l’homme doit faire tous ses efforts pour accomplir les projets de Dieu, en le remerciant et en le louant pour obtenir la paix dans le monde.

Ida Raj
(Professeur du français)
German Events
ERONICA JOSEPH (2ND YR PYEJ) AND
KEERTHANA THYAGARAJ (2ND YR BSC CBE)

The German department has hosted a couple of events during the Freshers’ week and Cul-ah to introduce people to the rich German heritage and culture in a very involving and easy going way. We have had very enthusiastic participation from all the people present at these events as well as enjoyed the increased and pleasant awareness of the German culture that rose amongst people who were a part of these events. Moreover, these events have been a wonderful learning experience, both for the participants and the hosts.

During the Freshers’ week we took inspiration from the ever popular fortune cookies and created German fortune cupcakes that we sold in our stall, these cupcakes came with messages comprising of famous German idioms and proverbs. As was expected the cupcakes were a great hit and sold out quickly. We also organized a ‘spiel’ which was a version of the memory game with a twist, the participants were required to match pictures with a German word below it instead of the usual pictures.

Cul week saw us organize an exciting treasure hunt game wherein participants were required to spot places on the campus with the help of clues provided in German which could easily be translated with any generally used translator. This made it easy for any non German students to participate as well.

For Cul-ah we organized an event called ‘Needle on Point’ which involved participants to burst the balloons which had specific German words, they were provided with a list of words which they were to search for on the scattered balloons and burst them with a needle provided to them. We received a great amount participation from various colleges (about 11) and a couple more requesting accommodation to participate in this fun event. This event required a pair of participants, so we had about 23 participants.

Most events that we held were not only fun but also meant for non German students as they did not technically require any knowledge of the German language to participate, our main motive being to attract as many students as we could, to be a part of our own little Germany we managed to create over all these years.

In the coming month we will be celebrating German day, and have various stalls and theatrical performances along with songs, to help everyone witness the German culture and all that Germany is about. We hope that it will be a great success and hope for active participation from everyone to make it a success.

Meine Erfahrung im Deutschen Kredit Kurs.
YAASHNA S. MAHJA, 2ND YR CBZ

Deutsche zungenbrecher
• Fischers fritze fisht frische fische , frische fische fischt fischers fritze.
• Brautkleid bleibt brautkleid und blaukraut bleibt blaukraut.
• Der dachdecker deckt dein Dach , drum dank dem dachdecker ,der dein dach deckt.
• Am Zehnten Zehnten um zehn uhr zehn zogen zehn zahme ziegen zehn zentner zucker zum zoo.
• Acht alte Ameisen assen am Abend Ananas.
• Bierbrauer Bauer braut braunes Bier.
• In ulm ,um ulm , um ulm herum.
• Im dichten Fichtendickicht sind dicke Fichten wichtig.
Religionen und Spiritualität:

Die ältesten und bekanntesten Epen von Indien: Ramayana und Mahabharata.

Essen und Gewürze
Indien ist bekannt für seine Liebe zu Essen und Gewürzen. Küche - Nord, Süd, Ost, West, zweitgrößter Produzent von Lebensmitteln

Feste


Der Grund, warum das Oktoberfest zu einem so wichtigen und beliebten Wahrzeichen Münchens geworden ist, liegt nicht nur im Hedonismus, sondern in der Notwendigkeit. Südbayern war einst berüchtigt für seine schreckliche Frischwasserversorgung. Um Cholera, Die Pest und andere unangenehme Krankheiten zu vermeiden, würden Einheimische ihre Pfiffe mit der sichereren, wohl schmackhafteren Alternative des Bieres befeuchten.

Es gibt verschiedene Arten von Essen im Fest. Die Wassereinigung ist seit dem 19. Jahrhundert sprunghaft angestiegen, aber das heißt nicht, dass einige Traditionen es wert sind, trotzdem erhalten zu werden. Also, trinke zu deiner Gesundheit, oder „zum Wohl!“ Wie die Einheimischen schreien!

Das Trinken auf dem Oktoberfest kann erst beginnen, wenn der Zeremonienmeister - der Bürgermeister von München - das erste Fass Bier öffnet und “O zapft is” (“Es ist gezapft!”) verkündet.


PRIYANKA BAJAJ
Der Tod
Johann Wolfgang Von Goethe

SMRITI SIMANTIKA TOPPO
2ND YEAR, CZM

Der Tod, Das ist die kühle Nacht.
Das Leben ist der schüle Tag.
Es dunkelt schon, mich schläfert,
Der tag hat mich müd gemacht
über mein Bett hebt sich ein Baum
Dein singt die junge Nachtigall
Sie singt von lauter liebe,
Ich hör es sogen im Traum

Berlin
ANYA RAJESH

1- Brandenburger Tor:
2- Kaufhaus des Westens: ein super mall gebaut, es ein grobten auswahl an Producten in Europa
3- Galerie des Ostens: ein internationales Gedächtnis, Ein 1,3 km lang der Berliner Mauer mit Hunderten von Gemälden bekannter Künstler.
4- Check Point Charlie: Der bekannteste Grenzübergang der Berliner Mauer während des Kalten Krieges.
5- Potsdamer Platz:Heimat der ersten Ampel in Europa, jetzt ein zentraler platz, heimat vieler verschiedener Geschäfte.

