



# MOUNT CARMEL COLLEGE, AUTONOMOUS

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ಇದರ ಅಡಿಯಲ್ಲಿ ಒದಗಿಸಲಾದ ಎಲ್ಲಾ ಮಾಹಿತಿಯನ್ನು ವಿವಿಧ ಮೂಲಗಳಿಂದ ಸಂಗ್ರಹಿಸಲಾಗಿದೆ.  
ದಯವಿಟ್ಟು ಅದರ ಸತ್ಯಾಸತ್ಯತೆಯನ್ನು ಪರಿಶೀಲಿಸಿ. ಇದಕ್ಕೆ ಕಾಲೇಜು ಜವಾಬ್ದಾರಿಯಲ್ಲ.

**COVID-19 VACCINE REGISTRATION PROCEDURE**

# How do I register for COVID-19 vaccination?

Go to [www.cowin.gov.in](http://www.cowin.gov.in) or the Aarogya Setu app or on-site registration

Verify your mobile number. You can register yourself or up to 4 individuals using a Govt. photo ID [with name, date of birth, gender]

If you are above 45 yrs with comorbidities, you should have a signed medical certificate from a registered practitioner

You can choose to be vaccinated at a Govt. health facility free of charge or a private health facility

Second dose appointment will be automatically scheduled on the 29<sup>th</sup> day after your first shot

You should carry the Govt. ID used to register, Aadhar or EPIC card, medical certificate of comorbidity.



Register or Login for Vaccination

We will send you a **One Time Password** on your phone number

Enter Mobile Number

GET OTP

..... Or register using .....

Aarogya Setu

## CoWIN portal adds four-digit security code: Here is how to register for Covid-19 vaccine

The CoWin portal has got a new four-digit security code feature, which will make the vaccination slot booking experience safe and secure. The feature has been added to the CoWin portal after various users had complained of their vaccination certificate getting generated despite them not getting a jab.

The CoWIN four-digit security code will look to reduce mistakenly generated vaccination certificates and will also help to prevent scammers from misguiding users.

The code must be kept safe and not be shared with anyone. On the vaccination day, you will need to produce the code in order to authenticate the entire vaccination process.

Here is how you can register for the Covid-19 vaccine after the introduction of the four-digit security code:

1. Visit the CoWIN portal
2. Register your mobile number by entering your contact details
3. Enter the OTP you get via SMS. If you have already registered, just sign in with required credentials.
4. Enter your location; residence state and district. You can also enter the PIN code of the nearest vaccination centre.
5. You will be able to see all nearby vaccination centres and slots. Tap on the green slot of preference, select a time slot and confirm the booking
6. You will be issued a four-digit security code which you will get as a text message. This code will be required to validate your booking on the vaccination day.
7. After getting vaccinated, you can login to CoWIN portal to download your vaccine certificate.

Link on how to register for vaccination (step-by-step in English):  
<https://www.instagram.com/tv/COhbaAKjAVQ/?igshid=iuuztmztif9g>

For more guidelines visit: [https://www.mohfw.gov.in/covid\\_vaccination/vaccination/index.html](https://www.mohfw.gov.in/covid_vaccination/vaccination/index.html)

## **NO.2: WHAT IS A COMORBIDITY?**

# What is considered a comorbidity?

Heart failure with hospital admission in the past one year

Post-cardiac transplant/left ventricular assist device

Significant left ventricular systolic dysfunction

Moderate or severe valvular heart disease

Congenital heart disease with severe PAH or idiopathic PAH

Coronary artery disease with past CABG/PTCA/MI and hypertension/diabetes on treatment

Angina and hypertension/diabetes on treatment

CT/MRI documented stroke and hypertension/diabetes on treatment

Pulmonary artery hypertension and hypertension/diabetes (for more than 10 years or with complications) and hypertension on treatment

Diabetes (for more than 10 years or with complications) and hypertension on treatment

Kidney/liver/hematopoietic stem cell transplant: recipient/on waitlist



People above 45 with co-morbidities should be #Vaccinated

# What is considered a comorbidity?

End stage kidney disease on haemodialysis/CAPD

Current prolonged use of oral corticosteroids immunosuppressant medications

Decompensated cirrhosis

Severe respiratory disease with hospitalisations in the last two years/FEV1 less than 50 per cent

