



**MOUNT CARMEL COLLEGE  
AUTONOMOUS**

**MSc PSYCHOLOGY**

**PROSPECTUS**



# MASTER OF SCIENCE IN PSYCHOLOGY

The Department of Psychology, Mount Carmel College Autonomous, Bengaluru, offers a two-year masters program in Psychology with specialization in Clinical Psychology and Industrial & Organizational Behaviour.

## Program Objectives

- To facilitate an in-depth understanding of the key concepts, methodologies and applications of the field.
- To emphasize the strengthening of foundations towards a research-based approach to Psychology.
- To catalyze a climate of social responsibility by incorporating endeavours aimed at the development of the community.
- To ensure a multi-dimensional approach to academic learning and assessment through presentations, projects, seminars, internships and case conferences.
- To enhance and maximize the employability and research calibre of the students.

## Course Curriculum

The course comprises of two years of training in the discipline of Psychology which includes one year of in-depth foundation in various aspects of Psychology and one-year specialization where the candidate can opt for either Clinical Psychology or Industrial & Organizational Behaviour or Counselling Psychology as her major alongside other core papers. During the course of two years, students will be exposed to:

Core Courses

Elective / Specialization Courses

Allied Courses



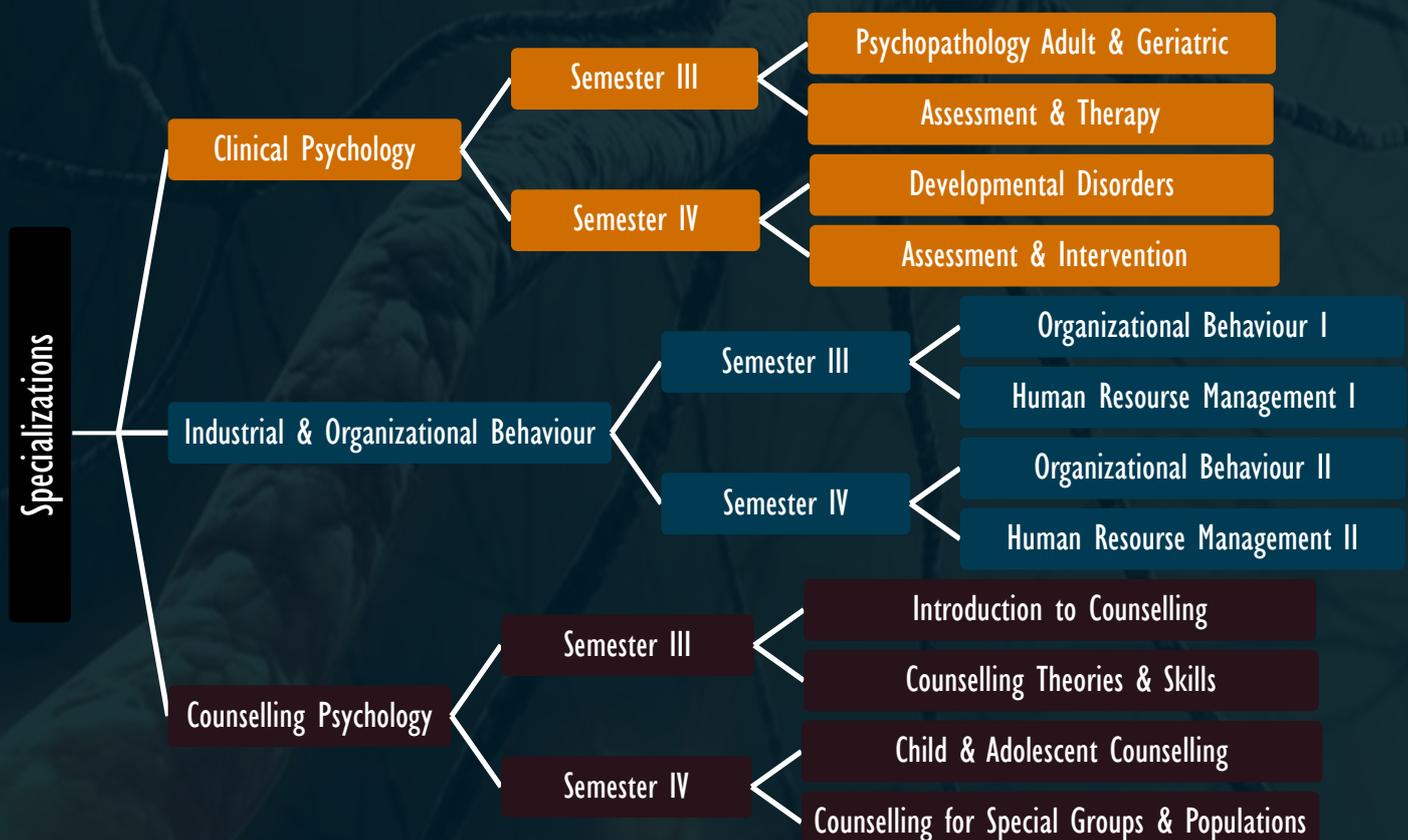
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The curriculum covers a variety of mandatory core papers in Psychology such as,

- Social Psychology
- Positive Psychology
- Personality Theories
- Quantitative Research Methods
- Biopsychology
- Cognitive Psychology
- Community Psychology
- Qualitative Research Methods

Some of the allied papers such as, Sports Psychology, Cyber Psychology, Forensic Psychology, Basic Counselling Skills, etc. are offered alongside soft-core courses in the areas of personality development, business communication, entrepreneurship development and data analytics intended to expand their professional horizons.

