

Food Science and Nutrition

Nutrition and Dietetics is offered as the part of the dual major (B.Sc NDHD) program and intends to create competent professionals with in-depth understanding of a wide spectrum of courses in the areas of community nutrition, food science, dietetics and nutrition counselling. The program will encourage students to carry out novel research in core areas of nutrition. This will play a pivotal role in developing reasoning, logic, problem solving and scientific temper.

Contact Info

Dr. Sangeeta Pandey
Head of the Department
Ph - 9535708708



Mount Carmel College
Autonomous
Bengaluru



offers

**Dual Major Program
in**

Nutrition and Dietetics & Human Development

NDHD

Program Outline

The Dual-Major Program is designed as per the New Education Policy including Human Development and Nutrition and Dietetics along with languages, ability enhancement, skill and value based courses, discipline-specific, elective and vocational courses, internships and minor research projects.



Human Development

Human Development is offered as part of the dual major (B.Sc. NDHD) program, the students undertaking the course are trained to explore the field and acquire an in-depth understanding of Human Development and family studies. The program focuses on molding students to develop into self-sufficient individuals. By the end of the course the students will be able to acquire communication skills, inter-personal skills, human resource management skills, counselling skills, teaching and training skills, entrepreneurship skills which will help in overall self and personality development of the student.

Contact Info

Dr. Sujata Gupta Kedar
Head of the Department
Ph - 9986103406



Discipline Specific Courses

- ◆ Fundamentals of Nutrition
- ◆ Principles of Food Science & Preservation
- ◆ Nutrition through life span
- ◆ Human Physiology
- ◆ Clinical Nutrition and Dietetics
- ◆ Research Methods
- ◆ Nutritional Biochemistry
- ◆ Intermediary Metabolism
- ◆ Community Nutrition and Public Health

Career Prospects

- ◆ Nutritionist/Dietitian in Healthcare/Hospitals
- ◆ Food Scientist/Microbiologist
- ◆ Food Product Development
- ◆ Food Quality control specialist
- ◆ Food Inspector
- ◆ Regulatory Affairs
- ◆ Research and Development
- ◆ Public Health Nutritionist
- ◆ Food Research Analyst
- ◆ Nutritional Therapist
- ◆ Food and Nutrition Entrepreneur



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Eligibility Criteria

Candidates with minimum aggregate of 55% in II PU/ 10+2 CBSE/ISC/12th from any recognized board with minimum of 60% in Chemistry and Biology are eligible to apply.

For Queries- Contact

Office

Mount Carmel College Autonomous
58, Palace Road, Bengaluru-560052
080-22261759/22286386
9945164687/9663831894

Apply:

<https://mccbmr.edu.in/admissions/procedure>

Discipline Specific Courses

- ◆ Family Dynamics
- ◆ Guidance in Child Development
- ◆ Early Childhood Care and Education
- ◆ Children with Special Needs and Inclusive Education
- ◆ Programs and Policies for Children
- ◆ Development in Adolescence and adulthood
- ◆ Developmental Assessment across life span

Career Prospects

- ◆ Curriculum Planner/Designer
- ◆ Special Educator
- ◆ Early Childhood
- ◆ Educator
- ◆ Research Assistant
- ◆ Preschool Coordinator
- ◆ School counselor
- ◆ Teaching-Learning Material Consultant
- ◆ Entrepreneur
- ◆ Behavioural Counselor



Food Science and Nutrition

Faculty

- ◆ Dr. Sangeeta Pandey, Ph.D
Head & Associate Professor
- ◆ Dr. Mary Regi, M.Phil, Ph.D.,
Associate Professor
- ◆ Dr. Geetha Santosh, Ph.D., RD
Associate Professor
- ◆ Dr. Lakshmi Jithendran, M.Sc, Ph.D., NET
Associate Professor
- ◆ Dr. V. Padma, M.Phil, Ph.D., NET
Assistant Professor
- ◆ Dr. Mitravinda Aneesh, Ph.D, RD, NET
Assistant Professor
- ◆ Dr. P. Vasantha Kumari, Post Doc, Ph.D, NET
Assistant Professor
- ◆ Dr. Shubhi Agarwal, Ph.D, NET
Assistant Professor
- ◆ Dr. Srishti Agarwal, M.Sc, Ph.D., NET
Assistant Professor



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Human Development

Faculty

- ◆ Dr. Sujata Gupta Kedar Ph.D
Head & Associate Professor
- ◆ Dr. Savitha L, Ph.D, NET, MSc
Associate Professor
- ◆ Dr. Lingeswari Mysore, Ph.D, KSET
Assistant Professor
- ◆ Dr. Srividya. K, Ph.D, M.Sc
Assistant Professor
- ◆ Ms. Jinal R Ruparel, M.Sc
Lecturer
- ◆ Mrs. Shweta Anand Kumar, M.Sc
Lecturer



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Human Development



Dr. Sofia Rani Saggi,
Ph.D - Academic
Program Coordinator,
Foundation of Healthcare
Technologies Society

Dr. Eden Mariam
Jacob, Ph.D -
Research Assistant,
Tokyo University,
Japan



Ms Amritha Devnani,
MSc - Diet & Health
Capability Leader - Food,
South Asia,
Hindustan Unilever
Limited

Dr. Nikita Suresh,
Ph.D - Nutritionist &
Fit India Ambassador

Alumni Details



Ms. Cynthia
Child Life Practitioner
Manipal Hospital
Bengaluru

Ms. Tejeshwini PS
Talent Coordinator at
Adobe



Ms. Sneha Rupa P
HR Infosys BPM Limited,
Bengaluru

Mrs. Swathi Lakshmi
Founder and Director of
Mama's Dela
Pre-school