Namma Bengaluru
SANKEERTHANA SUNDAR

Fakten
- südlicher Teil von Indien
- Bangalore ist die Hauptstadt von Karnataka
- Gegründet von Kempe Gowda im 1537
- Es besteht aus 8.5 Milliarden
- Es ist die Gartenstadt von Indien
- Bildungsrate von Bangalore ist 87%
- Regionalsprache ist Kannada

Bangalore ist berühmt für BU
- Etabliert im 1964
- 691 college sind affiliated zu BU
- Bangalore University hatte 57 Engineering Colleges affiliated
- es ist auch ein größest universitat im der staa

BANGALORE PALACE
Architektonischer Stil : Tudor architecture
Bauzeit : 1874-78
Inhaber : maharani pramoda devi wadiyar
Ort: Herz der Stadt

LAL BAGH
Bedeutung : Der Rote Garten
Lal Bagh ist auch die Haus von Vögeln.
Konstruiert im MUGHAL STYLE
Lage: Süden Bangalore
Sprichwörter

PRAGNYA UND ANURADHA

1. Anfang ist leicht, Beharren eine Kunst.
   (Starting is easy, persistence is an art.)

   (The morning hour has gold in its mouth.)

3. Du siehst den Wald vor lauter Bäumen nicht.
   (You don’t see the forest for all the trees.)

4. Man muss die Dinge nehmen, wie sie kommen.
   (You have to take things the way they come.)

   (Only the strongest survive.)

   (Too many cooks spoil the broth.)

   (Small amounts add up to something bigger.)

8. Wer rastet, der rostet.
   (He who rests grows rusty.)

9. Aus schaden wird man klug.
   (Failure makes smart.)

10. Die kuh vom eis holen.
    (Escape risky situations.)

Meine Familie

BAISHALLI 1 YR B.COM II


Meine Mutter

DEVLEENA 1ST YR B.COM II

Mutter ist ein Ersatz für Gott.
Ohne Sie würde niemand von uns hier sein
Mutter ist jemand, die viel Schmerz und Arbeit nimmt, um uns diese schöne Welt zu zeigen.
Mutter ist jemand, die alles versteht, was wir denken und tun.
Mutter ist jemand, die unsere Fehler immer übersieht und das Beste aus uns sieht.
Mutter ist jemand, die besondere Liebe für uns jeden Tag inspiriert.
Mutter ist jemand, die unser Herz in ihrer Wärmen und Nachdenklichen Art mit Freuden erfüllt.
Meine Mutter ist vor allem für mich der größte Schatz.
Deutsches Essen und Trinken

Deutsche Getränke:

**Glühwein:**
Leute greifen Becher dieser warmen Wein- und Gewürzmischung an, um ihre Hände zu wärmen. Es ist Weihnachten in einer Tasse!

**Apfelwein:**
Es ist ähnlich wie Apfelwein und stammt aus Frankfurt und es wird gesagt, dass man es nie als "Apfelwein" bezeichnen sollte, wenn man mit einem Einheimischen spricht. Es ist auch bekannt als Ebbelwoi, das ist ein traditionelles ungesüßtes Getränk.

**Bowle:**
Bowle bedeutet locker Punsch und wird bei jedem Festival in Deutschland serviert. Es ist das ideale Sommergetränk. Erdbeeren und Früchte werden hinzugefügt und mit Alkohol belegt.

Mein Haus


Nach dem Abendessen sitzen wir lange an unseren Esstisch und unterhalten uns über den vergangenen Tag. Ich mag mein Haus.

Deutsche waffeln!

Zutaten:
- 3 Ei (er)
- 125 g Zucker
- 1 pck Vanillezucker
- 125g Margarine oder Butter
- 1l Backpulver
- 250 g Mehl
- 250g Milch
- 1 Prise (r) Salz

Zubereitung:
“Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations.”

The evolution of MCC over the past seven decades has involved a strong blend of state-of-the-art infrastructure, and an intricately intertwined human resources committed to provide value-based education with a thrust on creativity and intelligence.

I am delighted to be a part of this versatile Carmelite family which through its dynamic pedagogy enhances a learning process and embraces the challenges of a changing world. Empowerment of students for all round development through education is our cherished motto. Measures initiated by the management, steps taken by the college administration, the willing contribution of the teaching and non-teaching staff and an overwhelming response and enthusiastic participation of students in all activities in the recent past vouch for this.

Beginning in the classroom, students are motivated to be critical thinkers with innovative mindsets. In a diverse environment, they interact with others from different walks of life to deepen their intellectual transformation and create conditions for social transformation. Through this we hope to foster a spirit of self-realisation, that would help them assess their values and interests, and learn how best they can serve the world.

To our graduating batch of 2018, I wish you the very best. May you achieve greater success as you scale newer heights in your life ahead.

-Vice Principal Charmaine Jerome