



MOUNT CARMEL COLLEGE, AUTONOMOUS

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Initiative By INSTITUTIONAL SOCIAL RESPONSIBILITY CELL(ISRC)

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ಇದರ ಅಡಿಯಲ್ಲಿ ಒದಗಿಸಲಾದ ಎಲ್ಲಾ ಮಾಹಿತಿಯನ್ನು ವಿವಿಧ ಮೂಲಗಳಿಂದ ಸಂಗ್ರಹಿಸಲಾಗಿದೆ. ದಯವಿಟ್ಟು ಅದರ ಸತ್ಯಾಸತ್ಯತೆಯನ್ನು ಪರಿಶೀಲಿಸಿ. ಇದಕ್ಕೆ ಕಾಲೇಜು ಜವಾಬ್ದಾರಿಯಲ್ಲ.

LIST OF ESSENTIALS FOR HOSPITALIZATION AND HOME ISOLATION

ESSENTIALS TO HAVE BEFORE HOSPITALIZATION

- Aadhar card
- Medicines for your already existing conditions (BP, Diabetes, etc.) A 30-day supply of your prescriptions.
- Insurance details (If you have)
- Details such as :
 1. Patient name
 2. Age
 3. Area / Location
 4. Symptoms
 5. Since how many days
 6. SpO2 level
 7. Is patient on an oxygen cylinder?
 8. Searching for a hospital bed since?
 9. Prefer Govt./Pvt./Any hospital?
 10. Existing health issues
 11. Attender name
 12. Attender mobile no.
 13. Relation with the patient
 14. SRF ID
 15. BU number
- Hot water flask
- Sanitizer
- Gloves
- Masks
- Face shield
- Hair brush
- Tooth brush and tooth paste
- Necessary electronics

- Comfortable clothes
- Slippers
- Personal hygiene kit
- Suggested religious books
- Covid positive report and the reports of other existing ailments
- Sanitary napkins for women
- Some foods such as fruits and healthy snacks
- Tissues/Wet wipes
- Blanket and pillow if possible

ESSENTIALS TO HAVE WHEN IN HOME ISOLATION

- Oximeter
- Steam vaporizer
- Thermometer
- Hand Soap & Sanitizer
- Masks
- Gloves
- Medicines prescribed by the doctor(A 30-day supply of your prescriptions)
- Separate room for the patient
- Separate soaps, towels, bed linen, utensils, etc. for the patient
- Cleaning solutions to disinfect surfaces in the room, bathroom and toilet daily
- Separate dustbin for waste disposal

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