



**MOUNT CARMEL COLLEGE, BENGALURU-560 052**  
**CENTRE FOR SCIENTIFIC RESEARCH AND ADVANCED LEARNING**  
**INSTITUTIONAL HUMAN ETHICS COMMITTEE**

**Proposal formats**

**FORM - A**

**APPLICATION FOR PERMISSION FOR STUDIES ON HUMAN SUBJECTS**

1. Name & Address of the dept :
2. Name & designation of Investigator :
3. Place where study will be conducted :
4. Date of commencement & duration of study :
5. Funding agency / sponsor :

**Investigator's Declaration**

**Certified that**

1. The research proposal is not duplicative of previously reported research
2. All investigators working on this proposal are aware of the ICMR ethical guidelines
3. I / we have reviewed the pertinent scientific literature
4. I / we will obtain approval from IEC before initiating any deviation / changes in the study
5. The study shall be initiated only upon review & approval of IEC
6. I /we shall maintain all the records as per format [form B or C]
7. Informed consent will be obtained & confidentiality of the subjects will be maintained

Place:

Date

Chief Investigator:

**For Office use only**

Proposal number

Date of receipt

Approval date

Date received after revision

Expiry date

Secretary

Chairman



**MOUNT CARMEL COLLEGE, BENGALURU-560 052**  
**CENTRE FOR SCIENTIFIC RESEARCH AND ADVANCED LEARNING**  
**INSTITUTIONAL HUMAN ETHICS COMMITTEE**

**FORM -B**

**Proforma for routine PG class work (Practicals) involving Human Subjects.**

1. Name of the Department :
2. List of Practical and Nature of each practical in brief.  
(Including Objectives and Methods :  
to be employed)
3. Specify the method of Subject selection for Practical class work :
  - (a) PG Students
  - (b) Patients
  - (c) Students (from other Institutions.)
  - (d) Any other, specify
4. Specify the source of obtaining :  
blood samples

**UNDERTAKING**

It is certified that,

Work is conducted purely as part of routine curriculum by PG students.

Signature of the Teacher-in-charge.

Chairperson

**MOUNT CARMEL COLLEGE, AUTONOMOUS**

**FORM - A**

**APPLICATION FOR PERMISSION FOR STUDIES ON HUMAN SUBJECTS**

	<b>Name &amp; Designation / Qualification</b>	<b>Address Tel &amp; Fax no Email</b>	<b>Signature</b>
<b>Name of PI/ PhD candidate</b>			
<b>Research Guide</b>			
<b>Co-PI, if any</b>			
<b>Research fellow</b>			
Place where study will be conducted			
Date of commencement & duration of study			
Funding agency / sponsor			

**Investigator's Declaration**

**Certified that**

1. The research proposal is not duplicative of previously reported research
2. All investigators working on this proposal are aware of the ICMR ethical guidelines
3. I / we have reviewed the pertinent scientific literature
4. I/we will obtain approval from IEC before initiating any deviation/changes in the study
5. The study shall be initiated only upon review & approval of IEC
6. I /we shall maintain all the records as per format [form B or C]
7. Informed consent will be obtained & confidentiality of the subjects will be maintained

Place:

