

Mental Health:

A fund raiser concert – ‘**Subramaniam in Concert**’ was jointly hosted by the Mount Carmel College Alumni Association and the Subramaniam Foundation, in aid of Higher education of Women and Mental Healthcare.

The Mount Carmel College Alumni Association
and the Subramaniam Foundation proudly present

Subramaniam - In Concert

Featuring : Dr.L.Subramaniam, Kavita Krishnamurti Subramaniam,
Bindu Subramaniam, Narayana Subramaniam, Ambli Subramaniam

In aid of
Higher education of women and Mental Healthcare

Chowdaiah Memorial Hall
11 June, 2015 at 6.30 PM

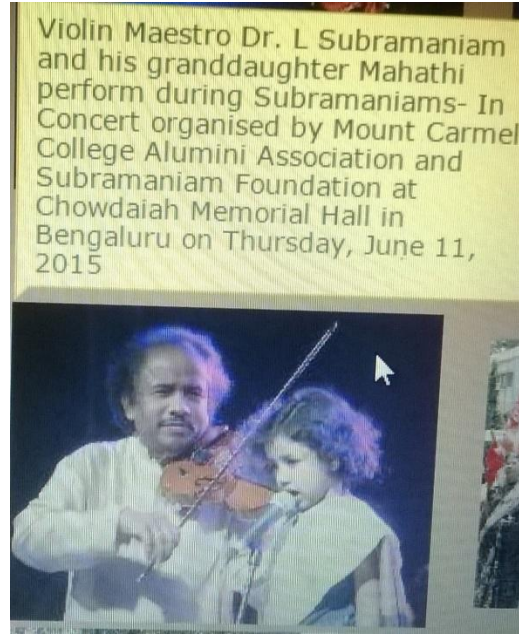
Donor Passes priced at : Rs.10,000, Rs. 5,000, Rs. 2,000, Rs.1,500

Passes Available at : Mount Carmel College, Vasanthnagar
and Innisfree House School, J.P. Nagar.
For further options, Call 7259760202.

Booking Partner:
book my show

Disclaimer: No recording allowed | Complementary Passes Unavailable





<https://timesofindia.indiatimes.com/entertainment/kannada/music/Subramaniam-bring-you-soulful-numbers/articleshow/47612912.cms>

From a total amount of Rs. **12, 56, 058/-** raised an amount of **Rs 8, 94, 040/-** was contributed to **Chittadhama**, a home for the homeless mentally ill people, located in HD Kote taluk of Mysore.

Trustees and Advisors

| | |
|---------------------------|---------------------------|
| Dr. Alok Sarin | Dr. V.K. Radhakrishnan |
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Chittadhama
Part of the Chittaprakasha Charitable Trust
Founded in 2010

Contact Details
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Background

Chittadhama – a rehabilitation centre for the mentally ill homeless – was established in 2010 as part of the Chittaprakasha Charitable Trust. Located in the H.D. Kote taluk of Mysore, Karnataka, they serve a section of the population who are often woefully neglected. An estimated 20% of the homeless that wander the streets are mentally ill. Chittadhama steps into this gap to reintegrate these people into the community, maintaining their personal dignity.



Process at Chittadhama - the 4 'R's

Rescue: The process involves medico-legal procedure. An independent psychiatric evaluation is carried out, legal systems are put in place to make the individual ward of state with temporary guardianship for Chittadhama.

Rehabilitation: Agro-based activities around the premises begin, and serve a dual purpose. They could trigger memory as well as serve as an occupation to help make the individuals useful members of society.

Release and Re-integration: From the beginning of the individuals' stay, the staff try to cull names and addresses from their memory. They then try to get in touch with family members (a process that evokes mixed responses). Once the individual is back with his/her family, they get in touch with a field worker at regular intervals to report progress. Medication is recommended to be continued, as these individuals settle to becoming useful members of society.

Chittadhama Premises

Chittadhama is built on 4.5 acres of land bought by the trustees when they founded it, while the building has been donated by Infosys Foundation. With some farm vegetables grown on land, cows for milk, rabbits for pet therapy and some grain grown on land, they try to fulfill needs but still need the market for various other essentials. Through a grant given to NGOs in the pharmaceutical field, Chittadhama gets their share of medication and is able to supply their residents as well as outpatients who come in twice a month, free of cost to a great extent. Chittadhama has reintegrated over 30 persons into society successfully, and continues to serve people in need of help.



Present need

With both human and financial resources being at a premium, they manage the best they can, but would be delighted with offers for either resources. At present, they need a significant amount per month to run the place and they get the amount together with difficulty by the end of the month. Any contributions that would help ease this financial burden would be welcome, and would leave them more free to cater to a greater number of people who require help. In addition, due to the stigma attached to mental illnesses, human resources are always in short supply. People who could help with occupational therapy or people who choose to volunteer or work with them would be of great help.