

### Institutional Social Responsibility Cell – 2020-21

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| <b>Asraya<br/>(Support)</b>         | Mount Carmel College   | Distributed Food grains to 650 families during the lockdown<br>Distributed 1200 food packets to migrant workers.<br>MCC in association with Jesuit Priests -Distributed Food grains to 150 families |
|                                     | Department of Home Science   | Made Hand Stitched mask for the poor and the staff of MCC during the initial days of Covid 19.  |
|                                     | Department of Commerce   | Initiated Replacement and renovation of Toilet doors at Gedanahalli Government School.  |
|                                     | Department of Nutrition and Dietetics                                    | Created awareness on “Covid 19 and nutrition -focusing on immunity”   |
|                                     | Department of Psychology   | Organised “Beating Lockdown Blues – Anxiety and Stress among Students”  |
|                                     | PG Department of Management Studies                                      | HOPE Series 2 –Importance of looking after your mental health during Covid 19 (Lockdown)<br>Getting Professional help through Inhouse Counsellors.  |
|                                     | Department of Psychology & Student Union                                 | Organised “Suicide Prevention” A three day Talk series by experts.  |
|                                     | Department of Communication Studies                                      | Feeding the unattended dogs during lockdown   |
|                                     | Student Union  | Fit Week –Posted fitness challenge on Instagram and conducted quiz for student community  |
|                                     | Student Union  | PCOS-Talks by Doctors.  |
|                                     | Centre for Extended Education  | Organised “Fire Safety Training” in association with Karnataka state fire and emergency services  |
|                                     | Department of Environmental Science                                      | Conducted Awareness Program on the management of sanitary waste disposal among women  |
|                                     | Department of Bio Chemistry  | Awareness program on COVID 19   |
|                                     | Department of Botany   | Awareness on immunity boosting plants and home remedies during pandemic   |
|                                     | Department of Microbiology   | Awareness on Oral Hygiene in Rural Bangalore in association with MS Ramaiah Institute.  |
| PG Department of Management Studies | Celebrating International Yoga Day – Webinar on “Pranayama and Wellness” |   |

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| Department of Statistics and Analytics | Distribution of Sports Items to Government School   |
| Department of Journalism               | Organising Support to differently-abled to tackle menstrual hygiene – Distribution of hygiene kits  |
| PG Department of Management Studies    | World Braille Day – Organised Webinar on “Eye Care”   |
| Department of Environmental Science    | Conducted Soil analysis for farmers of Kodihalli village  |
| Department of Micro Biology            | Distribution of Hygiene Kits to the needy.  |
| Department of IDM                      | Organised workshop on “ Art from Waste” for children from the underprivileged.  |
| PG Department of Management Studies    | Conducted workshop on “Self Defense for women”  |
| ISRC                                   | Organised “ Pre Owned Clothes Collection drive” in association with TEDS Trust and Adonai Films -rivers in the desert (Trust) for the making of ‘Gudri’ |
| Department of Mathematics              | Distribution of Geometry boxes to Government School Students.   |
| PG Department of Management Studies    | Talk on importance of understanding women hygiene during Menstruation and Distribution of Hygiene kits to the needy.                                    |
| Department of Botany                   | Awareness Program on Self Care to boost immunity during Covid 19  |
| Department of Economics                | “Empowering Women” – Distribution of Sewing Machine   |
| Department of MCA                      | Distribution of Home cooked food to orphanages and Street vendors in Shivaji Nagar, Bengaluru   |
| Department of History                  | Donation of books to an NGO Hasirudala working for the welfare of waste pickers of Bangalore.   |
| Department of MCA                      | Distribution of Packed food to the physically challenged in KGF   |
| Department of Education                | Awareness program on “Personal Hygiene “among old age inmates at the old age home and Distribution of Hygiene Kit.                                      |
| Centre for Extended Education          | Organised “ Caring & Sharing Day” for the benefit of Annapurni Seva Ashram , Yeshwanthpur   |
| Department of English                  | Subscribed for Newspaper and educational magazine for the community library run by an NGO Haadi Badi.   |
| Department of English                  | Book Collection Drive for the benefit of Government School children   |
| Department of Physical Education       | Distribution of Mask and Groceries during the Pandemic  |

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| Department of MCA  | Distributed Snack Packets to students of Vallabh Niketan  |
| PG Department of Management Studies                                      | Empowering Social Entrepreneurs “Hasiru “   |
| Department of Electronics  | Distribution of food packets and water bottle to the needy in Vasanthnagar  |
| Department of Computer Science   | Distribution of grocery at Rainbow Home working for Street Children.  |
| Department of Fashion and Apparel Design                                 | Donation of Gloves to BBMP Workers.   |
| Department of Electronics  | Feeding stray dogs – During the pandemic  |
| Department of Zoology  | Covid awareness drive for Auto drivers and BMTC bus drivers and conductors in Bengaluru   |
| Department of Sociology  | Organised Virtual Marathon in association with Youth for Seva – Fund Raiser activity to support Education of the under privileged     |
| Department of MCA  | Donation Drive – Groceries, Study Material and Hygiene Kit in Bangalore   |
| Department of Business Administration                                    | Support extended to St Mary’s Orphanage.  |
| Department of Fashion and Apparel Design & Centre for Extended education | International Day for the eradication of Poverty – Distribution of groceries to Christu Seva Sadan and Guanella Preethi Nivas         |
| Department of MCA  | Donation of Groceries to Athani Talik an orphanage for the blind.   |
| Department of Botany   | “Green Wellness” – Distribution of Joint Pain Oil to old age Homes.   |
| Department of Fashion and Apparel Design                                 | Collection Drive – Pre-owned clothes for the needy  |
| Department of Travel & Tourism   | Carried out research on “ A study on Understanding Tourism amidst COVID 19” in association with Equitable Tourism Options( Equations) |
| Christian Students Association   | Outreach Program at Guanella Preethi Nivas and Clare Nivas  |