Date

Chief Investigator

For Office use only

Proposal number

Date of receipt

Approval date

Date received after revision

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Secretary

Chairman

**MOUNT CARMEL COLLEGE, AUTONOMOUS  
INSTITUTIONAL HUMAN ETHICS COMMITTEE (IHEC)**

**FORM – C**

**Proforma for submission to Institutional Ethical Committee, for undertaking  
studies involving human subjects**

<b>1. Title:</b>			
Tick one :    PhD <input type="checkbox"/> Sponsored project <input type="checkbox"/> PG dissertation <input type="checkbox"/>			
<b>2. Details of Investigating Team :</b>			
	<b>Name &amp; Designation / Qualification</b>	<b>Dept. Address Tel &amp; Fax no Email</b>	<b>Signature</b>
<b>Investigator</b>			
<b>Research Guide</b>			
<b>Any Others</b>			
<b>Name of sponsor</b>			
<b>Expertise of the investigating team</b>			
<b>3. Type of Study :</b> Epidemiological <input type="checkbox"/> Basic Sciences <input type="checkbox"/> Survey <input type="checkbox"/>			
	Clinical: Single center <input type="checkbox"/>	Multicentric <input type="checkbox"/>	Behavioral <input type="checkbox"/>
	(b) Data Collection: From Records <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Using Questionnaire <input type="checkbox"/>	
	(c) Any other, specify: <input type="checkbox"/>	<input type="checkbox"/>	
<b>4. Duration of the study :</b>			
Probable date of initiation :			
Completion :			
<b>5. Pre-clinical studies done, if any :</b>			
(in brief)			
Publications, if any :			

**Note: It is compulsory to provide all the required information, incomplete applications will be rejected.**

<b>6. Study design</b> [Brief description of the proposal – Introduction, aim (s) & objectives, justification for study, methodology describing number of subjects, Inclusion / exclusion criteria, dosages of drug, duration of treatment, potential risks & benefits, outcome measures, statistical analysis and whether it is of national significance with rationale. Attach sheet with maximum 500 words. <b>See page 4 for more details</b> ]	
7. Will any advertising be done for recruitment of Subjects? (posters, flyers, brochure, websites – if so kindly attach a copy)	
8. Does the study involve (a) Anthropometric Measurements : Yes / No (b) Blood samples : Yes / No (c) Urine analysis : Yes / No (d) Lifestyle modification : Yes / No (e) Other (specify).  If answer is Yes to (b) & (c) mention the tests	
9. <b>Intervention Studies- Oral</b> (a) Product evaluation : Yes / No (b) Dietary : Yes / No (c) Synthetic : Yes / No If Yes, is toxicological evaluation carried out. (d) Known medication : Yes / No If yes, give a brief summary of dosage, administration, Contra indications (if any)	
10. Use of biological/hazardous material : Yes <input type="checkbox"/> No <input type="checkbox"/> (If the answer is Yes, give details)	
11. <b>Consent :</b> Written <input type="checkbox"/> Oral <input type="checkbox"/> i. Subject consent form - enclose ii. Who will obtain consent? PI/Co-PI <input type="checkbox"/> Nurse/Counsellor <input type="checkbox"/> Research staff <input type="checkbox"/> Any other <input type="checkbox"/>	
12. <b>Risks &amp; Benefits:</b> i. Is the risk reasonable compared to the anticipated benefits to subjects / community / country? Yes <input type="checkbox"/> No <input type="checkbox"/> ii. Is there physical / social / psychological risk / discomfort? Yes <input type="checkbox"/> No <input type="checkbox"/> iii. Is there a benefit a) to the subject? Direct <input type="checkbox"/> Indirect <input type="checkbox"/> b) Benefit to society Direct <input type="checkbox"/> Indirect <input type="checkbox"/> if yes, explain	
13. i. Are the subjects remunerated for their involvement in the research? Yes <input type="checkbox"/> No <input type="checkbox"/> ii. If yes, is this remuneration provided irrespective of their social and economic conditions? iii. Compensation for travel, Specify amount and type:	

**14. Data Monitoring**

- i. Is there a data & safety monitoring committee
- ii. Is there a plan for reporting of adverse events?

**If Yes**, reporting is done to :

Sponsor  Ethics Committee

**15. Is there any conflict of interest?**

(financial/non-financial)

If Yes, specify :

(Signature, Name & Designation of the Applicant)

Place:

Date:

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**Checklist for attached documents:**

1. Form A- 1 copy
2. Project proposal – 2 Copies (Form B or C as applicable)
3. Informed Consent form -1 copy
4. Investigator's brochure for recruiting subjects if any
5. Advertisements /Information brochures
6. Copy of clinical trial protocol and/or Questionnaire
7. Ph. D Registration confirmation letter
8. Project sanction copy

**Note:** one copy of each of Items 4, 5 & 6 to be attached only if applicable to the study.