Lymphoma/ Leukaemia/Myeloma

Diagnosis of any solid cancer on or after 1 July 2020 or currently on any cancer therapy

Sickle cell disease/bone marrow failure/aplastic anaemia/ thalassemia major

Primary immunodeficiency diseases/HIV infections

Persons with disabilities due to intellectual disabilities/muscular dystrophy/acid attack with involvement of respiratory system/persons with disabilities having high support needs/multiple disabilities, including deaf-blindness





### NO.3: WHAT ARE THE SIDE EFFECTS?

**Some of the common side effects you could experience after receiving the COVID-19 shot are:**

Mild fever

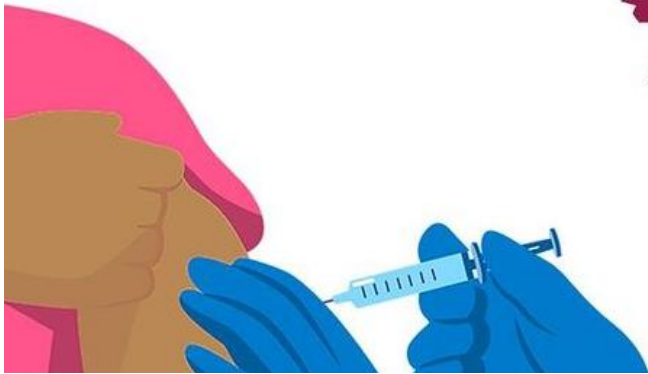
Tiredness

Soreness or redness around the area you received the shot

Muscle or joint pain

Headache

These are mild side effects and can last up to a week.



### NO.4: WHY SHOULD STILL PRACTICE COVID-19 APPROPRIATE BEHAVIOUR?

**Even after receiving your vaccine shot, you still need to practice COVID-19 appropriate behaviour because:**

The pandemic is not over

Vaccines usually take up to 2 weeks to develop antibodies

A vast majority of people are still to be vaccinated and are vulnerable to the virus



## NO.5: CAN YOU TRUST THE VACCINE

# Can you trust the COVID-19 vaccine?

COVID-19 vaccines have been approved for use in India only after thorough research, testing and observations for side effects, following all protocols.

VACCINATE NOW



### A few more tips:

1. It is observed that maximum hospitals open their slots between 6:30-7:30am, around 9am, 5-7pm, 9-10pm and around midnight, so check during these intervals.
2. It doesn't matter which vaccine you get. Just get vaccinated!
3. Try to stay logged in atleast during the above mentioned intervals.
4. The vaccine center was very well organised, strict safety protocols were maintained and we were in and out within 30 minutes.

Stay safe and get Vaccinated!

Link on how to register for vaccination (step-by-step in English):  
<https://www.instagram.com/tv/COhbaAKjAVQ/?igshid=iuuztmztf9g>

## **List of FREE Government COVID 19 Vaccination Centres in Bangalore**

### **ABBIGERE PHC**

BBMP Zone : Dasarahalli

Address : Chikkabanavara Post, Hesarghatta Main Road, N M S Layout, Bangalore – 560090

Location : <https://goo.gl/maps/oHW6V6RXpR6wXP1F9>

Nearby Areas : Shriniketh Layout, Janata Colony, Jalahalli west, Singapura Village, Chikkasandra

### **ADUGODI DISPENSARY**

BBMP Zone : SOUTH

Address : No. 28, Adugodi Main Road, Bhuwaneshwari Road Bazar Street, AK Colony, Bangalore – 560030

Location : <https://goo.gl/maps/RWGVFwDCiv4GxX8DA>

Nearby Areas : Koramangala, Ejipura, SG Palya, Ayappa Garden, Gajendra Nagar

### **ADUGODI UPHC**

BBMP Zone : SOUTH

Address : Hosur Road, Near Narayana E-Techno School, AK Colony, Adugodi, Bangalore – 560030