The structure for specialization is as follows:





# MASTER OF SCIENCE IN PSYCHOLOGY

## Clinical Psychology Specialization

Mental health is the need of the hour. It is important to be sensitized and oriented to various models of mental illness and well-being. Clinical psychology aims to expand the knowledge of the student through both coursework, research and practicum.

The papers are designed to enable the orient the students towards a strong foundation of knowledge in the theoretical concepts, historical overview, current trends, diagnostic and etiological aspects of psychopathology alongside an exposure to structure of in the different schools of therapy, forms of assessments and intervention.

The training is imparted through case discussions, case conceptualizations, group discussions, seminars, reviews, assignments, journal criticisms and demonstrations.

### Outcomes

After the Masters program, students will be equipped to handle cases under supervision, in clinical settings, conduct clinical assessments of personality, neuropsychological functioning, symptom ratings, Mental Status Examination etc. They will also be capable of charting clinical case formulations and conceptualizations and draft basic treatment plans.

### Labs

A total of 10 well-equipped labs for Psychology which are student-friendly, with good psychometric tests, assessment batteries and scales to name a few, Wechsler Adult Intelligence Scale, Wechsler Memory Scale, the NIMHANS Neuropsychology Battery, PGI Battery of Brain Dysfunction, Rorschach, Thematic Apperception Test, Children Apperception Test, Binet-Kamat Test, Vineland Social Maturity Scale, Seguin Form Board, Raven's Standard, Advanced and Coloured Progressive Matrices, Bender Visual Retention Test, Classic Psychophysics Apparatus and many paper pencil tests.



# MASTER OF SCIENCE IN PSYCHOLOGY

## Industrial & Organizational Behaviour Specialization

Globalization along with the recognition of the importance of human resources has intensified the need of organizations to hire individuals who can help adequately to address the human resource issues in a multi-cultural context.

The papers are designed to enable students to gain an advanced understanding of the world of work from the behavioural point of view. Students are introduced to theories of organizational behaviour, leadership, work engagement and human resource management functions, processes and practices. I-O psychologists often apply research to increase productivity, selecting employees best suited for particular jobs and product testing.

### Outcomes

After the Master's program, students will be equipped to position themselves as strategic business partners by adding value to organizations through their knowledge of human behaviour by providing solutions to organization-related people issues and challenges. Career prospects for our graduates include: working in a range of organizations and pursue careers as human resource generalists, management consultants, organizational development consultants, recruiters, training, development professionals and research analysts.

### Labs

A total of 10 well-equipped labs for Psychology which are student-friendly, with good psychometric tests, assessment batteries and scales to name a few, Psychological Type Indicator, DISC-Styles Assessment, Dealing with Conflict Styles, Maslach Burnout Inventory and FIRO-B, Organizational Commitment, Organizational Citizenship, Organizational Climate, Work Flow, etc. Students are also exposed to Management Decision-Making Tools like SWOT Analysis, Force-field Analysis, Management games and case studies to promote a situation-based skill enhancement.



# MASTER OF SCIENCE IN PSYCHOLOGY

## Counselling Psychology Specialization

Keeping in mind the increased demand for mental health professionals and to accommodate the growing population of students that seek the program, the department has introduced an additional specialization in Counselling Psychology. Being a skill-based specialization, it will focus on training students to become competent counsellors ready for the world of mental and community health.

## Facilities & Resources

The college has an enriching academic environment with facilities that foster scientific temper. Filled with thousands of textbooks, e-books, print & e-journals, OERs, scientific magazines, newspapers, newsletters computers and statistical software, the library is at student's disposal to facilitate intellectual curiosity.

## Faculty

Qualified and well-experienced in-house faculty and visiting faculty from the respective industry with years of professional experience ensure quality academic training and guidance.

## Multidisciplinary Courses

In the second year of their course, students are also exposed to multidisciplinary courses offered by streams of commerce and arts such as "Advertising and Media", "Business Management", etc.

## Allied Activities

Students are encouraged to participate in Community Development Program, mandatory Internships, Conferences, Paper Presentations, Research Publications, Workshops, Guest Lectures, conduct Peer Counselling, Surveys, and Research studies, in requirement for partial fulfilment of course curriculum.