



# MOUNT CARMEL COLLEGE, AUTONOMOUS

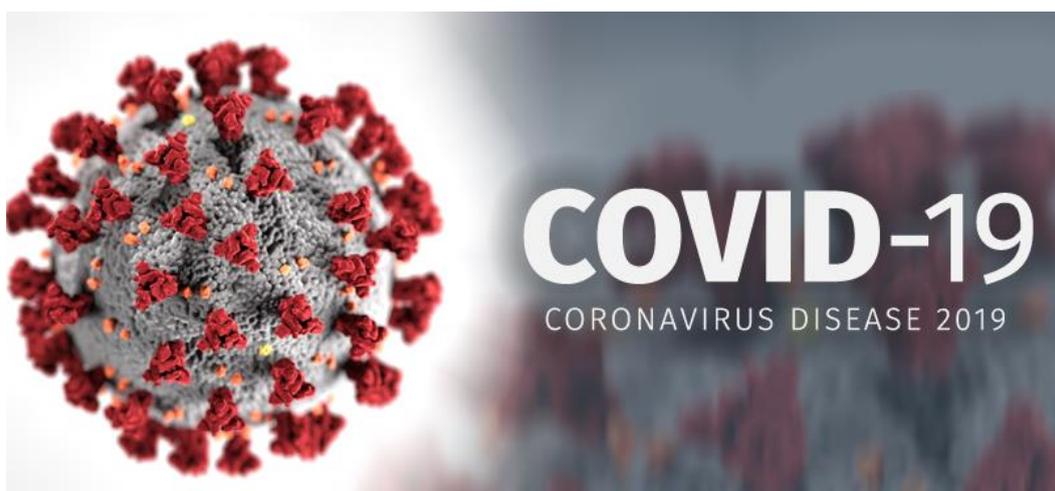
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## ABOUT COVID



Covid-19 is the disease caused by SARS-CoV-2; the coronavirus emerged in the month of December 2019. The virus can be spread with contact from person to person. It can be severe, and has caused millions of deaths around the world. The most common symptoms include- fever, cough, tiredness and some of the less common symptoms are headache, sore - throat, aches and pains, loss of taste or smell etc. while, some of the serious symptoms include Shortness of breath/difficulty breathing, chest pain/pressure and loss of speech or movement. Symptoms show up in people within two days of exposure to the virus.

### **How does it spread?**

It can spread from one person to another in various form, such as exposure to virus, infected droplets, airborne transmission (spread through air), surface transmission (touching the surface), and from the faeces of an infected person.

### **Why do we need the vaccine?**

The vaccine can prevent you from getting COVID-19 and spreading the COVID-19 virus to others or from becoming seriously ill or dying due to COVID-19. It can prevent the COVID-19 virus from spreading and replicating, which allows it to mutate and possibly become more resistant to vaccines. The need for hospitalization reduces, in case of acquiring the virus. All the vaccines in India are safe and are effective in preventing covid infection.

## **Who should be cautious?**

Older people and younger people can be infected by the COVID-19 virus. Older people, and people with pre-existing medical conditions such as asthma, diabetes, and heart disease appear to be more vulnerable to becoming severely ill with the virus.

People of all ages can be infected by the COVID-19 virus, hence WHO advises people of all ages to take steps to protect themselves from the virus, by following good hand hygiene and good respiratory hygiene.