Location : <https://goo.gl/maps/Y7F7RVnUvVyC1ppa7>

Nearby Areas : Rajendra Nagar, Ejipura, Viveknagar, Adugodi, Koramangala

### **AGRAHARA**

BBMP Zone : Yelahanka

Address : Agrahara Layout, Thirumenahalli, Yelahanka Post, Bangalore – 560064

Location : <https://goo.gl/maps/eAwxiowTKkRzAV5U6>

Nearby Areas : Jakkur, Chokkanahalli, Sampigehalli, MS Nagar, KPSC Layout

### **AGRAHARA DASARAHALLI UPHC**

BBMP Zone : West

Address : No.267, 17th C Cross, 4th Block, 2nd Stage, Agrahara Dasarahalli, Basaveshwar Nagar, Bangalore – 560079

Location : <https://goo.gl/maps/Nsu25gQ8vpRLG2WT8>

Nearby Areas : JJR Nagar, Indiranagar, Yeshwanthpur, Malleshwaram, Sunkadakatte

### **AMRUTHAHALLI**

BBMP Zone : Yelahanka

Address : Hoodi Layout, Amrutahalli, Byatarayanapura, Bangalore – 560092

Location : <https://goo.gl/maps/pzLnwFPSsKAFhSx9>

Nearby Areas : Jakkur Layout, Kashi Nagar, Sairam Paradise, Talacauvery Layout

### **ANJANAPPA GARDEN UPHC**

BBMP Zone : West

Address : Behind Banana Market, Near Mysore Circle, Anjanappa Garden Health Centre, Bangalore – 560018

Location : <https://goo.gl/maps/LWCfQemJfnGX4h4GA>

Nearby Areas : Binnipete, Akkipete, Chickpete, Majestic, Mysore Road

### **ARAKERE UPHC**

BBMP Zone : Bommanahalli

Address : No. 318, B G Main Road, Krishna Reddy Layout, Yellappa Reddy Layout, Venugopal Reddy Layout, Bangalore – 560076

Location : <https://goo.gl/maps/MznaGZV61wFRkv5t5>

Nearby Areas : Devarachikkanahalli, BTS Layout, IIM Bangalore, Arakere Lake, Doddamma Layout

### **ASHOKPURAM DISPENSARY UPHC**

BBMP Zone : West

Address : 5th Cross, Near Subramanya Temple, Yashawanthapura Industrial Suburb, Nandini Layout, Bangalore – 560022

Location : <https://goo.gl/maps/ByNauyUUV7Ezwc3D9>

Nearby Areas : Nandini Layout, Saraswatipura, Ashokapuram, Yeshwanthpur, Shankar Nagar

### **ATTUR HC**

BBMP Zone : Yelahanka , Address : Escorts Engineers Layout, Attur Layout, Yelahanka New Town, Bangalore – 560064

Location : <https://goo.gl/maps/ioJ6Wroa96rVQwEn9>

Nearby Areas : Attur Layout, Yelhanka New Town, Hanumiah Layout, Akshaya Nagar, MP Layout

### **AVALAHALLI UPHC**

BBMP Zone : SOUTH

Address : 17th Main Road, Old Madras Road, Avalahalli, virgonagar, Bangalore – 560049

Location : <https://goo.gl/maps/SpF8WDDyteUBv81v6>

Nearby Areas : Medehalli, Vinayak Layout, Avalahalli, Dominic Layout, Virgonagar

### **AZADNAGAR UPHC**

BBMP Zone : West

Address : Pipeline Main Road, Kasthuriba Nagar, Opposite to ESIC, Mysore Road, Azad Nagar, Bangalore – 560026

Location : <https://goo.gl/maps/zycGoHWnYMZbFQwcA>

Nearby Areas : Kasthuriba Nagar, Mysore Road, Guddadahalli, Srinagar

### **BAGALAGUNTE PHC**

BBMP Zone : Dasarahalli

Address : MEI Layout Main Road, Near to Karikallu, Vigneshwara Layout, Bangalore – 560073

Location : <https://goo.gl/maps/TmvLumJ8fDxHjaH7A>

Nearby Areas : Anchepalya, T Dasarahalli, Nagasandra, Sidedahalli, Mayanna Layout

### **BANASHANKARI UPHC**

BBMP Zone : SOUTH

Address : No. 10, 30th Cross Road, Siddanna Layout, Stage II, Bangalore – 560070

Location : <https://goo.gl/maps/1C46appx7pfutBWD8>

Nearby Areas : Banagirinagara, Byrappa Block, Kathreguppe, Sneha Colony, HMS Layout



## **BANGARAPPA NAGARA UPHC**

BBMP Zone : R R Nagar

Address : 1st Main Road, Bangarappanagar, Near Global Medical College, RR Nagar, Bangalore – 560098

Location : <https://goo.gl/maps/Ny96nEMWXzbDrvRs5>

Nearby Areas : Aditya Layout, Hosakerehalli, Gattigere, Jawaregowda Nagar, Pushpagirihalli

## **BAPUJINAGAR UPHC**

BBMP Zone : SOUTH

Address : 6th Cross, 2nd Main, Opposite To Bengaluru One, Bapuji Nagar, Bangalore – 560026

Location : <https://goo.gl/maps/P7sCvyUnrDVYiVXYA>

Nearby Areas : Kamalanagar, Baba line, Chamrajpet, Anandapuram, Vishweshwarapura

## **BEGURU UPHC**

BBMP Zone : Bommanahalli

Address : Begur Main Road, Near Police Station, Classic Paradise Layout, Bommanahalli, Bangalore – 560068

Location : <https://goo.gl/maps/KQHcJmCqQc7sqMco8>

Nearby Areas : Hulimavu, Kudlu, Singasandra, DLF Newtown, Akshayanagar

## **BHUVANESHWARI NAGAR HC**

BBMP Zone : East

Address : No.14, Anjeneya Temple Road, Bhuvaneshwari Nagar, C V Raman Nagar, Bangalore – 560093

Location : <https://goo.gl/maps/ieL1h9ZQLmfBqZCZA>

Nearby Areas : Kaggadasapura, Bairasandra, CV Raman Nagar, Varsova Layout, Nagavarapalya

## **BMCRI SUPER SPECIALITY HOSPITAL**

BBMP Zone : West

Address : New Tharagupet, City Market, Bangalore – 560002,

Location: <https://goo.gl/maps/7dUo4xC8dRBifAhX9>

Nearby Areas : Tharagupet, Vanivilas, Jolly Mohalla, Vijayanagar, Naagarabhaavi

## **BOMMANHALLI UPHC**

BBMP Zone : Bommanahalli

Address : BBMP Building, NRHM, Ambedkar Beedi, Bommanahalli, Bangalore – 560068

Location : <https://goo.gl/maps/YRfZ53ghdr8ba2Np9>

Nearby Areas : Hosur Road, Bommanahalli, ITI Layout, Vijaya Sri Layout, EWS Colony

## **BOWRING HOSPITAL**

BBMP Zone : East

Address : Lady Curzon Road, Shivaji Nagar, Bangalore – 560001

Location : <https://goo.gl/maps/t2nJHosh1uC4dveo9>

Nearby Areas : Sheshadri puram, Shanatala Nagar, Shivajinagar, Sivanchetti Gardens, Bharati Nagar

## **CHOLANAYAKANA HALLI HC**

BBMP Zone : East

Address : No.3, Thimakka Layout, Coconut Garden, Cholanayakanahalli, Hebbal, Bangalore – 560032

Location : <https://goo.gl/maps/jsM8vRBebY4s5yC86>

Nearby Areas : Acharya Nursing College, RT Nagar, Kankanagar, Vyalikaval HBCS Layout, Nagavara

### **COX TOWN UPHC**

BBMP Zone : East

Address : No.5, MM Road, Near St Peter's Church, Saravagna nagar, CoxTown, Bangalore

Location : <https://goo.gl/maps/8aV38MCybfvrw32x5>

Nearby Areas : Pulakeshinagar, Pottery Road, Balaji Layout, Jeevanhalli, Cooke Town

### **COX TOWN UPHC**

BBMP Zone : East

Address : No.5, MM Road, Near St Peter's Church, Saravagna Nagar, Jeevanhalli, Cox Town, Bangalore – 560005,

Location : <https://goo.gl/maps/a4LTGhVdt31R5T4J7>.,Nearby Areas : Cooke Town, Maruthi Sevanagar, Sathya Nagar, KHB Colony, S.Kumar Layout

### **CT BED UPHC**

BBMP Zone : SOUTH

Address : No.357, 6th Cross Road, Thyagaraja Nagar, Basavanagudi, Bangalore – 560070

Location : <https://goo.gl/maps/78NqYW4zLabq789k6>

Nearby Areas : Basaveshwar Nagar, Thimmiah Road, Kathreguppe, ITI Layout, Jayanagar

### **D.J.HALLI UPHC**

BBMP Zone : East

Address : Opposite Periyar Nagar Foot Ball Ground, Tannery road, Devara Jeevanahalli, Bangalore – 560045

Location : <https://goo.gl/maps/gm8bP6RnxuLDh52x8>

Nearby Areas : Anwar Layout, AR Colony, Bagalur Layout, Indira puram, Pillanna Garden

### **DASAPPA UPHC**

BBMP Zone : SOUTH

Address : SP Road, Kalasipalam New Extension, HHS And HMS Complex Shamshuddin Block, Halsurpete, Nagarathpet, Bangalore – 560002

Location : <https://goo.gl/maps/6t3vopGec6xDR1b97>

Nearby Areas : Ashwath Nagar, Sampangi, Chickpet, Maldarpet, Ragipet

### **DIVISIONAL RAILWAY HOSPITAL**

BBMP Zone : West

Address : M.G. Railway Colony, Sevashrama, Bangalore – 560023

Location : <https://goo.gl/maps/CAEHm33yvRQXEY966>

Nearby Areas : Gopalpura, Okalipuram, Majestic, SSI Industrial Area, Manjunath Nagar

### **DODDAKANNALLI PHC**

BBMP Zone : Mahadevapura

Address : Janatha Colony, Chikkabellandur, Sarjapur Road, Carmelaram Post, Bangalore – 560035

Location : <https://goo.gl/maps/WmmquAWKs2WH1z6q7>

Nearby Areas : Janata Colony, SJR Plaza City, Someshwara Layout, Chikkabellandur,

## FREQUENTLY ASKED QUESTIONS ON COVID-19 VACCINE

**Target Group: General Public**

S. No.	Question	Potential response
1.	Is a COVID vaccine scheduled anytime soon	Yes, vaccine trials are under different stages of finalization. Government of India is geared to launch a vaccine for COVID 19 soon. For more information and updates visit <a href="http://www.mohfw.gov.in">www.mohfw.gov.in</a>
2.	Will COVID 19 vaccine be given to everyone simultaneously	Based on the potential availability of vaccines the Government of India has selected the priority groups who will be vaccinated on priority as they are at higher risk.  The first group includes healthcare and frontline workers. The second group to receive COVID 19 vaccine will be persons over 50 years of age and persons under 50 years with comorbid conditions
3.	Is it mandatory to take the vaccine?	Vaccination for COVID-19 is voluntary. However, it is advisable to receive the complete schedule of COVID-19 vaccine for protecting one-self against this disease and also to limit the spread of this disease to the close contacts including family members, friends, relatives and co-workers.
4.	Will the vaccine be safe as it is being tested and introduced in a short span of time?	Vaccines will be introduced in the country only after the regulatory bodies clear it based on its safety and efficacy.

5.	Can a person presently having COVID-19 (confirmed or suspected) infection be vaccinated?	Person with confirmed or suspected COVID-19 infection may increase the risk of spreading the same to others at vaccination site. For this reason, infected individuals should defer vaccination for 14 days after symptoms resolution.
6.	Is it necessary for a COVID recovered person to take the vaccine?	Yes, it is advisable to receive complete schedule of COVID vaccine irrespective of past history of infection with COVID-19. This will help in developing a strong immune response against the disease.
7.	Out of the multiple vaccines available, how is one or more vaccine chosen for administration?	<p>The safety and efficacy data from clinical trials of vaccine candidates are examined by Drug regulator of our country before granting the license for the same. Hence, all the COVID-19 vaccines that receive license will have comparable safety and efficacy.</p> <p>However, it must be ensured that the entire schedule of vaccination is completed by only one type of vaccine as different COVID-19 vaccines are not interchangeable.</p>
8.	Does India have the capacity to store the COVID vaccine at temperature of +2 to +8 degree Celsius and transport them at required temperature?	India runs one of the largest Immunization programme in the world, catering to the vaccination needs of more than 26 million newborns and 29 million pregnant women. The programme mechanisms are being strengthened / geared up to effectively cater to the country's large and diverse population.

9.	Will the vaccine introduced in India be as effective as the ones introduced in other countries?	Yes. The COVID 19 vaccine introduced in India will be as effective as any vaccine developed by other countries. Various phases of vaccine trials are undertaken to ensure its safety and efficacy.
10.	How will I know if I am eligible for vaccination?	<p>In the initial phase, COVID 19 vaccine will be provided to the priority group- Health Care and Front-line workers.</p> <p>The 50 plus age group may also begin early based on vaccine availability.</p> <p>The eligible beneficiaries will be informed through their registered mobile number regarding the Health Facility where the vaccination will be provided and the scheduled time for the same. This will be done to avoid any inconvenience in registration and vaccination of beneficiaries.</p>
11.	Can a person get the COVID-19 vaccine without registration with Health Department?	No, registration of beneficiary is mandatory for vaccination for COVID 19. Only after registration the information on the session site to visit and time will be shared with the beneficiary.



12.	What documents are required for registration of eligible beneficiary?	<p>Any of the below mentioned ID with Photo may be produced at the time of registration:</p> <ul style="list-style-type: none"> <li>● Driving License</li> <li>● Health Insurance Smart Card issued under the scheme of Ministry of Labour</li> <li>● Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) Job Card</li> <li>● Official identity cards issued to MPs/MLAs/MLCs</li> <li>● PAN Card</li> <li>● Passbooks issued by Bank/Post Office</li> <li>● Passport</li> <li>● Pension Document</li> <li>● Service Identity Card issued to employees by Central/ State Govt./ Public Limited Companies</li> <li>● Voter ID</li> </ul>
13.	Will a Photo / ID be required at the time of registration?	The Photo ID produced at the time of registration must be produced and verified at the time of vaccination.
14.	If a person is not able to produce Photo ID at the session site, whether s/he be vaccinated or not?	Photo ID is a must for both registration and verification of beneficiary at session site to ensure that the intended person is vaccinated.
15.	How will the beneficiary receive information about due date of vaccination?	Following online registration, beneficiary will receive SMS on their registered mobile number on the due date, place and time of vaccination.

16.	Will vaccinated beneficiaries receive information on the status of their vaccination after completion?	<p>Yes. On getting due dose of COVID 19 vaccine, the beneficiary will receive SMS on their registered mobile number.</p> <p>After all doses of vaccine are administered, a QR code based certificate will also be sent to the registered mobile number of the beneficiary.</p>
17.	If one is taking medicines for illnesses like Cancer, Diabetes, Hypertension etc, can s/he take the COVID- 19 vaccine?	<p>Yes. Persons with one or more of these comorbid conditions are considered high risk category. They need to get COVID -19 vaccination.</p>
18.	Are there any preventive measures and precautions that one needs to follow at the session site?	<p>We request you to rest at the vaccination centre for atleast half an hour after taking the COVID-19 vaccine. Inform the nearest health authorities / ANM / ASHA in case you feel any discomfort or uneasiness subsequently.</p> <p>Remember to continue following key COVID Appropriate Behaviours like wearing of mask, maintaining hand sanitization and physical distance (or 6 feet or Do Gaj).</p>
19.	What about the possible side-effects from COVID-19 vaccine?	<p>COVID Vaccine will be introduced only when the safety is proven. As is true for other vaccines, the common side effects in some individuals could be mild fever, pain, etc. at the site of injection.</p> <p>States have been asked to start making arrangements to deal with any Covid-19 vaccine-related side-effects as one of the measures towards safe vaccine delivery among masses.</p>

20.	How many doses of the vaccine would have to be taken by me and at what interval?	Two doses of vaccine, 28 days apart, need to be taken by an individual to complete the vaccination schedule.
21.	When would antibodies develop? After taking first dose, after taking second dose, or much later?	Protective levels of antibodies are generally developed two weeks after receiving the 2 <sup>nd</sup> dose of COVID-19 vaccine.

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